## Addictions - Agenda - Series 1FF - Application - Team

• Total Time: 45 min.

• **Time: 2:00** min.

Theme Song: Psalm 67:1-7

God be merciful unto us and bless us

https://www.numbers1317.org/intro 01.html

• **Time: 5** min.

- Welcome Prayer
- **Scripture Song -** Choose a Scripture Song
- **Time**: **25** min.
- Explain 10 Days Cleanse from Addictions
  <a href="https://www.numbers1317.org/file-07-10Days.html">https://www.numbers1317.org/file-07-10Days.html</a>
  10 min.

**Demo –** Short massage demo and Russian bath followed with cold shower. Do this presentation with a brother – **short massage** – cover client and massage head and back with oil – **8** min.

Explain advantages of **Russian bath** where the client's head is out and he does not absorb toxins from the steam bath – mention the importance of a 30 seconds or more **cold shower** afterwards – 7 min.

https://144000teachers.org/city-country/#1705835680314-e7133d01-25db

• **Time:** <u>15</u> min.

Witnesses - Interview

 $\underline{https://144000 teachers.org/city-country/\#1705835680314-e7133d01-25db}$ 

• Close with Prayer