

Nursing Aide – Caregiver – Agenda 1C – Class 1C – Series 1 Natural Remedies

Please make a copy of the Agenda and required forms for each Trainee

Schedule: 9:00 – 9:15

- **Time:** **15** min.
- **Welcome to Nursing Aide – Caregiver – Class 1C
Prayer**
- **Scripture Song** – I am fearfully and Wonderfully Made – Psalm 139:
- **Give Ministry of Healing
Natural Remedies, Agatha Trash**
- **Read:** Ministry of Healing, pages 23.1 to 25.2
The True Medical Missionary
https://legacy.egwwritings.org/?ref=en_MH.22.2¶=135.58
- **Encourage all trainees to watch videos on
None of these Diseases and Parasites:**
<https://144000teachers.org/city-country/#1707406348882-e72bb224-f068>
- **Depression:**
<https://144000teachers.org/city-country/#1707411827422-4e482882-1d83>
- **Explain Agenda for the morning session:**

Schedule: 9:15 – 9:30

- **Time:** **15** min.
- **First Session**
- **Read Basic Rules Every Day: Sister Phiri – Brother Amos**
- **Give Basic Rules to Trainees and Set on Billboard**
 - Always be on time for each session and sign in
 - Always wear your uniform and proper shoes and keep them very clean
 - Make sure hair, teeth, breath, body are clean
 - When working with patient-client, show patience, empathy, and welcome them with a smile
 - Pray with patient-client before starting care, always pointing them to the Great Healer
 - Listen to all instructions by the instructors attentively and follow them

- Be teachable and accept corrections
- Beginner Nursing Aide – Caregiver Certificate for Series 1
- The training will be on-going and includes theory and practice.
- The final certificate will be for Advanced Nursing Aide
- You can start working with patient-client as instructor sees your ability, knowledge and interest in this profession
- Remember, we are Gospel Medical Missionary workers
All our Lifestyle Educators should make sure to register and receive this important training
- Instructors will evaluate each trainee based on the basic rules and ability to work well with patient-client

Continue First Session – Sister Phiri – Brother Amos

Upkeep of the Health Center – Nursing Aid and Caregivers:

- Assign a cleaning team every week to care for the Health Center
- Clean the Health center every day
- Make sure there is no dust under the beds
- Make sure all mattress protectors, sheets, pillow cases are clean
- Clean all garbage pails
- Nursing Aides – Caregivers are responsible for the laundry, washing, drying, folding towels and sheets each time there are patients-clients.
- Always change mattress protector, bed sheet, covering sheet, pillow case for each new patient-client
- Wear mask if necessary – always wear medical gloves when attending patients-clients and change them for each patient-client

Schedule: 9:30 – 10:30

- **Time:** 1:00 hour

Second Session – Sister Phiri – Brother Amos

Preparing to assist patients with Diseases:

- **What is the role of the nursing aide in the case of:**
- Cholera
- Broken Bones
- Cuts with blood lost
- Pregnancy
- Elderly needing cares
- Food Poisoning

- Children Fever
- Snake Bites
- And More

Establish protocols for nursing aide and caregivers to be repeated when meeting patients:

- Pray for wisdom
- Remain Calm
- Be Reassuring
- Courteous
- Ask for help if necessary
- Ask for counsels
- Follow Protocols learned
- In case of major accident – broken bones – bleeding, refer to a medical professional if available
- Be prepared to clean the patient – wash – change clothing - Bedding
- Make sure to wear mask – medical gloves
- **Questions – Comments**

- [Break Time: 10:30 – 10:45 min.](#)

Schedule: 10:45 – 12:00

- **Time: 1:15 hour**

Third Session – Brother Amos – Sister Phiri

1. Home Remedies – Agatha Trash

Using the book Home Remedies by Agatha Trash, take time to have the trainees become acquainted with the book. Point them to different Natural Remedies and answers their questions or concerns.

2. Review these Books

Take time to review these books and encourage trainees to read them in order to get better acquainted with them – click on titles

[Charcoal Book - Agatha Trash - PDF](#)

[Sickness and Natural Remedies - PDF](#)

[Ultimate Survival Medicine - PDF](#)

[Wilderness Survival Medical Guide - PDF](#)

[Essential Medical Guide Wilderness Survival - PDF](#)

[Additional Books Needed for Survival - PDF](#)

[Preparation for Survival - DIY - PDF](#)

This list and more can be found at:

<https://144000teachers.org/city-country/#1707411827422-4e482882-1d83>

<https://144000teachers.org/library/#1615574605841-e21ae142-ddc6>

<https://144000teachers.org/library/#1679209520892-54c605bb-c17d>

- **Invite everyone to become acquainted with these digital books which can be copied.**
- **Questions and Comments**
- **Close with Prayer**

- **Lunch Time: 12:00 - 14:00**
Help in the Kitchen

Schedule: 14:00 – 14:15

- **Time:** 15 min.
- **Welcome to Nursing Aide – Natural Remedies – Class 1C**
- **Prayer**
- **Scripture Song** – Choose one
- **Explain the following Agenda for the afternoon:**

Schedule: 14:15 – 15:00

- **Time:** 45 min.
- **Fourth Session – Brother Amos – Sister Phiri**
- **Natural Remedies and Depression**
Review: How to care for Depression using the PDF or Video:
<https://144000teachers.org/city-country/#1707411827422-4e482882-1d83>
- **Questions – Comments**
- **Break Time: 15:00 – 15:15 min.**

Schedule: 15:15 – 16:00

- **Time:** 45 min.
- **Fifth Session – Brother Amos – Sister Phiri**
Using the 8 Laws of Health and the Health Evaluation, have the nursing aides – caregivers 2x2 - attempt to recognize which of the 8 Laws of Health can help alter depression and improve health.
 - Which Natural Remedies would you recommend to help with depression?
 - **Have each team present their conclusion before the group.**
 - **Questions and Comment**
- **Close with Prayer**
- **Prepared by:**
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For: 144000 Teachers
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