

Ministry of Healing Today – Training – Practice – Agenda Second Day

(1) From 9:00 – 9:15

- **Introduction – Welcome** – Brother Amos
- **Prayer**

A. Scripture Songs – Lusaka Team +++ – Introduce **Video 1**

Duration: **15** min.

<https://144000teachers.org/generation-144k/#1638311921284-cdc8adcd-9f41>

(2) From 9:15 – 9:30

B. Intro – Training – Better Living Centers – Introduction – **Video 2**

Duration: **15** min.

<https://144000teachers.org/city-country/#1667605056203-58c11f49-1537>

(3) From 9:30 – 10:00

C. Cupping – Snake Bites – Brother Amos

Duration: **30** min.

Presentation on how to use cupping – and purposes – lung problems: pneumonia, coughing – twisted ankles – back problems: sciatic nerves – lumbago and more.

Presentation on how to deal with snake bites.

Important: Read from the book of Agatha Trash on Charcoal Uses for Snake Bites – pages **67-68**. – Take time to answer questions.

<https://144000teachers.org/wp-content/uploads/2022/11/Agata-Trash-Charcoal.pdf>

(4) From 10:00 – 11:00

D. Hydrotherapy II – Brother Amos and Team

Printed Material – Russian Bath Read page 8-9 for Method and Equipment – Installation as picture page 9. Usually, we use a Sheet as first layer on client, plastic (shower curtain), then a blanket as Picture shown on the book cover of Natural Remedies.

Duration: **60** min.

Treatment – 6-15 min. - till volunteer sweating behind the knees

Demonstration – Team member (male – wearing t-shirt – pants)
1 team member gives warm water-lemon to drink to volunteer
1 team member keeps the water warm in basin for the footbath
1 team member keeps compress cold on the head at all times
1 team member watches steam often to make sure it is not too hot
Follow instructions carefully

From 11:00 – 11:15 – **15** minutes **Break**

(5) From 11:15 – 12:15

E. Herbs and Plants – Brother Phiri

Duration: **60** min.

Presentation on Sweet and Bitter Herbs and Purposes

Answer Questions – Books recommended

From 12:15 – 12:30 – **15** minutes **Break**

(6) From 12:30 – 13:00

F. Ultimate Survival Medicine – A must Read and Study

Wilderness Survival Medical Guide – A Must Read and Study

Video 3 – Duration: **30** min.

<https://144000teachers.org/city-country/#1667605056203-58c11f49-1537>

<https://www.144000teachers.org/wp-content/uploads/2021/03/Ultimate-survival-medicine.pdf>

<https://www.144000teachers.org/wp-content/uploads/2021/03/Wilderness-survival-medical-guide.pdf>

Prayer
Lunch time:
13:00 – 14:00

(7) From 14:00 – 14:15

G. Scripture Songs

- Prayer
- **Songs - Team – Video 1** – Duration: **15** min.

<https://144000teachers.org/generation-144k/#1638311921284-cdc8adcd-9f41>

(8) From 14:15 – 15:15

H. 8 Laws of Health and Health Evaluation

Welcome Guests

Divide trainees in groups of 2

Each group of 2 does a Health Evaluation with 1 guest or team member using the 8 Laws of Health – Make sure every group does it as it was taught – Duration: **45** min.

Ask Guests their impression – Give 8 Laws of Health to them
Guests – Duration: **15** min.

(9) From 15:15 – 16.30

I. Natural Remedies – Brother Amos and trainees/guests

Addictions – Video 8 – Duration: **45** min.

Addiction 10 Days Cleansing – Charcoal drinking trial

Natural Remedies – Brother Amos

Invite Guests to leave their names if they want Natural Remedies and other trainings

- **Answer Questions if any**
- **Dismiss guests with a word of prayer**
- **Invite Trainees to stay for certificates**

(10) From 16:30 – 17.30

J. Certificates

Discussion about Better Living Center in Lusaka
Review Charts

<https://144000teachers.org/wp-content/uploads/2022/08/GMME.jpg>

<https://144000teachers.org/wp-content/uploads/2022/08/City-to-Country-rotated.jpg>

**Closing
Prayer**