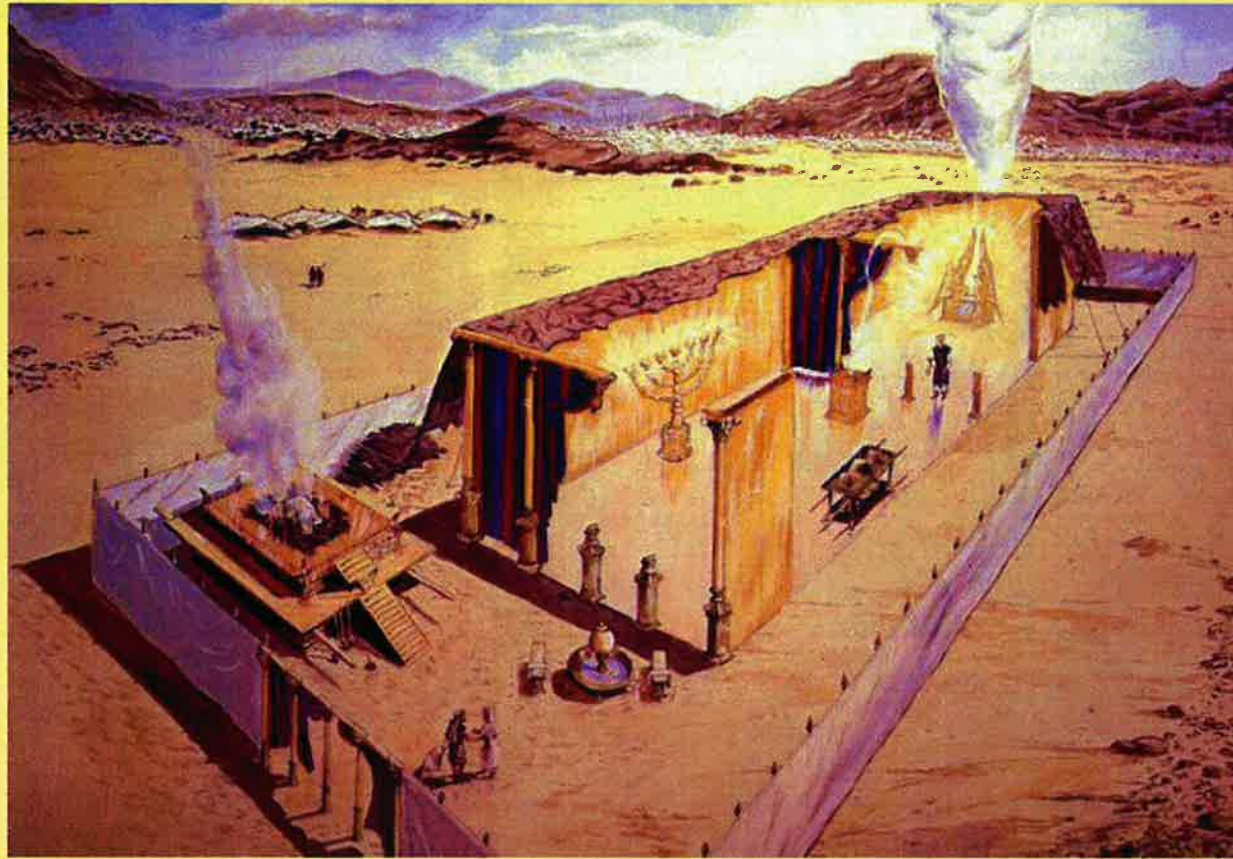


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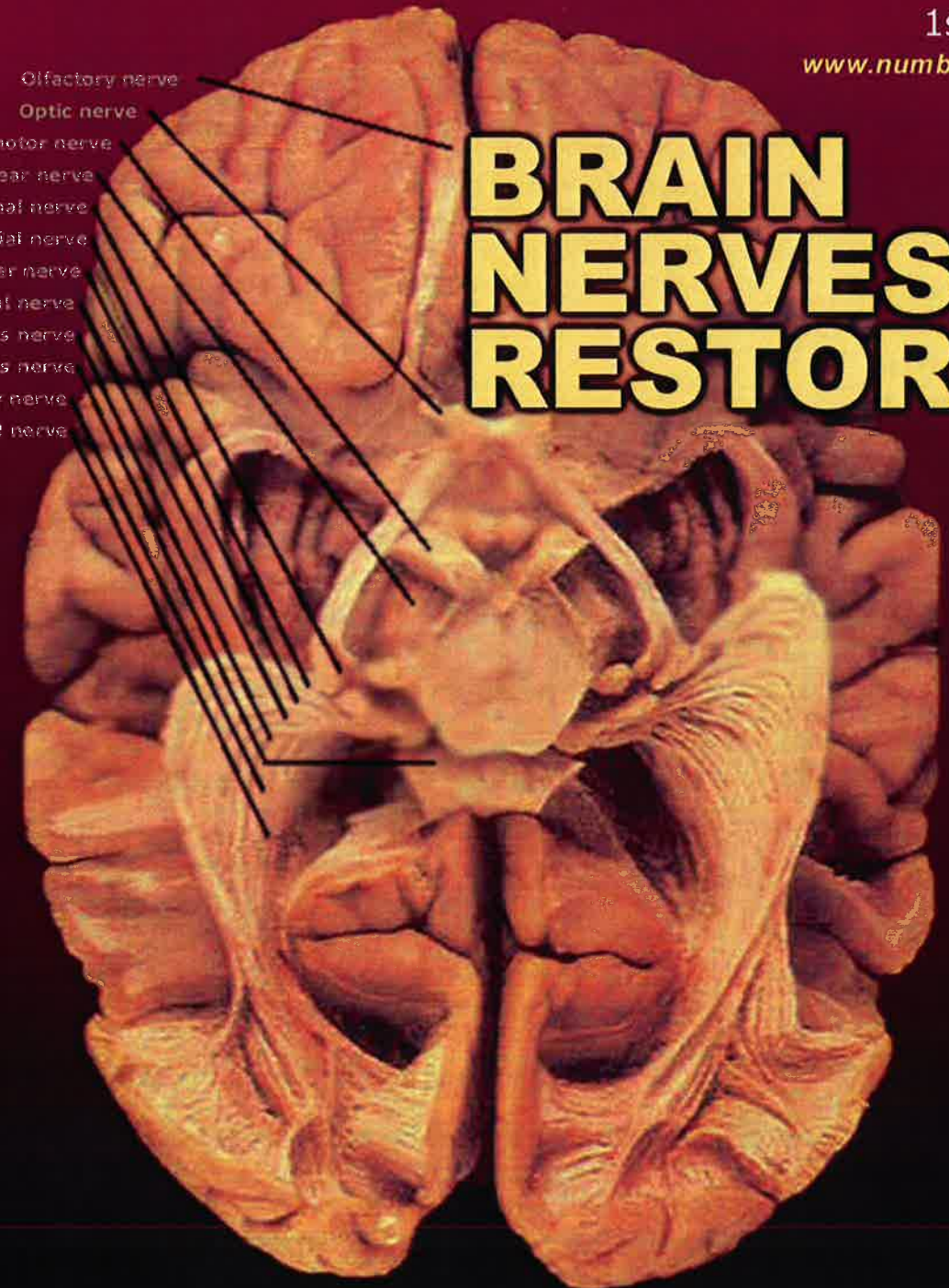
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Accessory nerve
Hypoglossal nerve

BRAIN NERVES RESTORED



“Man may grow up into Christ, his living head. It is not the work of a moment, but that of a lifetime. By growing daily in the divine life, he will not attain to the full stature of a perfect man in Christ until his probation ceases.” Testimonies Vol. 4, p. 367

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MAKING THE CONNECTION

WHO LEADS THE SCAPE GOAT AWAY ACCORDING TO LEVITICUS 16:21?

"Then I saw that Jesus' work in the sanctuary will soon be finished. And after His work there is finished, He will come to the door of the first apartment, and confess the sins of Israel upon the head of the Scapegoat. Then He will put on the garments of vengeance. Then the plagues will come upon the wicked, and they do not come till Jesus puts on that garment, and takes His place upon the great white cloud. Then, while the plagues are falling, the Scapegoat is being led away. He makes a mighty struggle to escape, but he is held fast by the hand that leads him. If he should escape, Israel would lose their lives. I saw that it would take time to lead the Scapegoat into the land of forgetfulness after the sins were put on his head." Spaulding and Magan's collection, p. 2.



WHO IS THE FIT MAN OF LEVITICUS 16:21 CHOSEN FROM THE CONGREGATION THAT GOES THROUGH THE END TIME PLAGUES OF THE BOOK OF REVELATION?

Upon the crystal sea before the throne, that sea of glass as it were mingled with fire,--so resplendent is it with the glory of God,--are gathered the company that have "gotten the victory over the beast, and over his image, and over his mark, and over the number of his name." Rev. 15:2. With the Lamb upon Mount Zion, "having the harps of God," they stand, the hundred and forty and four thousand that were redeemed from among men; and there is heard, as the sound of many waters, and as the sound of a great thunder, "the voice of harpers harping with their harps." Revelation 14:1-5; 15:3; 7:14-17.

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School Preparing Intelligent Educated Survivors

"God's people are to put forth every power in combating Satan's falsehoods and pulling down his strongholds. To every human being in the wide world who will give heed, we are to make plain the principles at stake in the great controversy--principles upon which hangs the eternal destiny of the soul. To the people far and near we are to bring home the question: "Are you following the great apostate in disobedience to God's law, or are you following the Son of God, who declared, 'I have kept My Father's commandments'?" The Publishing Ministry, p. 49

THE 144000 WILL KEEP THE FEASTS

1. Like Jonah of old, they will PASSOVER an experience like no other generations have gone through before them. "And there shall be a time of trouble such as never was since there was a nation."

Daniel 12:1

2. But unlike Jonah who was full of anger and pride, they will be UNLEAVENED, without sin before God. "Therefore let us keep the feast, not with old leaven, neither with the leaven of malice and wickedness; but with the unleavened bread of sincerity and truth." 1 Corinthians 5: 8.

3. They shall be FIRSTFRUITS unto the Lord. "They (144000) were redeemed from among men, being the Firstfruits unto God and the Lamb." Revelation 14:4.

4. Power will be given them to overcome every sin with the gift of the Early Rain that fell at PENTECOST. And while the Great High Priest is finishing the work in the Most Holy Place in heaven by removing the records of sin from those who have accepted His gift (judgment of the dead started October 22, 1844) and will accept His gift while probation last (judgment of the living under the Sunday Law - noone knows when); and while the nations of the earth are getting angry, this power will increase as the Latter Rain falls in the latter days. "Ask ye of the Lord the rain in the time of the latter rain; so the Lord shall make bright clouds, and give them showers of rain, to every one grass in the field." Zechariah 10:1.

5. And then when the Judgment of the Living is about ready to take place, they will give the TRUMPETS a certain sound through the LOUD CRY of the Third Angel Messages. "And I saw another angel fly in the midst of heaven having the everlasting gospel to preach unto them that dwell on the earth and to every nation, and kindred, and tongue and people. Saying with a loud voice, Fear God and give glory to Him for the hour of His judgment is come." Revelation 14: 6.

(This message was given for 10 years till 1844 and will be repeated as prophecy foretell in Revelation 18.)

6. The sound of the Trumpets at the Fall Feasts, meant Judgment, ATONEMENT, Reconciliation for Israel. It will mean a Final Work at the time of the end: "But in the days of the voice of the seventh angel, when he shall begin to sound, the mystery of God should be finished." Revelation 10: 7. "The riches of the glory of this mystery is: Christ in you, the hope of glory (His Character)." Colossians 1:27.

7. Finally at last, the Great Ingathering of God's people will take place when the Savior comes to take them home, and God will TABERNACLE with His people for ever and ever. "And there shall be no more curse; but the throne of God and of the Lamb shall be in it; and his servants shall serve Him: and they shall see His face; and His name shall be in their foreheads." Revelation 22: 3, 4.

8. Then shall we understand the SABBATHS more fully as we delight in keeping the weekly Sabbath of rest, the NEW MOON, and the SPRING and the FALL FEASTS OF YAHWEH through YAHSHUA'S power.

"For as the new heaven and the new earth, which I will make, shall remain before me, saith the Lord, so shall your seed and your name remain. And it shall come to pass, that from one new moon to another and from one Sabbath to another, shall all flesh come to worship before me, saith the Lord." Isaiah 61: 22, 23.

"And it shall come to pass, that every one that is left of all the nations, which came against Jerusalem shall even go up from year to year to worship the King, the Lord of hosts, and to keep the feast of tabernacles." Zechariah 14: 16.

Jesus, while on earth, said: "With desire I have desired to eat this passover with you before I suffer: For I say unto you, I will not any more eat thereof until it be fulfilled in the kingdom of God." Luke 22:15, 16.

cease. It is this law that Christ, "took... out of the way, nailing it to His cross." Colossians 2:14. Patriarchs and Prophets, p. 365.

THE LORD'S SUPPER REPLACED PASSOVER

"The Lord Jesus the same night in which He was betrayed took bread; and when He had given thanks, He brake it, and said, Take, eat: this is My body, which is broken for you: this do in remembrance of Me...Christ was standing at the point of transition between two economies and their two great festivals. He, the spotless Lamb of God, was about to present Himself as a sin offering, that He would thus bring to an end the system of types and ceremonies that for four thousand years had pointed to His death. As He ate the Passover with His disciples, He instituted in its place the service that was to be the memorial of His great sacrifice. The national festival of the Jews was to pass away forever. The service which Christ established was to be observed by His followers in all lands and through all ages." Desire of Ages, p.652.

DAY OF PENTECOST: EARLY RAIN GIVEN (31 AD) - LATTER RAIN STILL TO COME

"And when the Day of Pentecost was fully come, they were all with one accord in one place. And suddenly there came a sound from heaven from heaven as of a rushing mighty wind, and it filled all the house where they were sitting...Many of these Jews were on this occasion in Jerusalem, attending the religious festivals then in progress."

Acts of the Apostles, p. 37, 39.

"The outpouring of the Spirit in the days of the apostles was the beginning of the early, or former, rain and glorious was the result... But near the close of earth's harvest, a special bestowal

of spiritual grace is promised to prepare the church for the coming of the Son of man. This outpouring of the Spirit is likened to the falling of the latter rain."

Acts of the Apostles, p. 54, 55.

"Fifty days from the offering of first fruits, came the Pentecost, called also the feast of harvest and the feast of weeks. As an expression of gratitude for the grain prepared as food, two loaves baked with leaven were presented before God. The Pentecost occupied but one day, which was devoted to religious service." Patriarchs and Prophets, p. 540.

THE FEAST OF TABERNACLES A JOYOUS COMMEMORATION OF GOD'S BLESSING

"At these yearly assemblies the hearts of old and young would be encouraged in the service of God, while the association of the people from the different quarters of the land would strengthen the ties that bound them to God and to one another. Well would it be for the people of God at the present time to have a Feasts of Tabernacles - a joyous commemoration of the blessings of God to them...The Feast of Tabernacles was not only commemorative but typical. It not only pointed back to the wilderness sojourn, but as the feast of harvest, it celebrated the ingathering of the fruits of the earth, and pointed forward to the great day of final ingathering, when the Lord of the harvest shall send forth His reapers to gather the tares together in bundles for the fire, and to gather the wheat into His garner."

Patriarchs and Prophets, p. 540, 541.

THE FALL FEASTS POINT TO THE SECOND ADVENT

"In like manner the types which relate to the second advent must be fulfilled at the time pointed out in the symbolic service. Under the Mosaic system

the cleansing of the sanctuary, or the great Day of Atonement, occurred on the tenth day of the seventh Jewish month (Leviticus 16: 29-34), when the high priest, having made an atonement for all Israel, and thus removed their sins from the sanctuary, came forth and blessed the people."

The Great Controversy, p. 399.

PAUL KEPT THE FEASTS AFTER THE CROSS

"At Philippi Paul tarried to keep the Passover. Only Luke remained with him, the other members of the company passing on to Troas to await him there. The Philippians were the most loving and truehearted of the apostle's converts, and during the eight days of the feast he enjoyed peaceful and happy communion with them."

Acts of the Apostles, p. 390, 391.

THE FEASTS A MEANS OF EDUCATION

"As a means of education an important place was filled by the feasts of Israel. In ordinary life the family was both a school and a church, the parents being the instructors in secular and in religious lines. But three times a year seasons were appointed for social intercourse and worship. First at Shiloh, and afterward at Jerusalem, these gatherings were held. Only the fathers and sons were required to be present; but none desired to forgo the opportunities of the feasts, and, so far as possible, all the household were in attendance; and with them, as sharers of their hospitality, were the stranger, the Levite, and the poor."

Education, p. 41, 42.

The statutes of the Lord are meant to be kept.

The Feasts of the Lord are statutes.

Should they not be kept.

Brain Nerves

RESTORED

When are we fully like our savior?

Question 1. When we are born again?

Question 2. After a continuous life of sanctification? Continual Atonement-Perpetual Intercession: Court and Holy Place?

Question 3. At his Second Coming?

Answer: We are fully like our Savior when probation ceases



"And I will put enmity between thee and the woman, and between thy seed and her seed; it shall bruise thy head, and thou shalt bruise his heel." Genesis 3:15.

QUESTION 1. WHEN ARE WE FULLY LIKE OUR SAVIOR? WHEN WE ARE BORN AGAIN?

"When we lay hold of Christ by faith, our work has just begun. Every man has corrupt and sinful habits that must be overcome by vigorous warfare, Every soul is required to fight the fight of faith."

Our High Calling, p. 121.

THE EFFECT OF TRANSGRESSION NOT OBLITERATED WHEN SINNER REPENTS AND IS PARDONED

"He may be converted; he may see the wickedness of his injustice to his fellow-men, and as far as possible, make restitution; but the scars of a wounded conscience will ever remain." Bible Commentary, Vol. 3, p. 1158.

QUESTION 2. WHEN ARE WE FULLY LIKE OUR SAVIOR? AFTER A CONTINUOUS LIFE OF SANCTIFICATION?

"Let those who feel inclined to make a high profession of holiness look into the mirror of God's law. As they see its far-reaching claims, and understand its work as a discernor of the thoughts and intents of the heart, they will not boast of sinlessness. "If we," says John, not separating himself from his brethren, "say that we have no sin, we deceive ourselves, and the truth is not in us." "If we say that we have not sinned, we make Him a liar, and His word is not in us." "If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." 1 John 1:8, 10, 9."

Acts of the Apostles, p. 562

SINS ALTHOUGH FORGIVEN AND FORSAKEN LEAVE SCARS IN THE MIND

"The thoughts, allowed to run in a low channel, soon pervert all the powers of the being...The greatest evil of it all is the permanent effect that these things have upon the character...They wound their own souls, and through their lifetime will carry the scars. The evildoer may see his sins and repent; God may pardon the transgressor; but the powers of discernment, which ought ever to be kept keen and sensitive to distinguish between the sacred and the common, are in a great measure destroyed." Testimonies Vol. 8, p.66.

THE SINS CONFESSED STAND ON RECORD IN THE HEAVENLY SANCTUARY

"The blood of Christ, while it was to release the repentant sinner from the condemnation of the law, was not to cancel the sin; it would stand on record in the sanctuary until the final atonement; so in the type the blood of the sin offering removed the sin from the penitent, but it rested in the sanctuary until the Day of Atonement." Patriarchs and Prophets, p. 357.

QUESTION 3. WHEN ARE WE FULLY LIKE OUR SAVIOR? AT HIS SECOND COMING?

"The mass of people think that if a person is prepared to die, he is prepared for the coming of the Lord. But they do not consider the difference between dying and standing alive to meet the Lord at His appearing. It is one thing to die in the Lord, to yield our spirits to Him while He is pleading for us before the Father's throne, and quite a different thing to stand in the time of trouble after Jesus has ceased to plead in man's behalf, after His priesthood is closed, and He is preparing to come to redeem His own, and take vengeance of His foes. They who realize these things will bless heaven that means have been devised in the mercy of God for the perfection of the saints."

Life Sketches of James and Ellen White, p. 431.

ANSWER: WE ARE FULLY LIKE OUR SAVIOR WHEN PROBATION CEASES

"Man may grow up into Christ, his living head. It is not the work of a moment, but that of a lifetime. By growing daily in the divine life, he will not attain to the full stature of a perfect man in Christ until his probation ceases." Testimonies Vol. 4, p. 367.

CONVERSION NOT COMPLETED UNTIL HE ATTAINS TO PERFECTION OF CHRISTIAN'S CHARACTER

"Every living Christian will advance daily in the divine life. As he advances toward perfection, he experiences a conversion to God every day; and this conversion is not completed until he attains to perfection of Christian character, a full preparation for the finishing touch of immortality." Testimonies Vol. 2, 505.

THE SANCTIFIED BELIEVER IS STILL ENCUMBERED WITH THE CORRUPT CHANNEL - THE KNOWLEDGE OF EVIL IS NOT REMOVED BY THE WORK IN THE COURT OR IN THE HOLY PLACE

"The religious services, the prayers, the praise, the penitent confession of sin ascend from true believers as incense to the heavenly sanctuary, but passing through the corrupt channels of humanity, they are so defiled that unless purified by blood, they can never be of value with God. They ascend not in spotless purity, and unless the Intercessor, who is at God's right hand, presents and purifies all by His righteousness, it is not acceptable to God. All incense from earthly tabernacles must be moist with the cleansing drops of the blood of Christ. He holds before the Father the censer of His own merits, in which there is no taint of earthly corruption. He gathers into this censer the prayers, the praise, and the confessions of His people, and with these He puts His own spotless righteousness. Then, perfumed with the merits of Christ's propitiation, the incense comes up before God wholly and entirely acceptable. Then gracious answers are returned." Selected Messages, Vol. 1, p. 344.

KNOWLEDGE OF EVIL REMOVED: FINAL ATONEMENT- FINAL INTERCESSION FOR THE DEAD AND THE LIVING IN THE MOST HOLY PLACE

"As the ministration of Jesus closed in the holy place, and He passed into the holiest, and stood before the ark containing the law of God, He sent another mighty angel with a third message to the world. A parchment was placed in the angel's hand, and as he descended to the earth in power and majesty, he proclaimed a fearful warning, with the most terrible threatening ever borne to man. This message was designed to put the children of God upon their guard, by showing them the hour of temptation and anguish that was before them. Said the

APPOINTED TIMES: GOD HAS A TIMETABLE

THE FEASTS OF THE LORD: SEVENTH-DAY SABBATH

Passover, Unleavened Bread, Firstfruits

Leviticus 23:1-8, 14 "And the Lord spake to Moses, saying, Speak unto the children of Israel, and say unto them, Concerning the feasts of the Lord, which ye shall proclaim to be holy convocations, even these are my feasts. Six days shall work be done: but the seventh day is the sabbath of rest, an holy convocation; ye shall do no work therein: it is the sabbath of the Lord in all your dwellings. These are the feasts of the Lord, even holy convocations, which ye shall proclaim in their seasons. In the fourteenth day of the first month at even is the Lord's passover. And on the fifteenth day of the same month is the feast of unleavened bread unto the Lord: seven days ye must eat unleavened bread. In the first day ye shall have an holy convocation: ye shall do no servile work therein... In the seventh day is an holy convocation: ye shall do no servile work therein... It shall be a statute for ever throughout your generation in all your dwellings."

Pentecost

Leviticus 23:15, 16, 21 "And ye shall count unto you from the morrow after the sabbath, from the day that ye brought the sheaf of the wave offering; seven sabbaths shall be complete: Even unto the morrow after the seventh sabbath shall ye number fifty days; and ye shall offer a new meat offering unto the Lord... And ye shall proclaim on the

self-same day, that it may be an holy convocation unto you: ye shall do no servile work therein: it shall be a statute for ever in all your dwellings throughout your generations."

Trumpet

Leviticus 23: 23-25 "And the Lord spake unto Moses, saying, Speak unto the children of Israel, saying, in the seventh month, in the first day of the month, shall ye have a sabbath, a memorial of blowing of trumpets, an holy convocation. Ye shall do no servile work therein..."

Day of Atonement

Leviticus 23:26-28, 32 "And the Lord spake unto Moses, saying, Also on the tenth day of this seventh month there shall be a day of atonement: it shall be an holy convocation unto you; and ye shall afflict your souls, and offer an offering made by fire unto the Lord.

"And the Lord spake unto Moses, saying, Also on the tenth day of the seventh month there shall be a day of atonement: it shall be an holy convocation unto you; and ye shall afflict your souls, and offer an offering made by fire unto the Lord. And ye shall do no work in that same day: for it is a day of atonement, to make an atonement for you before the Lord your God... It shall be a statute for ever throughout your generations in all your dwellings. It shall be unto you a sabbath of rest and ye shall afflict your souls: in the ninth day of the month at even, from even unto even, shall ye celebrate your sabbath."

Feast of Tabernacles

Leviticus 23:33-37, 41, 43, 44 "And the Lord spake unto Moses, saying, Speak unto the children of Israel, saying, the fifteenth day of this seventh month shall be the feast of tabernacles for seven days unto the Lord. On the first day shall be an holy convocation: ye shall do no servile work therein... On the eighth day shall be an holy convocation unto you... it is a solemn assembly; and ye shall do no servile work therein. These are the feasts of the Lord, which ye shall proclaim to be holy convocations... And ye shall keep it a feast unto the Lord seven days in the year. It shall be a statute for ever in your generations... I AM the Lord your God. And Moses declared unto the children of Israel the feasts of the Lord."

UNDERSTANDING THE SABBATH MORE FULLY

Patriarchs and Prophets, p. 365, 540-541
Desire of Ages, p. 652
Great Controversy, p. 399
Acts of the Apostles, p. 37, 39, 54-55, 390-391
Education, p. 41-42

ONLY THE LAW OF SACRIFICES AND OFFERINGS WAS NAILED TO THE CROSS

"The ceremonial system was made up of symbols pointing to Christ, to His sacrifice and priesthood. This ritual law, with its sacrifices and ordinances, was to be performed by the Hebrews until type met antitype in the death of Christ, the Lamb of God that taketh away the sin of the world. Then all the sacrificial offerings were to

Seventh Step: Humility

Humbly ask Him to remove my shortcomings.

The seventh step truly implicates the possibility of eliminating all shortcomings that so often besets me. But I must start working on one at a time. Many of my shortcomings are habits that I have myself created and that perhaps I want to keep. Humility is the key word of this step.

To be humble does not mean to crawl. It is to constantly accept the help of my Higher Power in all that I do and accomplish. If I am kind and tolerant with everyone in all circumstances, this attitude will soon become a normal reaction which will reflect in all my affairs and make me more agreeable to myself as well as to others.

Eighth Step: Willingness

Make a list of all the persons I have harmed, and become willing to make amends to them all.

With this new way of life, I have opportunities to grow spiritually and I learn that I cannot pass my wrong actions on others. The main purpose of this step is to recognize my own mistakes so that the feelings of guilt disappear. This step asks only one thing: to make a list. Who are the persons I have harmed? Probably the one I love the most, my family, my friends.

In making my list, I also discover that the person I have harmed the most is myself. With this step, I learn to forgive myself as well as others.

Ninth Step: Making Amends

Make direct amends to such people wherever possible, except when to do so would injure them or others.

After sincerely thinking, praying and working the eight preceding steps,

this ninth step requires 'action'. To ask for pardon does not always take away the guilt I may feel. By doing so, I may even hurt a third innocent person. Instead, a change in my attitude can help repair my past behavior. If I have taken away any material goods from somebody, I will recognize my debt and entirely pay it back. If I have harmed my family or my friends by neglect, ill-temper or harsh treatment, a change of attitude conscientiously pursued, may compensate for these injuries. This program teaches me to move forward and in applying it to my life, can help one, ten or thousand of people in the future.

Tenth Step: Never give up

Continue to take personal inventory and when I am wrong promptly admit it.

When this step is really part of my everyday life, I will not have to worry about old guilt feelings since I maintain the order in my mind. If I get back to my old pattern or mischief, I will admit my mistakes immediately and ask my Higher Power for guidance.

In times of stress, it is often better to pray quietly instead of answering angrily. Since the inventory shows me where I am wrong, the sooner I can admit my own mistakes, the sooner I can recover.

Eleventh Step: Seeking

Seek through prayer and meditation to improve my conscious contact with God as I understand Him, praying only for knowledge of His will for me and the power to carry that out.

The eleventh step confirms my sincere decision in adopting this program in my life and makes me realize the kind of person I really am: a procrastinator, undecided or persistent.

The Procrastinator says: 'There is something for me in this program and one day, perhaps tomorrow, I will apply it in my life'.

The Undecided says: 'I have started to apply the program in my life, but I find it difficult to recognize God's will and seem unable to find time to pray and meditate in my busy schedule'.

The Persistent says: 'I have decided to apply this program in my every day life and do not expect to become perfect immediately, but I am setting myself on the road towards it. I will reserve at least 15 minutes every day, morning and evening, for prayer, study and meditation of the Word of God, closing my mind to any other thoughts. I will always start and finish my meditation being conscious of the presence of God.'

Twelfth Step: Results

Having had a spiritual awakening as a result of these steps, I carry this message to others and practice these principles in all my affairs.

Having had a spiritual awakening is coming to realize that I am not alone and without resources. This spiritual awakening is a real rebirth and can be reached by complete submission of my will to my Higher Power. I ask my Savior today, to be part of me, to guide me through His Spirit, in His path, the path of life and light.

This enlightenment enables me to base my decisions and my judgments on spiritual principles so that I am moved by His wisdom and His kindness and can carry the good news to others and help them.

This awakening brings me to practice these principles with my family, my friends, my teachers, my working companions; in a word, into every phase of my daily life.

angel, "They will be brought into close combat with the beast and his image. Their only hope of eternal life is to remain steadfast. Although their lives are at stake, they must hold fast the truth."

The third angel closes his message thus: "Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus." As he repeated these words, he pointed to the heavenly sanctuary. The minds of all who embrace this message are directed to the most holy place, where Jesus stands before the ark, making His final intercession for all those for whom mercy still lingers and for those who have ignorantly broken the law of God. This atonement is made for the righteous dead as well as for the righteous living. It includes all who died trusting in Christ, but who, not having received the light upon God's commandments, had sinned ignorantly in transgressing its precepts." Early Writings, p. 254.

FINISHING OF THE ATONEMENT: PREPARATION TO ABIDE THE DAY OF HIS COMING

"Instead of the prophecy of Daniel 8:14 referring to the purifying of the earth, it was now plain that it pointed to the closing work of our High Priest in heaven, the finishing of the atonement, and the preparing of the people to abide the day of His coming." Testimonies Vol. 1, p. 58.

THE COMING OF OUR SAVIOR DOES NOT CHANGE OUR CHARACTERS

"It is a solemn thing to die, but a far more solemn thing to live. Every thought and word and deed of our lives will meet us again. What we make of ourselves in probationary time, that we must remain to all eternity. Death brings dissolution to the body, but makes no change in the character. The coming of Christ does not change our characters; it only fixes them forever beyond all change." Testimonies Vol. 5, p. 466.

THE JUDGMENT OF THE DEAD ALREADY STARTED - THE JUDGMENT OF THE LIVING WILL STARTS SOON - NO MAN KNOWS HOW SOON!

"We are now living in the great day of atonement. In the typical service, while the high priest was making the atonement for Israel, all were required to afflict their souls by repentance of sin and humiliation before the

Lord, lest they be cut off from among the people. In like manner, all who would have their names retained in the book of life, should now, in the few remaining days of their probation, afflict their souls before God by sorrow for sin, and true repentance...

RECORD OF SINS SYNONYMS:

EXPERIENCE IN SIN; FILTHY GARMENT; SINFUL NATURE; CORRUPT CHANNEL; KNOWLEDGE OF EVIL; BLOTS; SCARS; STAINS; BENT TO EVIL; FORCE UNAIDED; DESIRE TO SIN; LOVE FOR EVIL; EVIL PROPENSITIES; PERVERTED BY SIN; DEPRAVED.

THE LATTER RAIN GIVES MORE THAN POWER TO WITNESS: THE LATTER RAIN FINISHES THE WORK OF PERFECTION IN THE SOUL

"The latter rain, falling near the close of the season, ripens the grain and prepares it for the sickle. The Lord employs these operations of nature to represent the work of the Holy Spirit. As the dew and the rain are given first to cause the seed to germinate, and then to ripen the harvest, so the Holy Spirit is given to carry forward, from one stage to another, the process of spiritual growth. The ripening of the grain represents the completion of the work of God's grace in the soul. By the power of the Holy Spirit the moral image of God is to be perfected in the character. We are to be wholly transformed into the likeness of Christ." Testimonies to Ministers, p. 506.

WHEN DOES THE TIME OF TROUBLE START?

"At that time shall Michael stand up, the great prince which standeth for the children of thy people; and there shall be a time of trouble, such as never was since there was a nation even to that same time; and at that time thy people shall be delivered, every one that shall be found written in the book." Daniel 12:1.

THE LINK BETWEEN THE INVESTIGATIVE JUDGMENT OF THE LIVING AND THE SUNDAY LAW

"...The image of the beast will be formed before probation closes, for it is to be the great test for the people of God, by which their eternal destiny will be decided." Selected Message Vol. 2 p. 81 (1890).

WHEN DOES PROBATION CLOSE?

"When the work of the investigative Judgment closes, the destiny of all will have been decided for life or death. Probation is ended a short time before the appearing of the Lord in the clouds of heaven. Christ in the Revelation, looking forward to that time, declares: "He that is unjust, let him be unjust still; and he which is filthy, let him be filthy still; and he that is righteous, let him be righteous still; and he that is holy, let him be holy still. And, behold, I come quickly; and my reward is with me, to give every man according as his work shall be." Revelation 22:11, 12."

The Great Controversy, p. 490, 491.

CONCLUSION

"The subject of the sanctuary and the investigative Judgment should be clearly understood by the people of God. All need a knowledge for themselves of the position and work of their great High Priest. Otherwise, it will be impossible for them to exercise the faith which is essential at this time, or to occupy the position which God designs them to fill. Every individual has a soul to save or to lose. Each has a case pending at the bar of God. Each must meet the great Judge face to face. How important, then, that every mind contemplate often the solemn scene when the Judgment shall sit and the books shall be opened, when, with Daniel, every individual must stand in his lot, at the end of the days..."

All who have received the light upon these subjects are to bear testimony of the great truths which God has committed to them. The sanctuary in Heaven is the very center of Christ's work in behalf of men. It concerns every soul living upon the earth. It opens to view the plan of redemption, bringing us down to the very close of time, and revealing the triumphant issue of the contest between righteousness and sin. It is of the utmost importance that all should thoroughly investigate these subjects, and be able to give an answer to every one that asketh them a reason of the hope that is in them.

The intercession of Christ in man's behalf in the sanctuary above is as essential to the plan of salvation as was his death upon the cross. By his death he began that work which after his resurrection he ascended to complete in Heaven. We must by faith enter within the veil, "whither the forerunner is for us entered." Heb. 6:20. There the light from the cross of Calvary is reflected.

There we may gain a clearer insight into the mysteries of redemption. The salvation of man is accomplished at an infinite expense to Heaven; the sacrifice made is equal to the broadest demands of the broken law of God. Jesus has opened the way to the Father's throne, and through his mediation the sincere desire of all who come to him in faith may be presented before God." The Great Controversy, p. 488, 489.

"The correct understanding of the ministration in the heavenly sanctuary is the foundation of our faith." Evangelism, p. 221.

THE EXPERIENCE OF THE 144000 WILL PARALLEL THE EXPERIENCE OF CHRIST IN HIS HUMANITY

1. Both have the fallen nature of sinful humanity.
2. Both have no stains or scars of sin upon the soul.
3. Both stand before God without a mediator.
4. Both have received the Spirit without measure. John 3: 34.
5. Both have perfection of the soul without perfection of the flesh.
6. Both have demonstrated that fallen humanity can keep the law of God perfectly through the power of the Holy Spirit.

"Let us strive with all the power that God has given us to be among the hundred and forty-four thousand. And let us do all that we can to help others to gain heaven. We are to have an intense interest in Christ Jesus; for he is our Saviour. He came to this world to be tempted in all points as we are, to prove to the universe that in this world of sin human beings can live lives that God will approve." Review & Herald, March 9 1905

EXPLANATION OF THE 12 STEPS TO HEALTH

First Step: Admission

I admit that I am powerless to manage my own personal life.

The simple words of the first step contain a whole philosophy of life that brings me to recognize that I have not been able to manage my life with wisdom.

The submission suggested by these words prepares me for a new life that I cannot aspire to without letting go that which I cannot control or change. To reach this new way of life, I must undertake, one day at a time, the monumental task to put some order in my universe, by changing my way of thinking. The first step does not ask resignation but 'acceptance'. When I resign myself, I accept 'consciously' but in reality, in my subconscious is the feeling that 'the day will come'; this is not acceptance when the struggling continues. Acceptance is a state of mind that allows me to accept instead of rejecting or resisting; I am then able to understand, collaborate, follow and become receptive to my Higher Power, who then has the chance to correct what seems hopeless.

Second Step: Commitment

Come to believe that a Power greater than myself could restore me to sanity.

The second step brings hope. It assures me that help is within reach: the help of a Higher Power who surpasses all that I can understand or even imagine.

What can this Power do for me? It can give me back my sanity. It helps me to quit deceiving myself and learn how to cope with my problems in a realis-

tic way. It means that, even though I am facing confusion and disorder, I can draw upon my Higher Power for emotional stability.

The second step brings assurance and comfort by submitting my will to the wisdom of a loving God.

Third Step: Submission

Make a decision to turn my will and my life over to the care of God as I understand Him.

The study of the third step brings me slowly towards the truth with a new awareness and the ability to benefit from it.

This step is a challenge; it suggests a decision: let go and let God take care of my affairs. It is possible for Him to do so only if I turn my will and my life over to Him. I can be guided if I listen with humility and hear what is best for me.

This decision must be constantly reaffirmed and renewed until it becomes so much part of my nature that the temptation to act impulsively gradually disappears.

Fourth Step: Action

Make a searching and fearless moral inventory of myself.

The fourth step is to make a fearless and moral inventory of myself. First, I must see myself as I am with my character, my motives, my attitudes and my actions.

The base of this step is honesty. I need to understand why I do and say certain things and examine the motives that animate me. I discover then, along with my shortcomings, my many qualities. I must learn to appre-

ciate them because they not only compensate my deficiencies, but help to grow and progress.

If I easily criticize, I will learn to live and let live. If I am afraid of the future, I will let go and let God, and will live one day at a time.

To take my own inventory does not mean to concentrate only on my faults to the point of not seeing the good. I can do it with humility and satisfaction, at the same time, and enjoy the feeling of having to face myself perhaps for the first time in my life.

Fifth Step: Confession

Admit to God, to myself and to another human being, the exact nature my wrongs.

This step suggests to admit my wrongs to God as well as to myself: it is like a personal confession. Then I will complete this step in repairing the wrongs I have done to others by going to them and asking for forgiveness. This step requires humility, courage and honesty.

Sixth Step: Readiness

Am entirely ready to have God remove all these defects of character.

This step invites me to abandon myself to my Higher Power and let Him guide me. This is an admirable affirmation of submission with serenity to God's will.

My purpose is to be 'entirely ready' to lose the habit of thinking negatively, which has been part of my life so far. God is 'entirely ready' to remove my defects of character and help me to reach a way of thinking and living that brings me serenity and happiness.

MASSAGE

1. MASSAGE (THEORY) DEFINITION:

Massage may be defined as the manipulation of the tissues of the body for therapeutic purposes. The word itself is taken from a root meaning "to knead" or to handle.

Massage is an ancient remedy used both by man and animals. It is known to have been employed in the past in China and India. It was described by Homer in 1200 BC and by Hippocrates in 460 BC. It was used in the Greek and Roman baths.

2. MOVEMENTS:

There are three essential manipulations: Stroking, Compression and Percussion.

STROKING:

Stroking consists of a gliding movement with a superficial pressure to secure a reflex sedative effect, or deep pressure to reflexively increase venous and lymphatic return: EFFLEURAGE is the principle stroke and is firm but gentle. It has a definite relaxing effect upon muscles and should be used in muscle spasm, as in fractures or spastic conditions, pain and myositis. Effleurage has also the effect of sedation.

COMPRESSION:

Compression consists of kneading and friction. Compression strokes are designed to improve circulation, hasten the removal of waste products, or break up adhesions or fibrous nodules. It dilates blood vessels; brings relaxation by a direct effect on the muscles; acts as a derivative; and establishes axon reflexes through the spinal cord.

PERCUSSION:

Percussion consists of cupping, hacking, slapping and tapping, to which some add vibration and shaking. The

effects of percussion are on deeper organs such as deeply situated muscles and arteries, the lungs, the adrenals, the kidneys or pancreas. The effects are also quite pronounced on the skin, subcutaneous and muscular tissues, having about the same effect as compression.

3. PHYSIOLOGIC EFFECTS:

The greatest value of massage is in its action on the circulatory system. The physiologic effects of massage include changes in blood chemistry, including increased urinary excretion of nitrogen and phosphorus.

Success in dealing with sick persons is determined by a number of small matters. Careful attention to many small details will insure success in the application of the simple remedies. Massage is a simple remedy but carefulness and thoroughness will be more likely to achieve success than will years of training and experience without these attributes. Massage does not require some special technique or touch that some people innately have and others lack. Massage increases the number of circulating white and red blood cells and stimulates the immune mechanism independent of its stimulus to the circulation.

4. CONTRAINDICATIONS TO MASSAGE:

The contraindications for administering massage are as follows: a swelling that might be a malignancy, a deep inflammatory process, certain skin diseases, acute febrile diseases, recent phlebitis and thrombosis and the like.

5. BIBLIOGRAPHY

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OLD LIE MADE NEW CAN THE DEAD SPEAK TO US

OLD LIE MADE NEW

"And the serpent said to the woman, Ye shall not surely die: for God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil." Genesis 3:5.

THE DEAD KNOW NOTHING

"For the living know that they shall die: but the dead know not any thing, neither have they any more a reward; for the memory of them is forgotten. Also their love, and their hatred, and their envy, is now perished; neither have they any more a portion for ever in any thing that is done under the sun.

Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, without thou goest." Ecclesiastes 9:5, 6, 10.

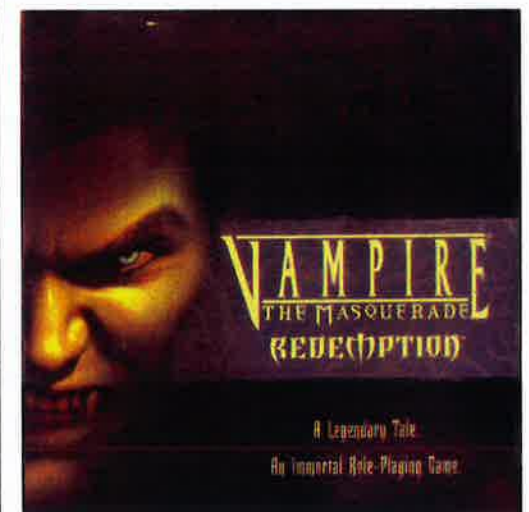
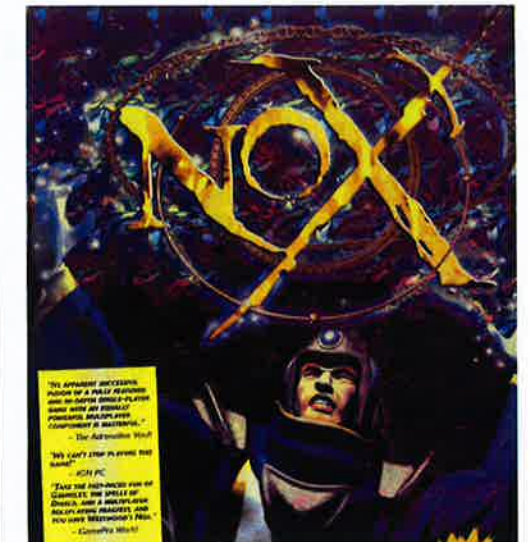
IMMORTALITY WAS PROMISED TO MAN ON CONDITION OF OBEDIENCE

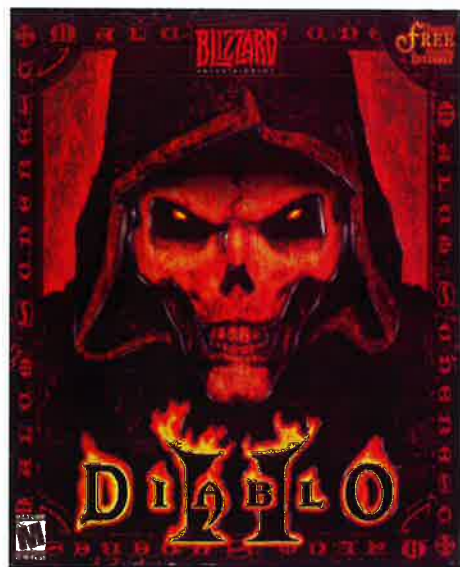
"In the midst of Eden grew the tree of life, whose fruit had the power of perpetuating life. Had Adam remained obedient to God, he would have continued to enjoy free access to this tree and would have lived forever. But when he sinned he was cut from partaking of the tree of life, and he became subject to death. The divine sentence, "Dust thou art, and unto dust shalt thou return," points to the utter destruction of life.

Immortality promised to man on condition of obedience, had been forfeited by transgression. Adam could not transmit to his posterity that which he did not possess; and there could have been no hope for the fallen race had not God, by the sacrifice of His Son, brought immortality within their reach... Only through Christ can immortality be obtained. Jesus said: "He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life. John 3:36.

THE FIRST SERMON EVER PREACHED ON THE IMMORTALITY OF THE SOUL BY

The only one who promised Adam life in disobedience was the great deceiver. And the declaration of the serpent to Eve in Eden -- "Ye shall not surely die" -- was the first sermon ever preached upon the immortality of the soul. Yet this declaration, resting solely upon the authority of Satan, is echoed from the pulpit of Christendom and is received by the majority of mankind as readily as it was received by our first parents."





"Upon the fundamental error of natural immortality rest the doctrine of consciousness in death - a doctrine, like eternal torment, opposed to the teachings of the Scriptures, to the dictates of reason, and to our feelings of humanity."

THE DEAD ARE SLEEPING UNTIL THE RESURRECTION

"The theory of the immortality of the soul was one of those false doctrines that Rome, borrowing from paganism, incorporated into the religion of Christendom... Nowhere in the Sacred Scriptures is found the statement that the righteous go to their reward or the wicked to their punishment at death. The patriarchs and prophets have left no such assurance. Christ and His apostles have given no hint to it. The Bible clearly teaches that the dead do not go immediately to heaven. They are represented as sleeping until the resurrection."

THE WAY FOR MODERN SPIRITUALISM: CONSCIOUSNESS IN DEATH

"Multitudes have come to believe that it is spirits of the dead who are the "ministering spirits, sent forth to minister to them who shall be heirs of salvation." And this notwithstanding the testimony of Scripture to the existence of heavenly angels, and their connection with the history of man, before the death of a human being.

The doctrine of man's consciousness in death, especially the belief that spirits of the dead return to minister to

the living, has prepared the way for modern spiritualism."

FALLEN ANGELS APPEAR AS MESSENGERS FROM THE SPIRIT WORLD

"Here is a channel regarded as sacred, through which Satan works for the accomplishment of his purposes. The fallen angels who do his bidding appear as messengers from the spirit world. While professing to bring the living into communication with the dead, the prince of evil exercises his bewitching influence upon their minds.

He has power to bring before men the appearance of their departed friends. The counterfeit is perfect; the familiar look, the words, the tone, are reproduced with marvelous distinctness. Many are comforted with the assurance that their loved ones are enjoying the bliss of heaven, and without suspicion of danger, they give ear "to seducing spirits, and doctrines of devils."

MASTER-PIECE OF DECEPTION NOT REACHED YET

"Satan has long been preparing for his final effort to deceive the world... Little by little he has prepared the way for his master-piece of deception in the development of spiritualism. He has not yet reached the full accomplishment of his designs; but it will be reached in the last remnant of time." The Great Controversy, p. 532 - 561 (excerpts).

streams becomes stream-like, so as we watch television we inexorably evolve into creatures whose bodies and minds become television-like.

True, if we banned all advertising, that would allay many negative effects of the medium and diminish the power of the huge corporations that are re-creating life in their image.

True, if we banned all broadcast television, leaving only cable systems, that would reduce the effect of the centralization of control. More kinds of people might have access to the medium, but they would still have to submit to the dictates of the technology. As they used the machine, they would find their material and their own consciousness changing to suit the technological form. The people who use television become more like each other, the Indian who learns television is an Indian no longer.

If we reduced the number of broadcast hours per day, or the number of days per week that television is permitted to broadcast, as many countries have, that would surely be an improvement.

If we eliminated all crime shows and other sensational entertainment, it would reveal what an inherently boring medium this is, producing awareness of artificial fixation despite boredom.

If we banned all nature shows or news broadcasts from television, due to the unavoidable and very dangerous distortions and aberrations which are inherent in televising these subjects, then this would leave other, better-qualified media to report them to us. The result would be an increased awareness of far more complex, complete and subtle information.

If we outlawed networks, there would be a new emphasis on local events, bringing us nearer to issues upon which we might have some direct personal effect.

All of these changes in television would be to the good, and worthy of support, but do you believe that they would be any easier to achieve than the outright elimination of the whole technology? Considering how difficult it has been merely to reduce the volume or the kind of advertising that is directed at our children, and considering the overwhelming power of the interests who control communications in this country, we might just as well put our efforts toward trying for the hole in one. It will take no greater amount of organization and it does not suffer the inhibitions of ambiguity.

IMAGINE A WORLD WITHOUT TELL-A-VISION!

IMAGINE A WORLD FREE OF TELEVISION

What is lost because we can no longer flip a switch for instant "entertainment" will be more than offset by human contact, enlivened minds and resurgence of personal investigation and activation.

What is lost because we can no longer see fuzzy and reduced versions of drama or forests will be more than offset by the actual experience of life and environment directly lived, and the resurgence of the human feeling that will accompany this.

What is lost by the unavailability of escape from what may be the painful conditions of many people's lives, might be more than offset by the concrete realization that life has been made painful, more to some than to others, and the desire to do something about this, to attack whatever forces have conspired to make this so.

Once rid of television, our information field would instantly widen to include aspects of life which have been discarded and forgotten. Human beings would rediscover facets of experience that we have permitted to lie dormant.

The nature of political process would surely change, making possible not only more subtle perspectives, but also the possibility of content over style. Political and economic power, now more concentrated than ever before in American history, would surely shift somewhat in the direction of more decentralized, non-capitalistic, community-based structures.

Learning would doubtless reemerge to substitute for brain-washing. Individual knowledge and the collective knowledge of communities of friends and peers would again flower as monolithic, institutional, surrogate knowledge declined.

Overall, chances are excellent that human beings, once outside the cloud of television images, would be happier than they have been of late, once again living in a reality which is less artificial, less imposed, and more responsive to personal action.

How to achieve the elimination of television? You must answer this question for yourselves. It is obvious, however, that the first step is for all of us to purge from our minds the idea that just because television exists, we cannot get rid of it.

experiences the effects produced by the specific energy of that image."

Before Hermes, similar notions were expressed among the Sumerians, the Assyrians and the Babylonians, dating as far back as 4000 B.C. Included among these notions were that there are concrete powers inherent in color and form. If a thing was shaped a certain way, its image was ingested in that form and was retained in the body as a system of energies. Sculptures were thought of essentially as energy organizers. The very sight of them was believed to create states of mind and systems of beliefs. Specific sculptural forms were chosen for the benefit that would accrue from seeing them, or ingesting their image. This would explain the wide variety of what we have since called "gods" or "goddesses" in the form of animals, supernatural creatures, heavenly bodies.

The Hebrews emerging between 3000 and 2000 B.C, won an important political victory by denouncing what they called the "worship of graven images." Some Christians, however, created images of Jesus, a step backward (or forward) toward paganism.

4. IMAGES AFFECT THE NERVOUS SYSTEM

The American physiologist Edmund Jacobson has done studies which show that when a person imagines running, small but measurable amounts of contraction actually take place in the muscles associated with running. The same neurological pathways are excited by imagined running as by actual running. . . .

But anatomists have also been aware of pathways between the cerebral cortex, where images are stored, and the autonomic nervous system which controls the so-called involuntary muscles. The autonomic nervous system controls sweating, blood vessels, expansion and contraction, blood pressure, blushing and goose-bumps, the rate and force of heart contractions, respiratory rate, dryness of mouth, bowel motility and smooth muscle tension.

There are also pathways between the autonomic nervous system and the pituitary and adrenal cortex. The pituitary gland secretes hormones which regulate the rate of secretion of other glands; especially the thyroid, sex and adrenal glands. The adrenal glands secrete steroids, which regulate metabolic processes, and epinephrine, which causes the 'fight or flight' reaction. Through these pathways, an image held in the mind can literally affect every cell in the body. . .

The nervous innervation of voluntary and involuntary muscles is also associated with the physical expression of emotion. When an image or thought is held in the mind, there is

neuronal activity in both hemispheres of the brain. Nerve fibers lead from the cerebral hemisphere to the hypothalamus, which has connections with the autonomic nervous system and the pituitary gland. When a person holds a strong fearful image in the mind's eye, the body responds, via the autonomic nervous system, with a feeling of 'butterflies in the stomach,' a quickened pulse, elevated blood pressure, sweating, goose-bumps and dryness of the mouth. Likewise, when a person holds a strong relaxing image in the mind, the body responds with lowered heart rate, decreased blood pressure and, obviously, all the muscles tend to relax." So the image you carry in your mind can affect your actual physical body and your emotional state.

CONCLUSION: IMPOSSIBLE THOUGHTS

Because eliminating television seems impossible, and personal withdrawal is in some ways not enough, at least at a systematic level, most of us naturally attempt to reform matters. In the case of television we have worked to improve and democratize its output.

But the central argument of this research is that television, for the most part, cannot possibly yield to reform. Its problems are inherent in the technology itself to the same extent that violence is inherent in guns.

No new age of well-meaning television executives can change what the medium does to people who watch it. Its effects on body and mind are inseparable from the viewing experience.

As for the political effects, if we switched from the commercial control of television to, say, governmental control, this would not change the essential political relationships: the unification of experience, the one speaking to the many, the inevitable training in autocracy that these conditions engender. Similarly, no change in programming format from the present violent, antisocial tendencies to the more "prosocial" visions of educators and psychologists will mean much compared with the training in passivity, the destruction of creativity, the dulling of communicative abilities that any extended exposure to television inevitably produces. This is even assuming that the programming could be substantially changed which, as we have seen, is highly doubtful.

No influx of talented directors or writers can offset the technical limits of the medium itself. No matter who is in control, the medium remains confined to its cold, narrow culverts of hyperactive information. Nothing and no one can change this, nor can anyone change how television's technical limits confine awareness. As the person who gazes at

HARRY POTTER WITCHCRAFT CHURCH SERVICE

September 2, 2000 (David W. Cloud, Fundamental Baptist Information Service)

Church of England Vicar Brian Coleman is holding a special "Harry Potter" family service this weekend at the All Saints Church in Surry, England ("Church to Lure Young with Harry Potter," London Sunday Times, Sept. 1, 2000). A banner featuring a serpent will be displayed. The church door will become the gateway to a magical platform at the Hogwarts school of wizardry, which is where Harry Potter was trained in occultism. Coleman will wear a wizard's robe for the service. An 11-year-old boy will play the part of Harry Potter. A special Harry Potter liturgy (order of service) has been created by one of the church members. This has been posted on the Internet for other churches to use, and according to the Sunday Times, other Church of England clergy are interested in it. Coleman argued that "young folk are all very much into Harry Potter; we are using this interest,"

Using witchcraft to win people to Jesus Christ. What an hour of confusion and utter apostasy!

The Harry Potter books which have sold tens of millions of copies worldwide in more than 30 languages, glorify witchcraft. The hero namesake of the books is a young wizard, the son of a murdered wizard and witch. His adoptive parents, who are not witches, are depicted as foolish and cruel; but he escapes to attend the Hogwarts wizard's school, where he learns to cast spells, use chants and crystal balls, ride broomsticks, turn himself into an animal, and perform other occultic rituals. Textbooks at the wizard school have titles like 'The Standard Book of Spells.' The directors of the school are ghosts who died gruesome deaths. One is named Near Headless Nick; he was killed by being struck 45 times in the neck with a blunt axe. There is a "Sorcerer's Stone" that has the power to give immortality. The world of witchcraft is depicted as exciting and desirable. Witches are intelligent and caring; whereas non-witches, called Muggles in the books, are dull and uncaring. Harry Potter and his wizard friends lie, steal, break rules, disobey authority figures, and take revenge.

Harry Potter also makes and uses drug potions including the psychedelic drug thujone, which has been banned in the United States since 1915. The wizards practice Hindu-type meditation "to clear the Inner

Eye." There is swearing and violence. A three-headed dog mangles the leg of a professor; a mysterious figure drinks blood from a unicorn carcass; children are attacked and paralyzed; a dead cat is hang upside down by its tail. There are creatures called Dementors that "suck out people's souls." There are ghosts who haunt bathroom toilets. In the second volume, a monster speaks to Harry through the walls of a castle saying, "Come. . . come to me. . . . Let me rip you. . . . Let me tear you. . . . Let me kill you." When Harry kills the monster, its eyes are punctured and "a sudden shower of dark blood spattered the floor." The fourth volume contains a torture scene and two deaths. The final battle scene "is bloody and frightening. Voldemort's servant must exhume the bones of the Dark lord's father, draw Harry's blood and sacrifice his own hand in order to restore Voldemort's body." In the Harry Potter books, death is described as 'going to bed after a very, very long day' and merely "the next great adventure."

There is no doubt that the Harry Potter books are influencing children. Phyllis Currott, a witch interviewed by ABCNews.com, observed that the books depict wizards and witches as positive. "friendly" and "good"; therefore, the books "might change the way people feel about us." The headmaster at a school in Raleigh, North Carolina, noted: "The throngs that line up to meet Rowlina [to autograph their books] are often teeming with children clad in wizard cloaks and sporting lightning-bolt scars tattooed-temporarily--to their foreheads" (John Murray, "The Trouble with Harry"). The Pagan Federation in England has had to appoint a youth officer just to handle the flood of inquiries from Harry Potter fans.

The female author of Harry Potter, J.K. Rowling, claims that the books are mere harmless fantasy; but the Bible solemnly condemns every form of witchcraft. Occultism is not a game; it is very real and it is rebellion against Almighty God. To fill the minds of children with such things is a great evil. Like Star Wars, the Harry Potter books promote the unscriptural myth that there is both good and evil wizardry. The Bible mentions wizards 11 times, and in every case it is a strong warning. Consider some examples:

"Regard not them that have familiar spirits, neither seek after wizards, to be defiled by them: I am the LORD your God" (Lev. 19:31).

"And the soul that turn after such as have familiar spirits, and after wizards to go a whoring after them, I will even set my face against that soul, and will cut him off from among his people (Lev. 20:6).

"A man also or woman that hath a familiar spirit, or that is a wizard, shall surely be put to death: they shall stone them with stones: their blood shall be upon them" (Lev. 20:27).

"There shall not be found among you anyone that maketh his son or his daughter to pass through the fire, or that useth divination, or an observer of times, or an enchanter, or a witch, Or a charmer, or a consulter with familiar spirits, or a wizard, or a necromancer. For all that do these things are an abomination unto the LORD: and because of these abominations the LORD thy God doth drive them out from before thee" (Deut. 18: 10 -12).

"And when they shall say unto you., Seek unto them that have familiar spirits, and unto wizards that peep, and that mutter: should not a people seek unto their God? for the living to the dead? To the law and to the testimony: if they speak not according to this word, it is because there is no light in them" (Isaiah 8: 19,20).

"And have no fellowship with the unfruitful works of darkness, but rather reprove them" (Ephesians 5:11).

Since the 1960s, Western society has been overrun with occultism. The Beatles and other rock stars led the way in popularizing demonic and idolatrous eastern religions. Movies like Star War have glorified occultic themes. Many current television shows focus on this, including Sabrina, the Teenage Witch; Charmed; and Buffy the Vampire Slayer.

The Bible warns that in the last days men will worship devils and be involved with sorcery. In fact, during the Tribulation, even during the terrible judgments which God will pour out upon this sinful world, men will refuse to repent of these very sins. "And the rest of the men which were not killed by these plagues yet repented not of the works of their hands, that they should not worship devils, and idols of gold, and silver, and brass, and stone, and of wood: which neither can be, nor hear, nor walk: Neither repented they of their murders, nor of their sorceries, nor of their fornication, nor of their thefts" (Revelation 9:20,21).

Many people watch television alone a substantial amount of the time. This eliminates yet another aspect of outer awareness. Even while watching with others, a premium is placed upon quiet. Talking interferes with attention to the set. If you like to look at people while talking, turning your head actually breaks attention. So other people are dimmed out like the light, the sounds, and the rest of the world.

Dimming out your own body is another part of the process. People choose a position for viewing that allows the maximum comfort and least motion, that is, the least awareness of the body because like awareness of external light, sound or other stimuli, awareness of your own body can detract from the focus on the television. Positions are chosen in which arms and legs will not have to be moved. One may shift weight from time to time, or go for a snack, but for most of the experience, the body is quiet.

This dimming out is also true of the internal organs. The heartbeat slows to idle, the pulse rate tends to even out, the brain wave patterns go into a smooth and steady rhythm. Thinking processes are also dimmed.

Overall, while we are watching television, our bodies are in a quieter condition over a longer period of time than in any other of life's non-sleeping experiences. This is true even for the eyes, which are widely presumed to be active during television viewing. In fact, the eyes move less while watching television than in any other experience of daily life. This is particularly so if you sit at a distance from the set or if your set is small. In such cases you take in the entire image without scanning. Even with huge television screens, the eyes do not move as much as they do when seeing a movie, where the very size of the theater screen requires eye and even head movement.

Even when you are working in an office, or reading a book, the eyes move more than they do while watching television. In offices there are always interruptions. While reading, you vary the speed at which you read, go over material and raise your eyes off the page from time to time.

In the wider world outside of the media, the eyes almost never stop moving, searching and scanning. For humans, the eyes are "feelers"; they are one of our major contacts with the world and are forever reaching and studying.

While you are watching television, in addition to the non-movement of the eyeball, there is a parallel freezing of the focusing mechanism. The eye remains at a fixed distance from the object observed for a longer period of time than in any other human experience.

Ordinarily, the process of focusing, defocusing and refocusing engages the eye nonstop all day long, even during sleeping and dreaming. But while you are watching television, no matter what is happening on the screen, however far away the action of the story is supposed to be inside the set, the set itself remains at a fixed distance and requires only an infinitesimal change in focus. The result is to flatten all information into one dimension and to put the viewer in a condition akin to unconscious staring.

However idle the eyes are during television watching, they are positively lively compared to the other senses. Sound is reduced to the extremely narrow ranges of television audio, while smell, taste and touch are eliminated altogether.

3. ARTIFICIAL TOUCH AND HYPERACTIVITY

Images on television are not real. They are not events taking place where the person who views them is sitting. The images are taking place in the television set, which then projects them into the brain of the viewer. Direct response to them would therefore be more than absurd. So whatever stimulation is felt is instantly repressed. Although seeing the images may stimulate the impulse to move, the impulse is cut off. The effect is a kind of sensory tease, to put the case generously. The human starts a process and then stops it, then starts it again, then stops it, vibrating back and forth between those two poles of action and repression, all of it without a purpose in real life.

There is mounting evidence that this back-and-forth action is a major cause of hyperactivity; fast movement without purpose, as though stimulated by electricity. The physical energy that is created by the images, but not used, is physically stored. Then when the set is off, it comes bursting outward in aimless, random, speedy activity. You can see it over and over again with children. They are quiet while watching. Then afterwards they become overactive, irritable and frustrated.

Dr. Matthew Dumont says that television causes hyperactive response. But Australian psychologists Merrelyn and Fred Emery, in their study of television, have gone so far as to absolutely predict that television is directly related to the increase in hyperactivity. In extreme cases the frustration inherent in the TV experience can lead to violent activity, whatever the content of the program. Artificially teased senses require resolution. It is bizarre and frightening, therefore, that many parents use television [video game, video, Internet] as a means of calming hyperactive children. It would be far better to calm them with physical exercise, sports, wrestling, hugging, bathing and a lot of direct attention that gives them wide-ranging sensory and intellectual

If light is also food, then might we not seek it, as plants do? Is this why we look at the moon? Is this why we gaze at fire? Is there an innate longing for light, like a kind of cellular hunger? If so, then Anne Waldman could be right when she writes: "With natural light gone, we seek a surrogate light: television."

Wurtman, professor of endocrinology and metabolism at MIT, also argues in "Scientific American" magazine, that the body can be seriously affected by changes in light spectra. Wurtman's descriptions are very similar to Ott's.

"Since life evolved under the influence of sunlight, it is not surprising that many animals, including man, have developed a variety of physiological responses to the spectral characteristics of solar radiation. The findings already in hand suggest that light has an important influence on human health, and that our exposure to artificial light may have harmful effects of which we are not aware. The solar spectrum is essentially continuous, lacking only certain wavelengths absorbed by elements in the sun's atmosphere, and at midday it has a peak intensity in the blue-green region from 450 to 500 manometers. . .

"The most familiar type of artificial light is the incandescent lamp, which is strongly shifted to the red or long-wave length end of the spectrum. Indeed about 90% of the total emission of an incandescent lamp lies in the infra-red.

"Since the [human] photoreceptors are most sensitive to the yellow-green light of 555 manometers, most fluorescent lamps are designed to concentrate much of their output in that wavelength region. . . since fluorescent lamps are the most widely used light sources in offices, factories, and schools, most people in industrial societies spend many of their waking hours bathed in light whose spectral characteristics differ markedly from those of sunlight,"

Wurtman offered a chart that traced the path of light through the eye showing graphically what Ott had called the "dual function." The light passes through the eye and creates chemical interactions in the pineal gland, the pituitary gland, the hypothalamus, the spinal cord, various nerves as well as the ovaries and the gonads, thereby affecting sexuality and fertility.

"When young rats are kept continuously under light, photoreceptive cells in their retina release neurotransmitters that activate brain neurons; these neurons in turn transmit signals over complex neuroendocrine pathways that reach the anterior pituitary gland where they stimulate the secretion of the

gonadic hormones that accelerate the maturation of the ovaries."

Wurtman indicated that among rats that had their eyes or their pituitary gland removed, ovarian growth was no longer affected by light. He suggests that no one has yet identified which light spectra are the catalysts for ovarian action.

Louise Lacey, in her book *Lunaception*, makes the argument that women's menstrual cycles in pre-technological times were attuned to moonlight. Wurtman, who perhaps had not read the book, was effectively presenting evidence for how this could happen.

Wurtman indicated there are some diseases that are known to be affected by specific light spectra. A skin disease, erythropoietic protoporphyria, is caused by an imbalance reaction to wavelengths in the region of 400 manometers, the region of the color violet.

Herpes infections and psoriasis represent imbalances within a similar range: 365 manometers, ultraviolet. (The treatment for these now combines light-therapy with the ingestion of certain herbs and foods. The light apparently interacts with the food, just as Ott said it would.)

With respect to infant jaundice Wurtman reports: "...Premature American infants were successfully treated with light, the sole therapy for neonatal jaundice. . . blue light is the most effective in decomposing pure solutions of bilirubin, an imbalance of which causes the problem. . . however full spectrum white light in almost any reasonable dosage has proved effective in lowering plasma-bilirubin levels. . . The observation that ordinary sunlight or artificial light sources can drastically alter the plasma level of even one body compound opens a Pandora's box for the student of human biology. It represents the strong possibility that the plasma or tissue levels of many additional compounds are similarly affected by light. Such responses must be physiologically advantageous, but some may not be."

Wurtman also considers the periodicity of light and the mammalian relationship to the light-dark cycle. He says that as we make our days longer with artificial light, there are major changes in the body. He reports relationships between time of day or night and contents of the blood, temperature of the body, sleep and wakefulness, the production of catecholamines, magnesium, sodium, potassium, phosphates and other minerals.

"We have investigated the daily rhythmicity in the body temperature of rats to see what colors of light are most effective

rochemical channels into and through the pineal and pituitary glands and therefore into the animal and human endocrine systems.

Identifying this series of connections is not original with Ott. Many researchers have found that this interaction affects hormonal structures, sexuality, fertility, growth and many other aspects of animal and human cell structure. Ott says the kind of light that passes through the eyes determines the reactions of human cells. His experiments on plants and animals were attempts to demonstrate that even minute changes in wavelength spectra (what we call "color") between one kind of artificial light and another, or between natural light and artificial light, cause important biochemical alterations.

6. LIGHT, HUMAN AND TELEVISION

Considering that human beings had not only moved away from natural light into artificial light, but that now our experience of artificial light is confined for four hours daily on average to television light, it seems obvious that a high level of distortion is underway. Human beings are soaking up far more television light, directed straight into their eyes, than any kind of artificial light that preceded it.

If variations in kind and volume of artificial light can affect humans, then there might be specific effects to be discovered from the enormous amount of television light most people absorb.

If you will inspect your color television screen closely, (we suggest you use a magnifying glass), you will find that your picture emanates from a collection of red, blue and green dots, or lines. As you move away from the screen the colors merge in your eyes to seem like other colors, but the television is emitting only red, blue and green light. These dots are made of phosphorescent metal placed inside the glass. The phosphors glow when the cathode gun shoots electrons at them. This process is barely different from that used in fluorescent lighting. Television is fluorescent.

Dr. Ott says: "We have studied the greens, reds, and blues that come from fluorescent lights, which of course would be very similar [to TV] since both involve the excitation of mineral phosphors. It may not be precisely the same, but I've already proved what can happen with certain phosphorescence, particularly pink. In any event, I am sure they [TV phosphors] have three very narrow wavelength peaks, just as in fluorescent, but how broad the bands are, I just don't know." (A narrow wavelength peak would indicate a very high concentration within one spectral range; this would be suspect because it would more seriously concentrate and distort what the human ingests.)

Ott adds that color television was probably less harmful than black and white because color sets produce wider spectra, although seriously distorting the natural range of sunlight. On the other hand, color sets produce more X rays.

Ott volunteered another concern. He said that there might be a relationship between the light emanations from color television and other fluorescent lights and chemical food additives, causing hyperactivity in children.

"All those artificial colorings have a certain wavelength resonance," says Dr. Ben Feingold of Kaiser Hospital who found that eliminating some of these artificial colorings and flavorings from children's diets reduces their hyperactivity and also their allergic responses. One may want to take his findings and tie them to wavelength peaks of mercury-vapor lights, fluorescent lights and television light, because the heart of the matter could lie in an interaction of wavelength resonance's between the chemicals and the light the body takes in. In television it could depend upon what the spectral peaks are. If they correspond to the wavelength absorption of some of these synthetic materials, then you can get tremendous reactions.

"It is the same with food. Different pigments have different wavelength resonance's, so different food ingredients may resonate with different light ingredients. Let's say you eat a lot of spinach and raisins, both of which contain iron. Iron has a certain wavelength resonance, as do all metals. In fact, all matter interacts with other matter which may be similarly resonating. This is why soldiers will break rank when they walk across a bridge. Too many of them walking in step sets up a wavelength pattern which has been known to resonate with that of the materials of the bridge and the whole thing can collapse. It is the same with food and light. If you eat a little bit of iron or calcium in your food and that wavelength is lacking in the light you get, then you're not going to get any benefit. On the other hand if you find yourself in a peak of light, whether it is television light or any other that reacts to iron, then you would have to watch your quantities, because if you get too much, you get an overreaction. [Allergy, hyperactivity.] It could be too much of one or not enough of the other. Now with sunlight, you do not have those kinds of peaks. I'm sure that one way or the other your diet of both food and light is responsible for a lot of different physical reactions that we have not been able to measure yet."

7. SEEKING THE LIGHT

We know that humans seek food. A lot of life is spent in this process. We can say that seeking food is instinctive in all humans. Even babies know how to do it, within their limits.

stimulation. Changes in diet would also help. The worst thing one can do for a hyperactive child is to put him or her in front of a television set. Television activates the child at the same time that it cuts the child (or adult) off from real sensory stimulation and the opportunity for resolution.

4. TELEVISION IS SENSORY DEPRAVATION

A parallel has been drawn previously between modern life and conditions of sensory deprivation. Artificial environments themselves reduce and narrow sensory experience to fit their own new confined reality. The effect and purpose of this narrowing is to increase awareness and focus upon the work, commodities, entertainment, spectacles and other drugs that society uses to keep us within its boundaries.

We know that it is an accepted truth about sensory-deprivation conditions that subjects have no recourse but to focus on the images in their brain. And we know that in sensory-deprivation conditions, having no resources aside from mental images, the subject is unusually susceptible to suggestion.

When you are watching TV, you are experiencing mental images. As distinguished from most sense-deprivation experiments these mental images are not yours. They are someone else's. Because the rest of your capacities have been subdued and the rest of the world dimmed, these images are likely to have an extraordinary degree of influence. Are we saying this is brainwashing or hypnosis or mind-zapping or something like it? Well, there is no question but that someone is speaking into your mind and wants you to do something.

- First, keep watching.
- Second, carry the images around in your head.
- Third, buy something.
- Fourth, tune in tomorrow.

III. THE INGESTION OF ARTIFICIAL LIGHT

1. FROM Starlight TO TELEVISION

When you are watching television the major thing you are doing is looking at light. The philosopher John Brockman was the first person to put it that way, remarking that this in itself represents an enormous change in human experience. For four hours a day, human beings sit in dark rooms, their bodies stilled, gazing at light. Nothing like this has ever happened before.

Previous generations looked at starlight, firelight and moonlight, and there is no doubt that these experiences stir important feelings. There are cultures that spent time gazing at the sun, but there is no culture in all of history that has spent

such enormous blocks of time, all of the people together, every day, sitting in dark rooms looking at artificial light.

2. HOW TELEVISION WORKS: THE OLD AND THE NEW

Television light is purposeful directed rather than ambient. It is projected into our eyes from behind the screen by cathode-ray guns which are literally aimed at us. These guns are powered by 25,000 volts in the case of color television, and about 15,000 volts in black-and-white sets.

The guns shoot electron streams at phosphors on the screen. This makes the phosphors glow, and their light projects from the screen into our eyes. It is not quite accurate to say that when we watch television we are looking at light; it is more accurate to say that light is projected into us. We are receiving light through our eyes into our bodies, far enough in to affect our endocrine system. Some physicists say that the eye does not distinguish between ambient light, which has reflected off other surfaces, and directed light, which comes straight at the eye, undeterred, but others think the difference is important.

There is another hot debate in physics on the question of whether light is particulate matter or wave energy. For our purposes, however, what needs to be appreciated is that, whether light is matter or energy, it is a thing which is entering us. When you are watching television, you are experiencing something like lines of energy passing from cathode gun to phosphor through your eyes into your body. You are as connected to the television set as your arm would be to the electrical current in the wall about which there is the same question of wave versus particle if you had stuck a knife into the socket.

These are not metaphors. There is a concentrated passage of energy from machine to you, and none in the reverse. In this sense, the machine is literally dominant, and you are passive.

3. HEALTH AND LIFE

In the 70's, John Ott was a major source for government agencies seeking evidence of the effects of X ray radiation emanating from television sets. He had been instrumental in convincing lawmakers to reduce the allowable limits of TV X rays. There was a time when fifty millirems per hour was permissible, but it was reduced to one one-hundredth of that, one half a millirem per hour. Ott still argued that even that was too high. In one celebrated series of studies, the roots of bean plants he placed in front of color television sets grew upward out of the soil. Another set of plants became monstrously large and distorted. Mice which were similarly placed developed cancerous lesions. Ott argued that any

HISTORY OF TV- Info available from Circuit City Stores, Inc., 2002

How television works: Analog to Digital

Since 1953, the television pictures we see have been created using a standard called NTSC because it was established by the National Television Standards Committee. Using these signals, which many now refer to as analog to distinguish them from digital TV signals, the process for creating a color television picture goes something like this.

Creating a picture is the job of the chassis, or circuit board, and the picture tube. Once the chassis receives the video signal from a broadcast, VCR, or others, it amplifies and then processes separately the black and white (luminance) and color (chrominance) components of a color TV signal. The better job the chassis does processing these signals separately, the better the signal that is provided to the tube. Once the chassis is finished, the signal is sent along to the picture tube.

The electron gun at the back of the picture tube begins scanning back and forth from the top to the bottom of the screen it hits thousands of little red, green, and blue phosphorous dots called pixels through a perforated sheet of metal called a shadow mask. Amazingly, using only these three colors, these little glowing dots of color create a full color picture. Because all this is happening at the incredible rate of 30 complete frames every second, we perceive what we see to be full motion images rather than what it is: quickly changing still pictures made up of hundreds of lines and thousands of little dots.

This technology has been in action for almost half a century and now TV joins the digital era. Surprisingly, much of how analog TVs work holds true for digital TVs as well. But digital TVs differ from their analog counterparts in three major ways: format of the signals, the number of pixels, and how they are able to "paint" a picture.

Compared to analog TV signals, which contain 525 lines of information, digital signals can be made up of as many as 1080 lines of information.

Instead of the approximately 200,000 pixels you would find in an analog TV, some digital TVs create pictures using as many as 2 million little dots of color.

And while all analog signals create pictures using a process called interlace scanning, digital signals can dictate that a picture be created using either interlace or progressive scanning, the latter of which gives the picture a smooth, glassy look. If you've ever wondered why the picture on your computer monitor looks so good, you've already seen progressive scan in action.

Pixels

Pixels is short for "picture elements" and they are the little dots of color that make up a TV picture. In fact, one really close look at a picture in a newspaper or magazine will show you how enough dots can create a picture. Of course, there is a pretty big difference between the picture quality of a picture in a magazine and a color picture in a newspaper. One of the reasons for this is the number of dots that make up the picture. You have to look pretty closely at a magazine picture to see that it's made up of tiny dots, but the dots in a newspaper picture are much more obvious - in part because there are fewer of them. The point of this little experiment is that the more dots (or pixels on a TV screen) that make up the picture, the clearer and sharper the image.

The current traditional TVs make a picture using up to 200,000 pixels. That's a lot of little dots, but this is one of those rare instances where more is just plain better - widescreen HDTVs and HDTV monitors have up to 2 million. Those extra pixels are capable of creating a picture that's ten times sharper than any TV picture you've ever seen. If you think of traditional TVs as being a newspaper picture, and HDTVs and monitors as a photograph in a magazine, you'll have a pretty good idea of how they compare.

amount of X ray emanation from television was likely to be harmful to humans.

In his book "Health and Light", Ott devotes himself less to discussing X rays than he does to discussing a more subtle danger in our environment, artificial light, particularly fluorescent. In this case, his research is not directed specifically at television light but since television is fluorescent, the work is directly applicable.

While doing his time-lapse photographic work on plants, Ott made his first discoveries concerning interactions between the plants and the lights he was using for the photography. He noticed that when he changed from incandescent lighting to fluorescent, for example, plants would suddenly cease to grow in one pattern and grew in another. His time-lapse photography was able to record the change.

Also, as he changed from one fluorescent to another, similar peculiarities would appear on the film. Differences also occurred when the plants were moved from all artificial light-sources into natural light.

Ott became interested less in the photography than in these changes. He began to change the lights deliberately to see what would happen. Then he undertook microscopic photography of the plant cells to learn if it was possible to see the changes in cellular activity.

The cellular action of plants is called "the streaming of the chloroplasts." Through a microscope one can see the millions of cells moving about in an orderly pattern, resembling in some ways a traffic flow. Ott discovered that when plants were kept in sunlight, the chloroplasts would continue in their regular pattern. When the light had to pass through ordinary window glass, groups of chloroplasts would begin to "fall off the streaming pattern." Under artificial lighting, the behavior of the chloroplasts altered markedly. As Ott changed the light from incandescent to fluorescent, or from one color of fluorescent to another, the chloroplasts might move faster or more slowly, group sluggishly, or they might leap about crazily, completely out of synchrony with the prior pattern.

The results were so marked that Ott began to wonder if similar cell changes could be found among laboratory animals when they were switched from one light source to another. The science of photo-biology has discovered that humans and animals, which are made up of virtually the same chemical mixture as plants (save for chlorophyll), also react to light in various ways. We receive light through the cells of our skin, but more remarkably, we receive light through our

eyes and absorb it into our cell structure. Ott was interested in determining what effect changes in light might have on a particular strain of cancer-sensitive laboratory rat; he wanted to know if differences in cancer rates resulted from differences in light sources.

They did. Pink fluorescent produced the highest rates of cancer in rats; natural daylight the lowest. In one experiment involving three hundred cancer-sensitive mice, these were the results:

LIGHT SOURCE SURVIVAL RATE

ordinary daylight 97%
all fluorescent 88%
white fluorescent 94%
pink fluorescent 61 %

In another experiment involving two thousand mice, he found that those kept under pink fluorescent developed tumors and died, on the average, within seven and a half months. Those kept under other light sources had an average life span double that of the first group.

Cancer wasn't the only reaction to artificial light. When mice were kept under one particular pink fluorescent for long periods of time, their tails would literally wither and fall off.

Under a certain dark blue fluorescent, the cholesterol level in the blood of the mice rose sharply; male mice became obese, although the females did not.

Ott worked with other animals as well. A red filter placed over ordinary incandescent light was found to weaken and rupture the heart cells of chick embryos. A blue incandescent light placed over the cages of chinchillas increased the number of females in the litter; a similar light increased the female population of some fish in a tank.

Other light changes caused aggressiveness, hyperactive behavior, aimlessness and disorientation, as well as changes in sexual patterns among mice, rats and other animals.

In his book, and in a later three-part article in the medical journal "Eye, Ear, Nose and Throat Monthly" (July 1974), Ott spelled out how he believes light affects us. He first explains the connection between the light we receive in our eyes and our cell structure. This is the chain of events: Light passes through the eye to contact the retina. The retina has what Ott calls a "dual function." The first is the obvious one: translating the light into images by way of channels to the brain. The second, equally important function is for the light rays, aside from their role as image creators, to pass via neu-