

# Mathematics in the Kitchen



The SEM "Mathematics" Series

“Whether therefore  
ye eat,  
or drink,  
or whatsoever ye do,  
do all  
to the glory  
of God.”

I Corinthians 10:31

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SonLight Education Ministry  
3450 Quail Avenue  
Manly, Iowa 50456  
[www.sonlighteducation.com](http://www.sonlighteducation.com)  
[sonlighteducationministry@gmail.com](mailto:sonlighteducationministry@gmail.com)

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# Instructions

1. Notice how there are activities for younger children and older children. Place your child in the area they best fit.
2. Most sections have practical problems to do in the kitchen. Most children love to prepare good food.
3. The following information should be covered with the student before beginning this mathematics lesson.

**Bible Lesson** - Matthew 10:1-4  
Mark 3:13-19  
Luke 6:12-16

*The Desire of Ages*, pages 290-297  
“He Ordained Twelve”

**Character Quality - Willingness -**

eagerness; enthusiasm; promptness;  
readiness; quickness; fervor and zeal  
(Isaiah 1:19)

antonyms - unwillingness; reluctance;  
disinclination, indisposition, averseness.

**Memory Verses** - Luke 6:13-16 (Find music in the back  
of this book for this song)

4. Use your concordance and history books and learn more about the disciples and what they ate, and how they ate it.

# Mathematics in the Kitchen

## Counting and Writing Numbers

When you were younger you helped mother with little chores in the kitchen. One responsibility you might have had was setting the table. You would **count** out how many bowls, plates, silverware, serviettes (napkins), etc., were needed for each place. You might have used your blackboard and **written** your **count** when you completed your chore. Jesus had 12 main disciples to help Him. There were many others that followed Him. At one time He sent out seventy to do a special work.

### Activity for Younger Children

Other **counting** activities for younger children in the kitchen are:

- Counting fruit for putting enough on the table for each member of the family.



**1 2 3 4 5 6 7**  
**8 9 10 11 12**

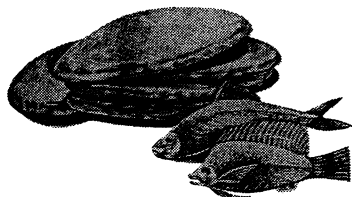
- **Counting** fruits and vegetables when purchasing at the store.
- **Counting** how many chairs you will need at the table to accommodate company.
- Figuring out which day of the week it is to know what to fix from the menu schedule.
- How many apples it takes to make a pie and counting them out.
- You can think of many, many more.
- **Count** how many disciples Jesus ordained.

Be sure to do each chore with a **willing** spirit. Older brother or sister can assist the younger child in these opportunities to practice **counting**.

## Activity for Older Children

To make apple crisp you need 10 apples which makes 12 servings. Since we are making apple crisp for a special occasion and will need to serve 100 people, how many apples will you need? **Count** out that many apples. Use your blackboard in the kitchen to **write** out your problem.

Jesus once served a whole multitude of people with 5 loaves and 2 small fishes. "The disciples were the channel of communication between Christ and the people. This should be a great encouragement to His disciples today. Christ is the great center, the source of all strength. His disciples are to receive their supplies from Him. The most intelligent, the most spiritually minded, can bestow only as they receive. Of themselves they can supply nothing for the needs of the soul. We can impart only that which we receive from Christ; and we can receive only as we impart to others. As we continue imparting, we continue to receive; and the more we impart, the more we shall receive. Thus we may be constantly believing, trusting, receiving, and imparting." (DA 370)

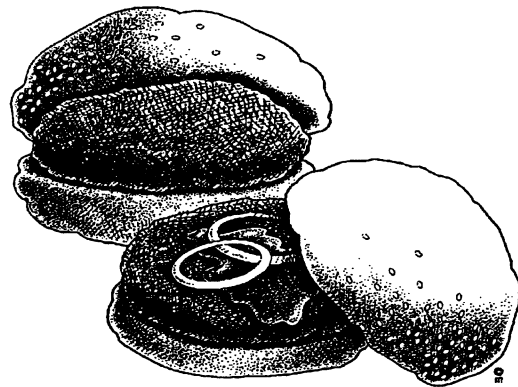


*"Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again."* (Luke 6:38)

Math problem:

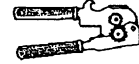
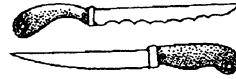
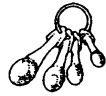
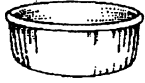
You will need 2 carrots for each recipe of sunburgers which makes 10 medium sunburgers. You need 45 sunburgers. Count out how many carrots you will need. How many batches of sunburgers do you need?

Use your blackboard to work out your problems.



See the recipe for sunburgers at the end of this booklet

A child in **Place III** could work out problems for the students in **Place I** and **II** using the examples above with his favorite recipes.



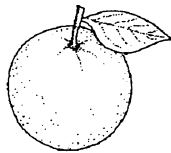
## Shapes and Spaces in the Kitchen

We use flat, two dimensional and solid three dimensional space each day without even realizing it. These **shapes** and **spaces** should remind us of God and His character.

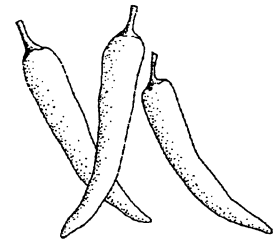
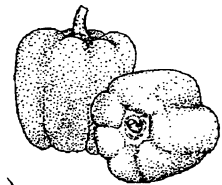
### Activity for Older and Younger Children

Find each of the following **shapes** in your kitchen. How do some of these remind you of the different disciples? (Example: circle - Judas "urged his presence into their circle.")

- **straight lines**  
(chair leg)
- **curved lines**  
(gravy whip)
- **angles**  
(potato masher)
- **circles**  
(orange or plate)
- **ovals and ellipses**  
(platter)
- **triangles**  
(serving dish)



- **crosses**  
(cookie cutter)
- **pentagons (5 sides)**  
(star fruit)
- **hexagon (6 sides)**  
(honey in the comb)
- **square**  
(pan)
- **rectangle**  
(cookie sheet)
- **spheres**  
(grapefruit)
- **cylinders**  
(carrots)
- **cones**  
(funnel)
- **cubes**  
(bouillon cubes)
- **a unique pattern**  
(mango)
- **radial symmetry**  
(lemon sliced in half)
- **bilateral symmetry**  
(bell pepper sliced length wise)
- **spiral symmetry**  
(pinecone, [pine nuts come from], strawberry)



Working a puzzle is a good activity to practice finding the right size and shape. Find a puzzle (appropriate for your age child) with a picture that relates to the kitchen such as: food, a family eating, etc., or the 12 disciples.

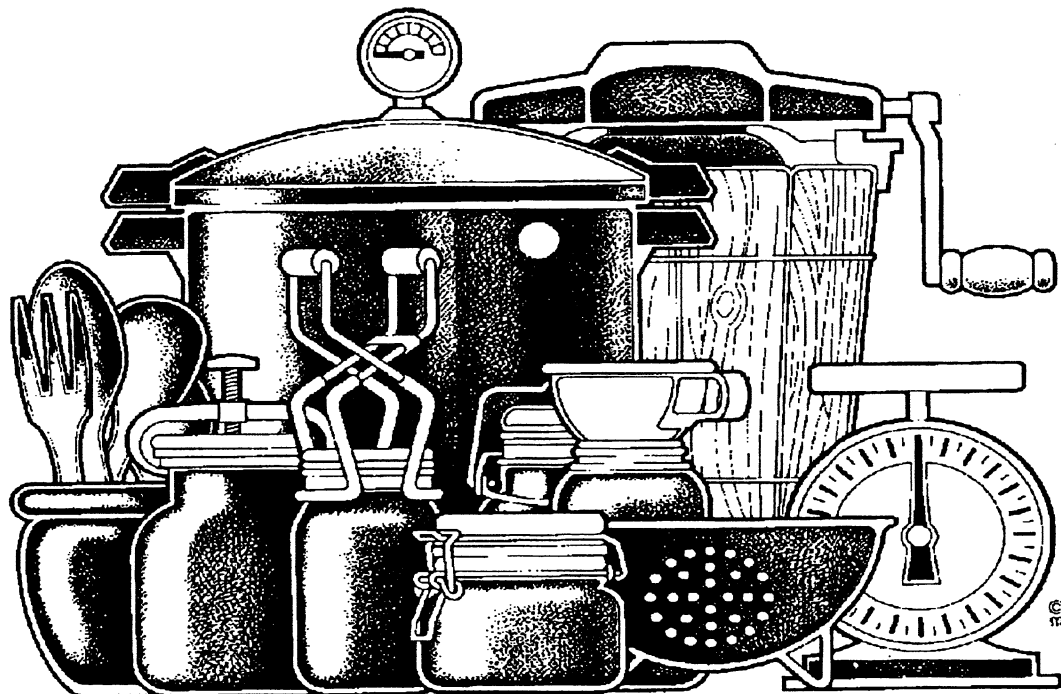
Make crackers and use cookie cutters to make as many **shapes** as you can from the list above. Jesus is cutting self away from our character as He stamps His own image deep on our hearts.

Have sandwiches for a meal this week and see how many different **shapes** you can cut your sandwiches into.

Review the characters of the disciples described in your lesson.

**See how many shapes you can find in the picture.**

**Answers**





## Patterns in the Kitchen

**Patterns** are important in mathematics, both visual and number **patterns**. This is because mathematics teaches us to be orderly, regular and systematic.

Notice the **patterns** in cut fruit and vegetables. When someone “cuts us” with sharp words, we can reveal an interior beauty of character to them by our loving response.

Make an arrangement on a platter of fresh fruits or vegetables. Cut and arrange them in an attractive way. What shape and **pattern** is each one? Each is uniquely different as were the disciples. All can be like Jesus in character.

In our spiritual life, Christ is our **pattern**. “Who of us is faithfully following the **Pattern**? Who of us has instituted and continued the warfare against pride of heart? Who of us has, in good earnest, brought himself to wrestle with selfishness until it should no longer dwell in the heart and be revealed in the life? Would to God the lessons given us, as we view the cross of Christ and see the signs fulfilling which bring us near to the judgment, might be so impressed upon our hearts as to render us more humble, more self-

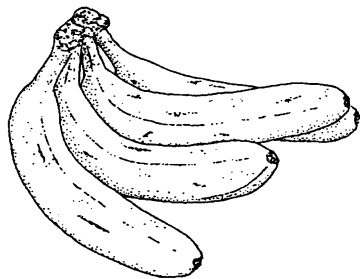
denying, more kind to one another, less self-caring, less critical, and more **willing** to bear one another’s burdens than we are today.” (5T 18)

“Aim to be faithful students in the school of Christ, learning daily to conform your life to the divine **Pattern**. Set your faces heavenward, and press toward the mark for the prize of your high calling in Christ Jesus. Run the Christian race with patience, and rise superior to every temptation, however grievous it may be, that shall come to you. Resist the devil, and he will flee from you. Draw nigh to God; and if you are desirous of taking the first upward step, you will find His hand stretched out to help you. It remains with you, individually, as to whether you walk in the light of the Sun of Righteousness, or in the darkness of error. The truth of God can be a blessing to you only as you permit its influence to purify and refine your soul.” (SD 79)

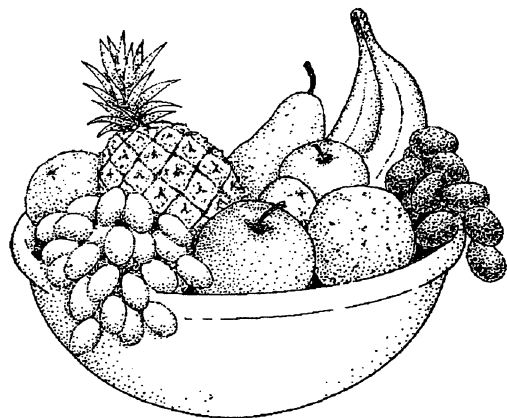
“We cannot gain and possess the influence that He had; but why should we not educate ourselves to come just as near to the **Pattern** as it is possible for us to do, that we may have the greatest possible influence upon the people? Our words, our actions, our deportment, our dress, everything, should preach.” (2T 618)

“ . . . But that which more especially distinguishes God’s people from the popular religious bodies is not their profession alone, but their exemplary characters and their principles of unselfish love. The powerful, purifying influence of the spirit of God upon the heart, carried out in words and works, separates them from the world and designates them as God’s peculiar people. The character and disposition of Christ’s followers will be like their Master’s. He is the **pattern**, the holy and perfect example given for Christians to imitate. His true followers will love their brethren and be in harmony with them. They will love their neighbors as Christ has given them example and will make any sacrifice if they can by so doing persuade souls to leave their sins and be converted to the truth.” (3T 58, 59)

“*Love one another, as I have loved you,*’ is the command of Jesus. Look at His self-denial; behold the manner of love He had bestowed upon us; and then seek to imitate the **Pattern**.” (5T 35)



“It is your work to study and to imitate the **Pattern**. Was Christ self-denying? so must you be. Was He meek and lowly? so must you be. Was He zealous in the work of saving souls? so must you be. Did He labor to promote the glory of His Father? so must you. Did He often seek help from God? so must you. Was Christ patient? so will you be patient. As Christ forgave His enemies, so will you forgive.” (5T 160, 161)



“ . . . Our lives may seem a tangle; but as we commit ourselves to the wise Master Worker, He will bring out the **pattern** of life and character that will be to His own glory. And that character which expresses the glory-character-of Christ will be received into the Paradise of God. A renovated race shall walk with Him in white, for they are worthy.” (DA 331)

“We have not six **patterns** to follow, nor five; we have only one, and that is Christ Jesus.” (9T 181)

“To bring man back into harmony with God, so to elevate and ennoble his moral nature that he may again reflect the image of the Creator, is the great purpose of all the education and discipline of life. So important was this work that the Saviour left the courts of heaven and came in person to this earth, that He might teach men how to obtain a fitness for the higher life. For thirty years He dwelt as a man among men, passed through the experiences of human life as a child, a youth, a man; He endured the severest trials that He might present a living illustration of the truths He taught. For three years as a teacher sent from God He instructed the children of men; then, leaving the work to chosen colaborers, He ascended to heaven. But His interest in it has not abated. From the courts above He watches with the deepest solicitude the progress of the cause for which He gave His life.” (CT 49, 50)

The disciples, all but one, copied that **Pattern** and were **willing** like He was. They will be in the heavenly home, where, if you are faithful and **willing**, you will meet them!

## Sorting Things Out in the Kitchen

**Sorting** is an activity we do each day. We **sort** the silverware and put it in its proper place. The bowls are all neatly stacked together in the cupboard. An orange cannot be passed at the table unless it is **sorted** from the rest of the fruit.

**Sorting** helps one to think about the logical aspects of sameness and difference and how things can be categorized. This is a basic and important part of mathematics.

Jesus is looking for disciples today. He is **sorting** through mankind to find those who are **willing** to be like Him.



Sing this song or read the words together. “Oh To Be Like Him.” The song can be found at the end of this booklet.

### Activity for Younger Children

1. **Sort** out a jar of mixed dried beans, finding likes.
2. Make a scrapbook of pictures collected from old magazine or draw some, and **sort** them out into the categories below:

colors      in the kitchen  
 numbers    in the kitchen  
 shapes      in the kitchen

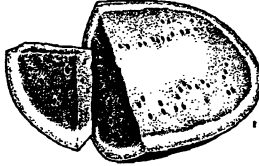
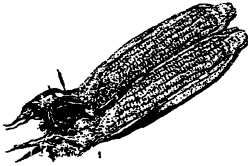
**Examples** 

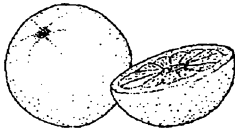
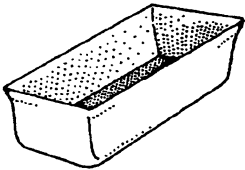
3. Have the child make a set of numbers on cards 1 - 10 (or 20 or 30) + larger odd numbers. He then can pick out all numbers over 6 which are multiples of five, all odd numbers, all even numbers, etc.

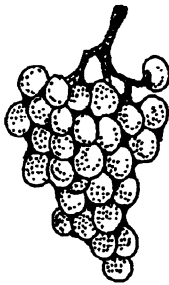
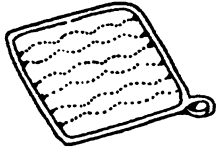
4. Let the child clean out a cupboard containing pots and pans and **sort** them into proper size, etc., putting them away neatly.

### Activity for Older Children

The older child can help supervise the #1 and #3 and can do #2 and #4.

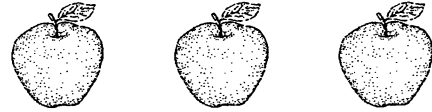
Color	
	
red, green, etc.	yellow

Numbers	
	
Numbers of sections in an orange	Number of pans in cupboard

Shapes	
	
round	square

### Willingness

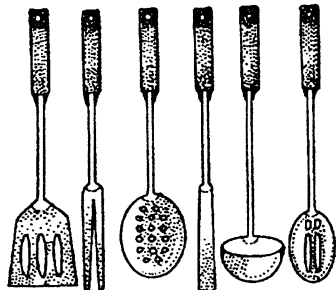
## Order in the Kitchen



**Ordering**, or sequencing is important. You will need it in everyday life and in mathematics. You need to follow a correct sequence of action to bake a loaf of bread. Just like you use alphabetical **order** to look up a word in the dictionary or encyclopedia. Some words of **order** that are used often are “before,” “after,” “first,” “second,” “third,” and “then.”

“God is a God of **order**.” Jesus chose each disciple as directed by God. “**Order** and perfection are seen in all His work.” (DA 789)

“**Order** is heaven’s first law, and the Lord desires His people to give in their homes a representation of the **order** and harmony that pervade the heavenly courts. Truth never places her delicate feet in a path of uncleanness or impurity. Truth does not make men and women coarse or rough and untidy. It raises all who accept it to a high level. Under Christ’s influence, a work of constant refinement goes on.



“Special direction was given to the armies of Israel that everything in and around their tents should be clean and **orderly**, lest the angel of the Lord, passing through the encampment, should see their uncleanness. Would the Lord be particular to notice these things? He would; for the fact is stated, lest in seeing their uncleanness, He could not go forward with their armies to battle.

“He who was so particular that the children of Israel should cherish habits of cleanliness, will not sanction any impurity in the homes of His people today. God looks with disfavor in uncleanness of any kind. How can we invite Him into our homes unless all is neat and clean and pure?

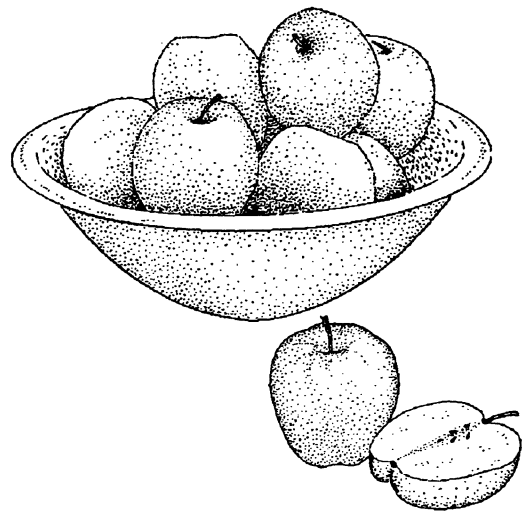
“Believers should be taught that even though they may be poor, they need not be uncleanly or untidy in their persons or in their homes. Help must be given in this line to those who seem to have no sense of the meaning and importance of cleanliness. They are to be taught that those who are to represent the high and holy God must keep their souls pure and clean, and that this purity

must extend to their dress, and to everything in the home, so that ministering angels will have evidence that the truth has wrought a change in the life, purifying the soul and refining the tastes. Those who, after receiving the truth, make no change in word or deportment, in dress or surroundings, are living to themselves, not to Christ. They have not been created anew in Christ Jesus unto purification and holiness.

“Some are very untidy in person. They need to be guided by the Holy Spirit to prepare for a pure and holy heaven. God declared that when the children of Israel came to the mount, to hear the proclamation of the law, they were to come with clean bodies and clean clothes. Today His people are to honor Him by habits of scrupulous neatness and purity.

“Christians will be judged by the fruit they bear. The true child of God will be neat and clean. While we are to guard against needless adornment and display, we are in no case to be careless and indifferent in regard to outward appearance. All about our persons and our homes is to be neat and attractive. The youth are to be taught the importance of presenting an appearance above criticism, an appearance that honors God and the truth.” (CH 101, 102)

“. . . The prophet’s (Jeremiah) absolute faith in God’s eternal purpose to bring **order** out of confusion, and to demonstrate to the nations of earth and to the entire universe His attributes of justice and love, now led him to plead confidently in behalf of those who might turn from evil to righteousness.” (PK 461)



### Activity for Younger Children

Take the number cards you made from the section “Sorting Things in the Kitchen,” mix them all up and put them in number **order** from the smallest to the largest or largest to the smallest. Teacher can put them in **order** leaving out certain numbers for the child to fill in. See the next page.

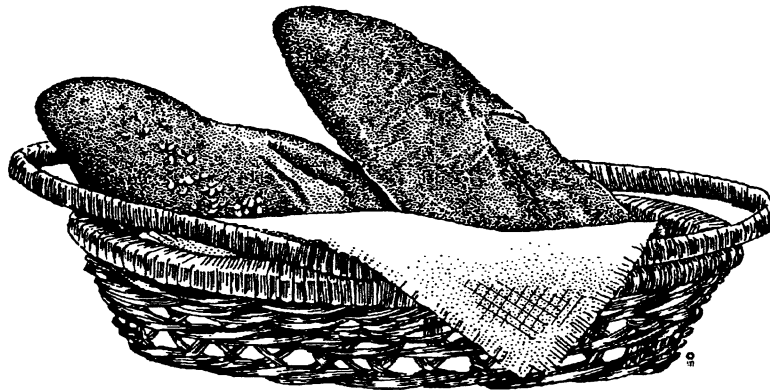
Give the child a list of instructions for accomplishing a chore, making sure they are carried out in **order**.

**Examples:**

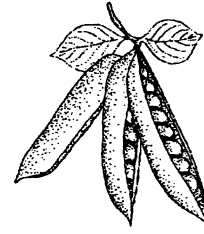
- Clear the dishes from the table.
- Wipe the table off.
- Put the leftover food away.
- Run the dish water and rinse water.
- Wash the dishes.
- Rinse the dishes.
- Dry the dishes.
- Put the dishes away.
- Let the water out of the sink and clean the sink area up.

**Activity for Older Children**

Make loaves of bread by following the **order** in the recipe.



## Adding and Subtracting (Review)



In the kitchen you may need to combine two different, or same sets of things (**adding**), or you may need to split a set up, to count differences, and to compare (**subtract**). God is always **adding** to His kingdom and Satan is trying to **subtract** from it. Jesus added twelve disciples and multiplied many believers. Satan succeeded in influencing Judas to **subtract** himself from God.

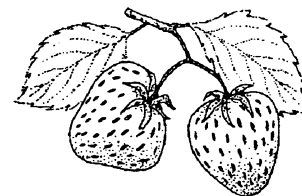
“The work of transformation from unholiness to holiness is a continuous one. Day by day God labors for man’s sanctification, and man is to co-operate with Him, putting forth persevering efforts in the cultivation of right habits. He is to **add** grace to grace; and as he thus works in the plan of **addition**, God works for him on the plan of multiplication. Our Saviour is always ready to hear and answer the prayer of the contrite heart, and grace and peace are multiplied to His faithful ones. Gladly He grants them the blessings they need in their struggle against the evils that beset them.” (AA 532)

“However small your talent, God has a plan for it. That one talent, wisely used, will accomplish its appointed work. By faithfulness in little duties, we are to work on the plan of **addition**, and God will work for us on the plan of multiplication. These littles will become the most precious influences in His work.” (COL 360)

### Activity for Younger Children

1. How many large plates plus salad plates do you need to set on the table?
2. Put 3 olives on each plate. **Add** up how many olives you will need.
3. We need enough apples for today and tomorrow. There are \_\_\_\_\_ apples. Take one and put by each plate. How many are left for tomorrow?

(Teacher, do a variety of problems like these examples with the younger children.)





## Activity for Older Children

1. Choose 3 recipes to make.

- double one
- make  $\frac{1}{3}$  of a recipe
- make only  $\frac{1}{2}$  of the last recipe.

Write the recipes out and make them.



2. **Add** up the grocery receipts for each week for one month. How much does it cost your family in food each month?

3. Take a clip board, paper and pencil to the store. **Add** and **subtract** as mother buys groceries. (Mother will need to go slower.) Then see if your total agrees with the check out register. If there is tax be sure to add that in.

4. Pay for the groceries and be sure you get the correct change back. (Father and mother may need to plan ahead to have cash for this activity.)

## Multiplying, Dividing, and Fractions

(Review)

In the kitchen there is opportunity for practicing **multiplying** and **dividing**.

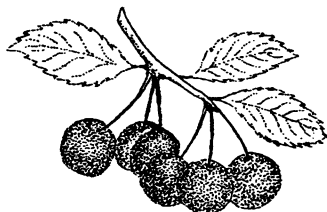
Like the 11 disciples, we can have the Christian graces **multiplied** in our lives, bringing harmony among all the brethren. Satan tried to bring in **division** among the disciples by using Judas. If we are **willing**, we can have harmony in our families, and among our brethren.

“Our Saviour claims all there is of us; He asks our first and holiest thoughts, our purest and most intense affection. If we are indeed partakers of the divine nature, His praise will be continually in our hearts and upon our lips. Our only safety is to surrender our all to Him and to be constantly growing in grace and in the knowledge of the truth.

“The apostle Paul was highly honored of God, being taken in holy vision to the third heaven, where he looked upon scenes whose glories he was not permitted to reveal. Yet this did not lead him to boastfulness or self-confidence. He realized the importance of constant watchfulness

and self-denial, and plainly declared, *'I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.'* I Corinthians 9:27" (SL 94, 95)

"The world is against us, the popular churches are against us, the laws of the land will soon be against us. If there was ever a time when the people of God should press together, it is now. God had committed to us the special truths for this time to make known to the world. The last message of mercy is now going forth. We are dealing with men and women who are judgment bound. How careful should we be in every word and act to follow closely the Pattern, that our example may lead men to Christ. With what care should we seek so to present the truth that others by beholding its beauty and simplicity may be led to receive it. If our characters testify of its sanctifying power, we shall be a continual light to others—living epistles, known and read of all men. We cannot afford now to give place to Satan by cherishing disunion, discord, and strife." (5T 236)



### Activity for Younger Children

1. We need three potatoes for each. How many potatoes will we need to bake?
2. Are there enough sandwiches for each to have three?
3. **Divide** the cherries between all so each get the same. Are there any left over?
4. **Divide** the apple up so each will get a third.
5. The last sandwich can be cut into fourths and all can share.
6. You and your friend can have the last roll and share together.

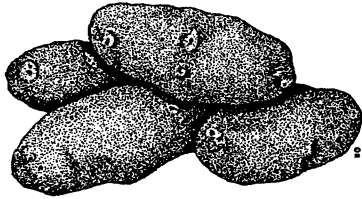
### Activity for Older Children

1. Choose a recipe and **divide** it in half. Write it out.
2. Choose another recipe and **multiply** it 3 times. Write it out.

## Measuring in the Kitchen

Do you remember what length, width, height, volume or weight means? (Give a verbal definition.) In the kitchen you will need to understand these words. Do you remember how we are being **measured** in the Judgment? (Review "Mathematics in Nature" [**Measuring** Nature.])

Please give me three of the heaviest potatoes.



Is there enough left-over spaghetti for all?

Which container should I put the left over sauce in?

Is this pan high enough to bake this loaf in?

### Activity for Older Children

Parents let the children cook and shop for a week using **measuring**, comparing prices at the store and sizes of containers.

## Time

**Time** is important in the kitchen. It would be well to have a timer to use.

### Activity for Younger Children

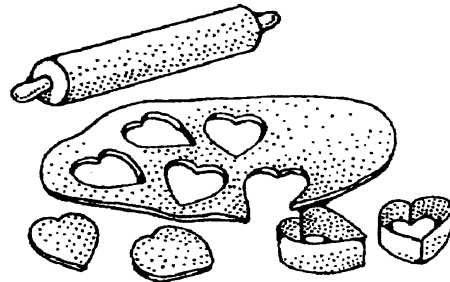
1. What **time** is it? When should the pie be finished baking if it is to bake for 1 hour and 10 minutes?

2. It is fifteen minutes until time to eat. What **time** will we be eating?

### Activity for Older Children

1. The older child can supervise the younger child in telling **time**.

2. Make a batch of cookies. Use your timer to **time** each tray as it bakes. When did you start? How long did it take you to finish the project? Write out your answer.



Each time problem can remind us of how short **time** is. Jesus warned the disciples that His **time** to die had almost come. They were not **willing** to accept His words. They were caught unaware. Our **time** for His second return is almost here. Are you **willing** to accept His words and be ready?

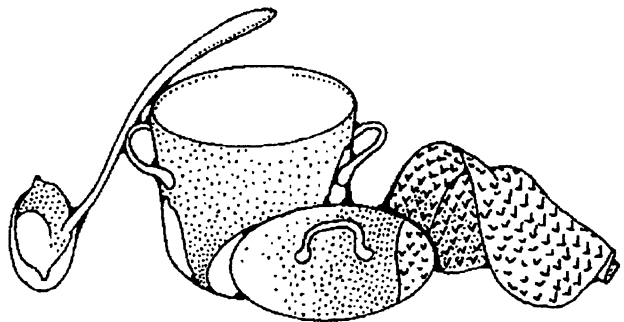
“. . .I was shown our danger, as a people, of becoming assimilated to the world rather than to the image of Christ. We are now upon the very borders of the eternal world, but it is the purpose of the adversary of souls to lead us to put far off the close of **time**. Satan will in every conceivable manner assail those who profess to be the commandment-keeping people of God and to be waiting for the second appearing of our Saviour in the clouds of heaven with power and great glory. He will lead as many as possible to put off the evil day and become in spirit like the world, imitating its customs. I felt alarmed as I saw that the spirit of the world was controlling the hearts and minds of many who make a high profession of the truth. Selfishness and self-indulgence are cherished by them, but true godliness and sterling integrity are not cultivated.” (4T 306)

## Mental Mathematics in the Kitchen

It is quicker and easier to do **mental** calculation than to stop and write them on paper. Even though you need to use paper and pencil you should be able to do problems in your mind.

### Activity for Older Children

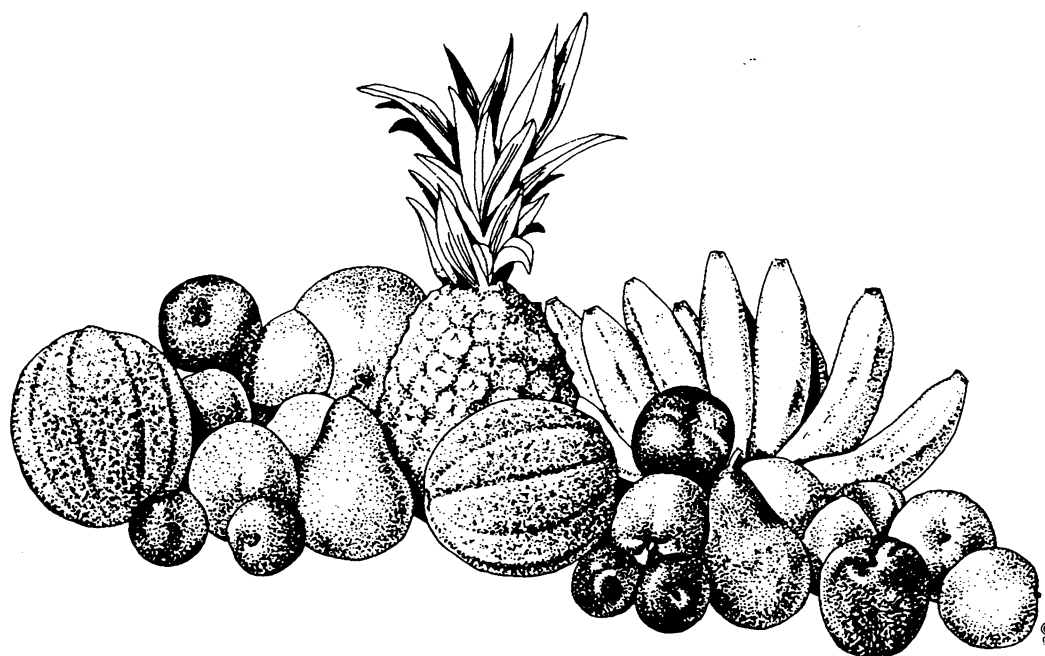
1. Since this is a double recipe, how much extra time shall we let it bake?
2. How many cups of water should we add if we triple the recipe?
3. One eighth of a teaspoon of salt would need to be increased if we increase the recipe one and one half times.
4. How many cups will a three quart pan hold?



## Review

The kitchen is a good place to review math skills learned and to learn new ones. Learning is enjoyable!

Jesus daily taught His disciples and they were **willing** learners. He was preparing them for their great work ahead. Your parents are teaching you daily for the final work in this world. Are you a **willing** learner?



*"If ye be willing  
and obedient,  
ye shall eat  
the good of the land."  
(Isaiah 1:19)*

# Recipe

## Sunburgers

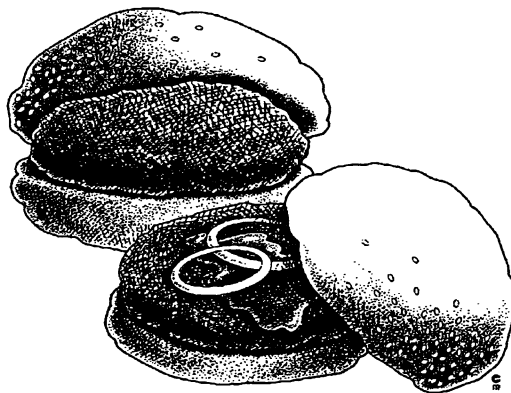
2 medium carrots (grated)  
1 onion (chopped fine)  
1 t. parsley  
1/2 cup oatmeal  
1 cup sunflower seeds (ground)  
1/2 to 1 cup celery (chopped fine)  
1/2 cup tomato juice  
1/4 cup barley or wheat flakes  
1/2 teaspoon salt  
1/8 teaspoon sweet basil

Mix all of the ingredients together.

Form into patties.

Bake for about 30 minutes at 350° degrees.

Turn at about 15 minutes.



# O To Be Like Thee!

Thomas O. Chisholm (1866-1960)

William J. Kirkpatrick (1838-1921)

1. O to be like Thee! bles - sed Re - deem - er, This is my con - stant long - ing and  
2. O to be like Thee! full of com - pas - sion, Lov - ing, for - giv - ing, ten - der and  
3. O to be like Thee! low - ly in spir - it, Ho - ly and harm - less, pa - tient and  
4. O to be like Thee! Lord, I am com - ing, Now to re - ceive th'a - noint - ing di -  
5. O to be like Thee! while I am plead - ing, Pour out Thy Spir - it, fill with Thy

prayer; Glad - ly I'll for - feit all of earth's treas - ures, Je - sus thy  
kind; Help - ing the help - less, cheer - ing the faint - ing, Seek - ing the  
brave; Meek - ly en - dur - ing cru - el re - proach - es, Will - ing to  
vine; All that I am and have I am bring - ing --- Lord, from this  
love; Make me a tem - ple meet for Thy dwell - ing, Fit me for

per - fect like - ness to wear.  
wan - d'ring sin - ner to find.  
suf - fer, oth - ers to save. O to be like Thee! O to be  
mo - ment all shall be thine.  
life and heav - en a - bove.

like Thee, Bless - ed Re - deem - er, pure as Thou art! Come in Thy

sweet - ness, come in Thy full - ness; Stamp Thine own im - age deep on my heart.

“I beseech you therefore, brethren,  
by the mercies of God,  
that ye present your bodies  
a living sacrifice,  
holy, acceptable unto God,  
which is your reasonable service

“And be not conformed to this world:  
but be ye transformed  
by the renewing of your mind,  
that ye may prove what is that good,  
and acceptable,  
and perfect will of God.”

Romans 12:1-2





Mark 4:29