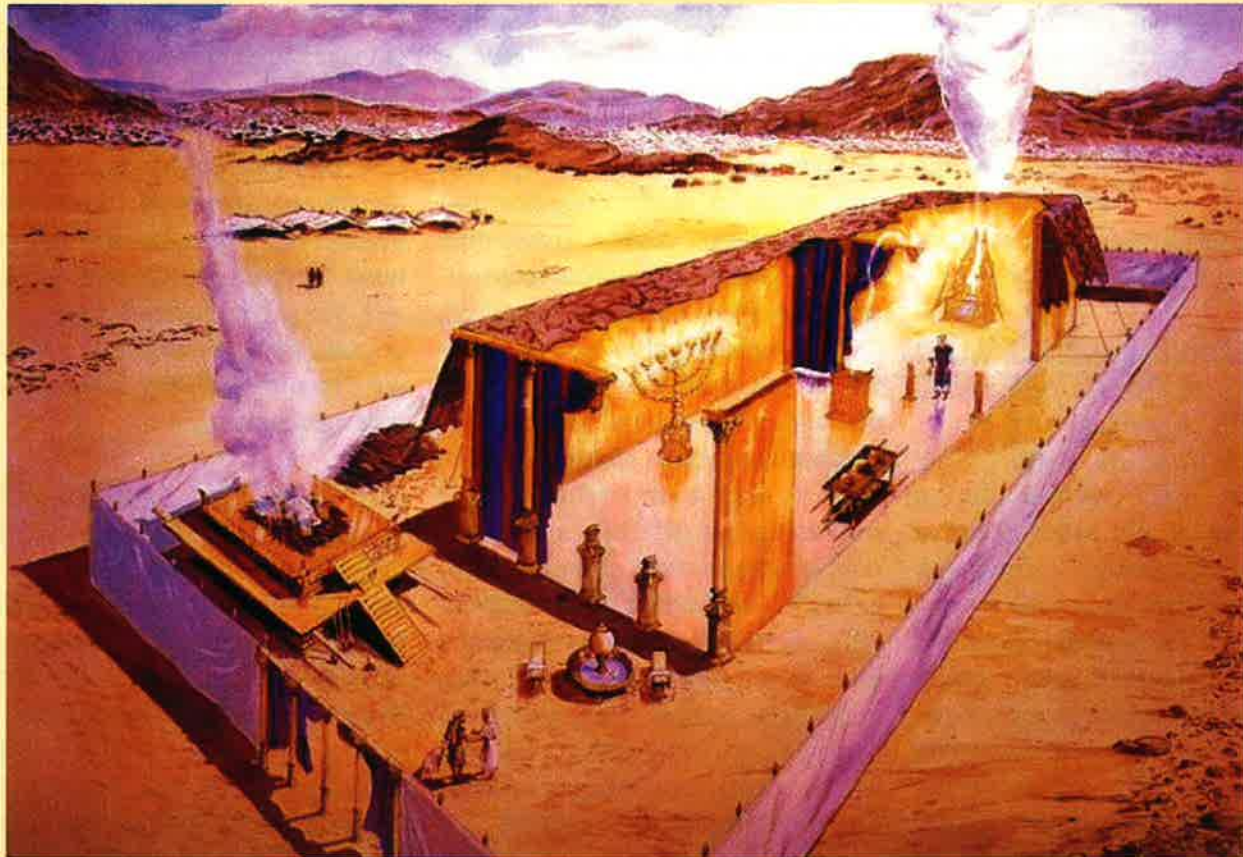


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**“Go...and teach...” Matthew 28:19**

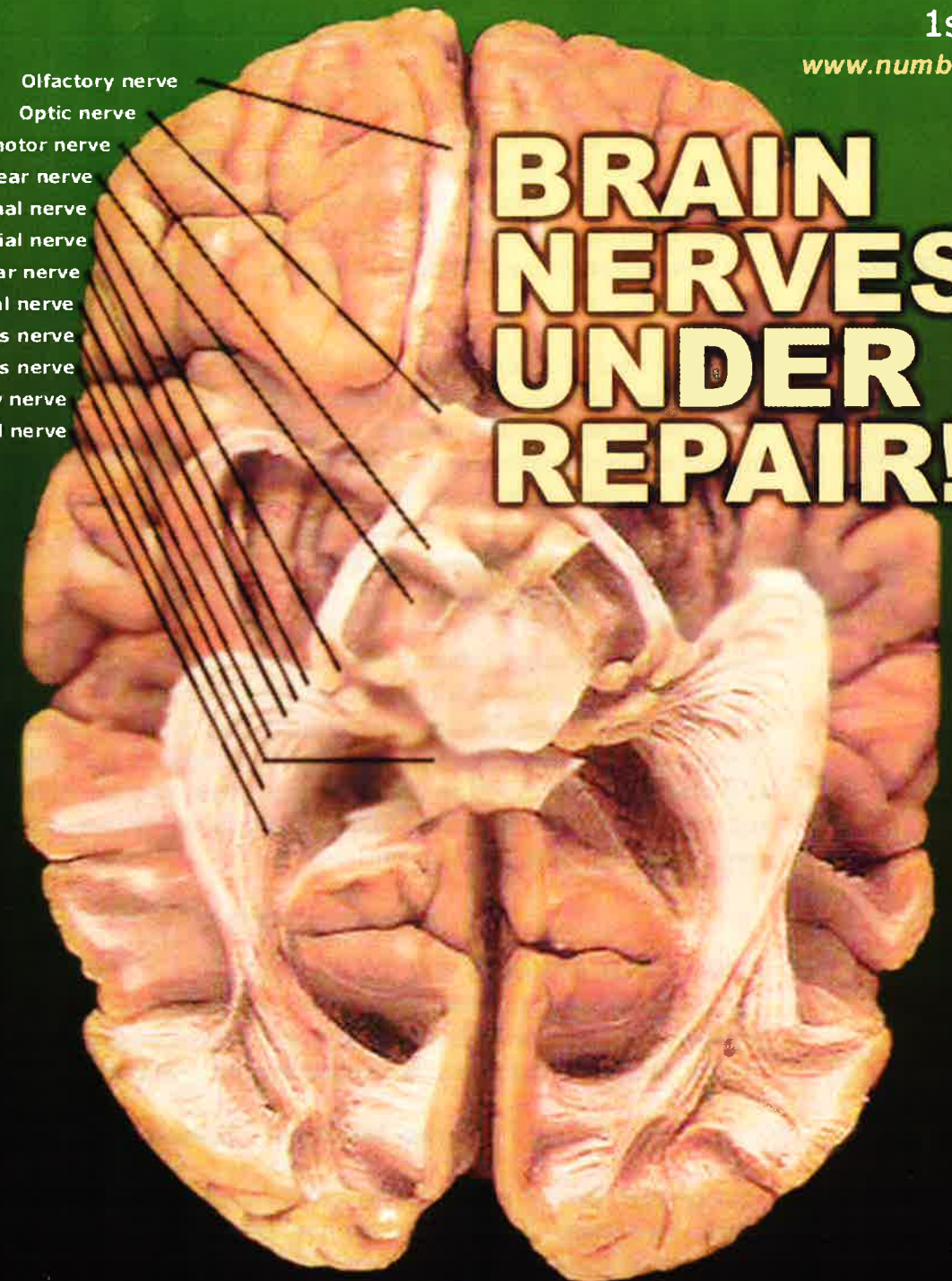
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Volume 3 of 5  
1st Edition

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Olfactory nerve  
Optic nerve  
Oculomotor nerve  
Trochlear nerve  
Trigeminal nerve  
Facial nerve  
Vestibulocochlear nerve  
Glossopharyngeal nerve  
Vagus nerve  
Abducens nerve  
Accessory nerve  
Hypoglossal nerve

## BRAIN NERVES UNDER REPAIR!



**“The mighty energies of the Holy Spirit, with all their quickening, recuperative, and transforming power, may fall like an electric shock on the palsy-stricken soul, causing every nerve to thrill with new life, restoring the whole man from his dead, earthly, sensual state to spiritual soundness.” Testimonies, Vol. 5 p. 267**

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## MAKING THE CONNECTION

“I wish to tell you that soon there will be no work done in ministerial lines but medical missionary work...”

The world needs today what it needed (two thousand) years ago - a revelation of Jesus Christ. A great work of reform is demanded, and it is only through the grace of Christ that the work of restoration, physical, mental and spiritual, can be accomplished. Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, “Follow me.”

There is a need of coming close to the people by personal effort. If less time were given to sermonizing, and more time were spent in personal ministry, greater results would be seen. The poor are to be relieved, the sick cared for, the sorrowing and bereaved comforted, the ignorant instructed, the inexperienced counseled. We are to weep with those that weep, and rejoice with those that rejoice. Accompanied by the power of persuasion, the power of prayer, the power of the love of God, this work will not, cannot, be without fruit.”  
Ministry of Healing 143, 144

“As religious aggression subverts the liberties of our nation, those who would stand for freedom of conscience will be placed in unfavorable positions. For their own sake, they should, while they have opportunity, become intelligent in regards to disease, its causes, prevention, and cure. And those who do this will find a field of labor anywhere. There will be sufferings ones, plenty of them, who will need help, not only among those of our own faith, but largely among those who know not the truth.” Counsels on Health 506, 535

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### School Preparing Intelligent Educated Survivors

“Independent men of earnest endeavor are needed, not men as impressible as putty... Men whom God will connect with His work are not limp and fiberless, without muscle or moral force of character. It is only by continued and persevering labor that men can be disciplined to bear a part in the work of God.”  
The Publishing Ministry, 81

**GOSPEL  
Medical Missionary  
Evangelism**

OCCUPY TILL I COME  
(TRAINING)

- LITERATURE EVANGELISM
- LAY EVANGELISM
- LIFESTYLE EDUCATOR
- SPREAD THE WORD
- TEACH THE WORD
- LIVE THE WORD

To prepare a People for the Coming of the LORD

PLAN A: HOME SETTING LIFESTYLE PROGRAM

Prepare Homes in the Country for the People coming out of the Cities-under THE SUNDAY LAW.

**TEACH THEM**

- COUNTRY LIVING
- SELF SUFFICIENCY
- HELP OTHERS
- Gardening
- Small Industries

PLAN B: RELIGIOUS LIBERTY

How to give an answer to those who ask a reason for our faith.

which, from being very low at the time of menstruation, gradually increase to reach maximum levels at ovulation. The shedding/repairing process requires seven days in healthy women: four days for blood flow, three for rebuilding. On the eighth day, the endometrium has been totally restored and once again enters the proliferative phase.

### INTERCOURSE PROHIBITED DURING MENSTRUATION (7 DAYS ABSTINENCE)

The prohibition on men having intercourse with women during menstruation is not some taboo or negative categorical command. Ignoring this ban may cause various disorders in the woman, including sterility. As we have seen, vessels rupture during menstruation allowing the woman's blood to come into contact with a foreign substance: her partner's sperm. She may produce sperm antibodies, resulting in intractable and very often irreversible sterility. The sperm passes into the blood, causing a defensive reaction on the part of the host system and the secretion of antibodies not only in the cervix but throughout the body as a whole.

### INTERCOURSE DURING MENSTRUATION, HIGH RISK OF CONTAMINATION

Menstrual flow changes the vaginal pH, which is normally very acid (around 4). Acidity is maintained by the fact that glycogen, deposited in the upper cell layers by the action of estrogens, converts to lactic acid. The acidity forms a physiological barrier against pathogens which can readily invade the feminine genital system because the vaginal opening provides easy access. If the barrier is

breached - and it is every time menstruation takes place, because menstrual blood alkalizes the vagina - pathogens responsible for genital infections can propagate within the uterus and fallopian tubes, reaching as far as the peritoneal cavity. This will result in acute complications and, in many cases, irreversible sterility. Intercourse during menstruation therefore carries a very high risk of contamination by a sexually transmissible disease. It is estimated that when the vaginal pH changes and becomes more alkaline - which happens with birth control pills as well as during menses - a woman's risk of contracting gonorrhea, for example, can climb from 30% to 90% after just one sexual encounter with an infected man. Today, when gonorrhea, herpes and AIDS are becoming endemic rather than epidemic, intercourse during menstruation is nothing short of suicidal.

### ENDOMETRIOSIS IS A DISORDER OF THE UTERUS

Endometriosis is a disorder in which uterine mucous membrane is transported outside the uterine cavity. “Ectopic” endometrial tissue is usually detected in the genital tract, ovaries and tubes, although it can also migrate to the bladder, rectum, intestines, appendix, etc. The tissue is subject to the same hormonal influence as the endometrium during the cycle, and will also bleed during menses. Pain and uterine hemorrhaging, fever, sterility and pelvic swelling will be experienced. Endometriosis also causes neurological problems, with pain referring to the lower back, legs and feet, as a result of uterine tissue implanted on the lumbosacral plexus.

Today, it is considered that the most likely cause of this disorder, which affects 25 to 30% of women, is sexual excitation during menstruation. Whether caused by intercourse, masturbation or erotic thoughts, the flow of menstrual blood and uterine debris is stemmed, creating a reverse flow through the fallopian tubes to reach the ovaries and spill into the pelvic cavity because, after orgasm, there is a negative intrauterine pressure that may induce a suction mechanism.

### MANDATORY ABSTINENCE DURING MENSTRUATION AND POSTPARTUM PERIOD

The rule of abstaining from sexual relations during menstruation should obviously also apply during the postpartum period, when the genital organs have to revert to their pre-pregnancy status, lactation has to start and the mother must regain her physical and emotional stamina.”

**Excerpts: Principles of Anatomy and Physiology, Harper Collins Publishers**

**Excerpts: Menopause A New Approach, Danièle Starenkyj, Orion Publications Inc. 1-819-848-2888**

“Be fruitful and multiply”  
Genesis 1:28.

**OBEY AND LIVE,  
DISOBEY AND DIE**

## WOMEN'S MENSTRUAL FLOW

"The vagina serves as a passageway for spermatozoa and the menstrual flow. It is also the receptacle for the penis during coitus, or sexual intercourse, and the lower portion of the birth canal... The mucosa of the vagina contains large amount of glycogen, which upon decomposition produces organic acids. These acids create a low pH environment that retards microbial growth. However, the acidity is also injurious to sperm cells. Semen neutralizes the acidity of the vagina to ensure survival of the sperm." Principles of Anatomy and Physiology, 905, 906.

## ABSTINENCE FOR SEVEN DAYS DURING MENSTRUAL PERIOD

"For Mediterranean women {whether Jewish, Arab or Christian}, the normal lack of menstruation protects her from a whole array of related ills, and her scrupulous respect of rules of hygiene when they do occur allows her to avoid another series of painful complaints, which have unfortunately become more and more common since the liberated women of our civilization have found themselves increasingly obliged to be "full-time" sexual partners.

For Mediterranean women, menstrual periods last seven days, during which they abstain completely from sexual relations. In actual fact, this statement is not totally accurate and the nuance deserves our close attention. It is the Mediterranean man who will abstain from intercourse with his wife during this period. Their religious code stipu-

lates that it is the man who must not approach a woman while she is unclean to discover her nakedness. It is the man who is responsible for respecting his wife's privacy during this time and, to paraphrase the prophet Ezekiel, a man who is 'just and does that which is lawful and right' does not "come near to a menstruous woman."

Several scientific authorities of our time have studied the principles of hygiene codified by Moses in the Pentateuch and assert that they form part of preventive medicine "in harmony with the most modern tenets

"In seeking to cast contempt upon the divine statutes, Satan has perverted the doctrines of the Bible, and errors have been incorporated into the faith of thousands who profess to believe the Scriptures. The last great conflict between truth and error is but the final struggle of the long standing controversy concerning the law of God. Upon this battle we are now entering - a battle between the laws of men and the precepts of Jehovah, between the religion of the Bible and the religion of fable and tradition." **The Great Controversy, p. 582**

of medicine. The prohibition on intercourse during menstruation, which is considered to be seven full days, is a very important factor in preventing female sterility, the transmission of infection and therefore cervical cancer, endometriosis, etc."

## WHAT MENSTRUATION REPRESENTS

Few women or men know exactly what menstruation represents, its mechanism and what occurs in the uterus at that point. Since they unfortunately do not know, they do not see why they should not enjoy each other for several days a month, especially when there is a wide-

spread belief that it is "safe" to do so - i.e. there is no danger of pregnancy and therefore no need to take the usual contraceptive precautions. Indeed, this preconceived idea and freedom cause some couples to experience overwhelming sexual desire at this specific time. Since desire has become the yardstick of their morality - I want it, therefore it's OK - they consider the increase in libido to be proof that their need is legitimate: it has to be satisfied or they will become frustrated. Menstruation is the flow of blood from the uterus, resulting in a loss of approximately 100 cubic centimeters of blood/mucous matter and cell debris caused by uterine and vaginal shedding.

## PROCESS OF ELIMINATION OF UTERINE NEST

The liquidation or elimination of the uterine nest is a violent process, because the top layer of the uterine mucosa is "stripped," and the rupture of the arteries causes bleeding.

One after another, arterioles (small arteries) become de-constricted and, since the mucous membrane is necrotized (the cells are dead), small hemorrhages take place in the area of each artery. Tiny local hematoma (0.5 to 2 mm in diameter) break, releasing dark red blood. Each hemorrhage only lasts about 90 minutes but, when bleeding stops in one area of the endometrium, it starts again at a neighboring site. Uterine bleeding is therefore regional rather than generalized. It is a slow process, and lasts several days, usually four. Once the flow has stopped, the mucous membrane repairs itself. It has to thicken once again. This is done through the action of estrogens

## Brain Nerves

# UNDER REPAIR

## Part 1 of 2

## Seven Solutions to Renew the Connection with His Designer:

### 1st SOLUTION:

**Our Advocate chose to accept a fallen human nature but not its perversion of character: He was affected by sin but never was He infected by it.**

"For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin." Hebrews 4:15

"But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death." James 1: 4, 5.

### TEMPTATION IS NOT SIN

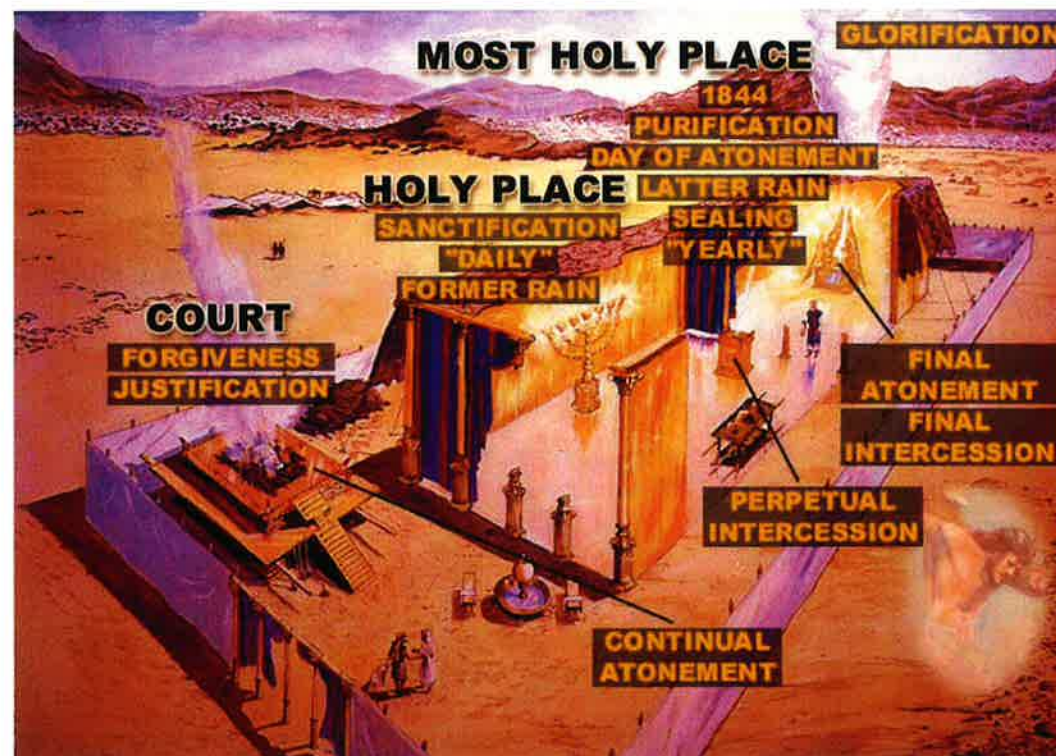
"Temptation is not sin. Jesus was holy and pure; yet He was tempted in all points as we are, but with a strength and power that man will never be called upon to endure." Testimonies Vol. 5, p. 426.

**THE FLESH: LOWER CENTRE OF THE BRAIN - PASSION, DESIRE, APPETITE CANNOT ACT CONTRARY TO THE WILL OF GOD: NEEDS THE MIND TO ACT**

"The lower passions have their seat in the body, and work through it. The words "flesh" or "fleshly" or "carnal lusts" embrace the lower corrupt nature; the flesh of itself cannot act contrary to the will of God." In Heavenly Places, p.198.

### THE ONLY DEFINITION OF SIN?

"Sin is the transgression of the law. This is the only definition of sin." Bible Commentary, Vol. 7, p. 351.



"Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?"

1 Corinthians 3:16

## DEFINITION OF KNOWLEDGE OF GOOD AND KNOWLEDGE OF EVIL

"Where once was written only the character of God, the knowledge of good, was now written also the character of Satan, the knowledge of evil." Education, p. 26.

## CHRIST RENDERED OBEDIENCE TO GOD AND OVERCAME AS WE CAN

"We need not place the obedience of Christ by itself as something for which he was particularly adapted, because of his divine nature; for he stood before God as man's representative, and was tempted as man's substitute and surety. If Christ had a special power which it is not the privilege of a man to have, Satan would have made capital of this matter. But the work of Christ was to take from Satan his control of man, and he could do this only in a straightforward way. He came as a man, to be tempted as a man, rendering the obedience of a man. Christ rendered obedience to God, and overcame as humanity overcome. We are led to make wrong conclusions because of erroneous views of the nature of our Lord. To attribute to his nature a power that it is not possible for man to have in his conflicts with Satan, is to destroy the completeness of his humanity." Sign of the Times, April 10, 1893.

## CHRIST WAS TEMPTED MORE THAN WE ARE BUT NEVER CONSENTED

"The prince of this world cometh," said Jesus, "and hath nothing in Me." John 14:30. There was in Him nothing

that responded to Satan's sophistry. He did not consent to sin. Not even by a thought did He yield to temptation. So it may be with us. Christ's humanity was united with divinity; He was fitted for the conflict by the indwelling of the Holy Spirit. And He came to make us partakers of the divine nature. So long as we are united to Him by faith, sin has no more dominion over us. God reaches for the hand of faith in us to direct it to lay fast hold upon the divinity of Christ, that we may attain to perfection of character." Desire of Ages, p. 123.

## CHRIST SHOWED US HOW HE OVERCAME: BY THE WORD OF GOD

"And how this is accomplished, Christ has shown us. By what means did He overcome in the conflict with Satan? By the word of God. Only by the word could He resist temptation. "It is written," He said. And unto us are given "exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust." 2 Peter 1:4. Every promise in God's word is ours. "By every word that proceedeth out of the mouth of God" are we to live. When assailed by temptation, look not to circumstances or to the weakness of self, but to the power of the word. All its strength is yours. "Thy word," says the psalmist, "have I hid in mine heart, that I might not sin against Thee." "By the word of Thy lips I have kept me from the paths of the destroyer." Ps. 119:11; 17:4.

## **Christ Possessed Two Natures: Outward and Inward Nature**

### **Perfect Inward Spiritual Nature: Sinless Character**

1. His spiritual nature was free from every taint of sin. ST Dec. 9, 1897
2. We should have no misgivings in regard to the perfect sinlessness of the human nature of Christ. 1SM 256
3. Not possessing the passions of our human, fallen nature. 2T 508

### **Outward Nature: Passion, Appetite, Desire (Sinful Flesh)**

1. Took fallen, suffering human nature, degraded and defiled by sin. 4BC 1147
  2. Took upon Him our sinful nature. RH Dec. 15, 1896
  3. Though He had all the strength of passion of humanity, never did He yield. IHP 155
- He realized the strength of indulged appetite and of unholy passion. 1SM 271

# NONE OF THESE DISEASES AMONG US

## **Laws of Uncleanness of Men and Women**

**Leviticus 15:1-3** "And the LORD spoke unto Moses and to Aaron, saying, "Speak unto the children of Israel, and say unto them, 'When any man hath a running issue out of his flesh, because of his issue he is unclean. And this shall be his uncleanness in his issue: whether his flesh run with his issue or his flesh be stopped from running with his issue, it is his uncleanness.'"

**Leviticus 15:16** "And if any man's seed of copulation go out from him, then he shall wash all his flesh in water and be unclean until the evening."

**Leviticus 15:17** "And every garment and every skin whereon is the seed of copulation, shall be washed with water and be unclean until the evening."

**Leviticus 15:18** "The woman also with whom a man shall lie with seed of copulation, they shall both bathe themselves in water and be unclean until the evening."

**Leviticus 15:31** "Thus shall ye separate the children of Israel from their uncleanness, that they die not in their uncleanness when they defile My tabernacle that is among them."

**Leviticus 15:33** "This is the law of him that hath an issue, and of him whose seed goeth from him and is defiled therewith."

**Matthew 9: 20 - 23** "And behold, a woman who was diseased with an issue of blood for twelve years came up behind Him and touched the hem of His garment; for she said to herself, "If I may but touch His garment, I shall be whole." But Jesus turned about, and when He saw her, He said, "Daughter, be of good comfort; thy faith hath made thee whole." And the woman was made whole from that hour."

## **MALE SEMINAL FLUID**

"Reproduction is the mechanism by which the thread of life is sustained. In one sense, reproduction is the process by which a single cell duplicates its genetic material, allowing an organism to grow and repair itself; thus, reproduction maintains the life of the individual. But reproduction is also the process by which genetic material is passed from generation to generation. In this regard, reproduction maintains the continuation of the species

The male seminal fluid is a mixture of sperm and secretion of the seminal vesicles, prostate gland, and bulbourethral glands. The average volume of semen for each ejaculation range is 2.5 to 5 ml, and the average range of spermatozoa ejaculated is 50 to 150 million/ml. When the

number of spermatozoa falls below 20 million/ml, the male is likely to be infertile...

Semen has a slightly alkaline pH of 7.20 to 7.60. The prostatic secretion gives semen a milky appearance and fluids from the seminal vesicles and bulbourethral glands give it a mucoid consistency {mucus like}. Semen provides spermatozoa with a transportation medium and nutrients. It neutralizes the acid environment of the male urethra and the female vagina. It also contains enzymes that activate sperm after ejaculation." Principles of Anatomy and Physiology, 879.

## **SEMINAL FLUID CONTAINS AN ANTIBIOTIC**

"Semen contains an antibiotic, seminalplasmin, that has the ability to destroy a number of bacteria. Since both semen and the lower female reproductive tract contain bacteria, the antibiotic activity of seminalplasmin may keep these bacteria under control to help ensure fertilization.

Once ejaculated into the vagina liquid semen coagulates rapidly because of a clotting enzyme produced by the prostate gland that acts on a substance produced by the seminal vesicle. This clot liquefies in about 5 to 20 minutes because of another enzyme produced by the prostate gland. Abnormal or delayed liquefaction of coagulated semen may cause complete or partial immobilization of spermatozoa, thus inhibiting their movement through the cervix of the uterus." Principles of Anatomy and Physiology, 890, 891.

“And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible.” 1 Corinthians 9:25.

### **5th Law: Water**

#### BENEFITS:

1. Cleanses tissues
2. Aids circulatory system
3. Transports nutrients and wastes
4. Increases elimination of the mucous membrane of the intestinal tract which is an important organ of secretion
5. Cleanses blood; aids waste and repair
6. Many diseases of mankind would not exist if people drank adequate amount of water

#### QUANTITY:

1. Drink 1 hour before and after meals; otherwise it may affect the digestion
2. Drink 2-3 quarts daily
3. Room temperature is the best - not too cold, not too hot

#### CONCERN:

1. More than 3 weeks without water leads to death (>20% body loss)
2. Not enough water causes toxins and diseases to accumulate and develop within the body
3. Cold water tends to slow down the emptying time of the digestive track

#### SPIRITUAL ANALOGUE:

Born of water and of the Holy Spirit

“Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.” John 3: 5.

### **6th Law: Air**

#### BENEFITS:

1. Helps fill lungs with oxygen and purify the blood
2. Trillions of cells need air to remain healthy
3. Negatively charged ions in open air good for the body and brain
4. Purifies, destroys or renders inactive bacteria, viruses and other harmful substances

#### QUANTITY:

1. Plenty of fresh country air is the best
2. Essential for life
3. Breathe deeply (diaphragm out when inhaling through the nose; diaphragm in when exhaling through the mouth)

#### CONCERN:

1. Insufficient air can affect the brain and all parts of the body
2. Heavily polluted air impairs health

3. After 4 minutes without, death occurs (brain damage)

#### SPIRITUAL ANALOGUE:

Prayer

“Let every thing that hath breath praise the LORD. Praise ye the LORD.” Psalm 150: 6.

### **7th Law: Rest**

#### BENEFITS:

1. Decreases muscle tension
2. Increases natural hormones which act as a tranquilizer

#### QUANTITY:

1. 7 to 8 hours of sleep is recommended
2. Optimum hours include 9:00-12:00 p.m.
3. Have regular hours for bedtime

#### CONCERN:

1. Plenty of fresh air must circulate in the bedroom
2. Sleeping too soon after eating (wait 3-4 hours)

#### SPIRITUAL ANALOGUE:

The people of God may rest in Him.

“There remained therefore a rest to the people of God.” Hebrews 4:9

### **8th Law: Nutrition**

#### BENEFITS:

1. The best nutrition: fruits, nuts, grains, vegetables
2. Aids health of whole body
3. Live foods produce healthy blood

#### QUANTITY:

1. 10% protein (nuts and legumes E.g. soya)
2. 10% fats (nuts)
3. 50% carbohydrates & vitamins (grains - whole non-refined & fruits)
4. 30% minerals (vegetables)
5. Drink your food and chew your water (masticate well)
6. 2 meals a day are preferable to 3; if eating 3 meals, make the 3rd meal small
7. Because of difference in enzymes, do not mix fruits and vegetables at the same meal; eating fruits for supper help evening digestion

#### CONCERN:

1. Do not overeat - do not under eat
2. Make sure meals are well balanced
3. Do not eat even a peanut between meals
4. Wait at least 5 hours between meals

#### SPIRITUAL ANALOGUE:

The Word of God is the Living Bread

“Man shall not live by bread alone, but by every word that proceeds from the mouth of God.” Luke 4:4

### **2nd SOLUTION:**

#### Our Savior overcame by uniting His will with His Heavenly Father's will

“And the angel answered and said unto her, The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee: therefore also that holy thing which shall be born of thee shall be called the Son of God.” Luke 1:35.

#### CHRIST WAS THE TRUE TEMPLE OF THE HOLY SPIRIT

“When Moses was about to build the sanctuary as a dwelling place for God... God called him into the mount, and revealed to him the heavenly things. The Lord covered him with His own glory, that he might see the pattern, and according to it, all things were made. So to Israel, whom He desired to make His dwelling place, He had revealed His glorious ideal of character.

Israel had chosen their own ways. They had not built according to the pattern; but Christ, the true temple for God's indwelling, molded every detail of His earthly life in harmony with God's ideal. He said “I delight to do Thy will, O My God: yea, Thy law is within Mine heart.” Ps. 40:8. So our characters are to be built “for an habitation of God through the Spirit.” Eph. 2:22. And we are to “make all things according to the pattern,” even Him who “suffered for us, leaving us an example, that ye should follow His steps.” Heb. 8:5; 1 Peter 2:21.” Desire of Ages, p. 208, 209.

#### CHRIST CHOSE TO BE CONCEIVED BY THE HOLY SPIRIT, YIELD HIS POWER AND AUTHORITY AND BECOME SUBJECT TO HIS FATHER'S DIRECTION

“From eternal ages it was God's purpose that every created being, from the bright and holy seraph to man, should be a temple for the indwelling of the Creator. Because of sin, humanity ceased to be a temple for God. Darkened and defiled by evil, the heart of man no longer revealed the glory of the Divine One. But by the incarnation of the Son of God, the purpose of Heaven is fulfilled. God dwells in humanity, and through saving grace the heart of man becomes again His temple.” Desire of Ages, p. 161

### **3rd SOLUTION:**

#### Man may overcome by uniting his will with His Heavenly Father's will

“Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.” James 4: 7, 8.

#### HE GIVES YOU THE MIND OF CHRIST

“You must remember that your will is the spring of all your actions. This will, that forms so important a factor in the character of man, was at the Fall given into the control of Satan; and he has ever since been working in man to will and to do of his own pleasure, but to the utter ruin and misery of man. But the infinite sacrifice of God in giving Jesus, His beloved Son, to become a sacrifice for sin, enables Him to say, without violating one principle of His government: “Yield yourself up to Me; give Me that will; take it from the control of Satan, and I will take possession of it; then I can work in you to will and to do of My good pleasure.” When He gives you the mind of Christ, your will becomes as His will, and your character is transformed to be like Christ's character. Is it your purpose to do God's will? Do you wish to obey the Scriptures? “If any man will come after Me, let him deny himself, and take up his cross, and follow Me.” Testimonies Vol. 5 p. 515.

#### CHRIST SUPPLIES THE LIFE BLOOD OF THE HEART AND WITH THE HOLY SPIRIT, GIVES NERVE POWER

“Christ must abide in the heart by faith. His word is the bread of life and the water of salvation. Trust in its fullness comes to us through constant communion with God. By eating the flesh and drinking the blood of Christ we gain spiritual strength. Christ supplies the lifeblood of the heart, and Christ and the Holy Spirit give nerve power. Begotten again unto a lively hope, imbued with the quickening power of a new nature, the soul is enabled to rise higher and still higher.” Counsels on Health, p. 593

#### THE HOLY SPIRIT IS THE ONLY AGENT BY WHICH MAN CAN OVERCOME SIN

“The Spirit was to be given as a regenerating agent, and without this the sacrifice of Christ would have been of no avail. The power of evil had been strengthening for

centuries, and the submission of men to this satanic captivity was amazing. Sin could be resisted and overcome only through the mighty agency of the Third Person of the Godhead, who would come with no modified energy, but in the fullness of divine power. It is the Spirit that makes effectual what has been wrought out by the world's Redeemer. It is by the Spirit that the heart is made pure. Through the Spirit the believer becomes a partaker of the divine nature. Christ has given His Spirit as a divine power to overcome all hereditary and cultivated tendencies to evil, and to impress His own character upon His church." Desire of Ages, p. 671.

#### PERFECTION OF CHARACTER IS NOT AN EASY MATTER

"But Christ has given us no assurance that to attain perfection of character is an easy matter. A noble, all-round character is not inherited. It does not come to us by accident. A noble character is earned by individual effort through the merits and grace of Christ. God gives the talents, the powers of the mind; we form the character. It is formed by hard, stern battles with self. Conflict after conflict must be waged against hereditary tendencies. We shall have to criticize ourselves closely, and allow not one unfavorable trait to remain uncorrected."

Christ Object Lessons, p.331

#### IF WE CONSENT THE HOLY SPIRIT WILL SET US FREE

"All true obedience comes from the heart. It was heart work with Christ. And if we consent, He will so identify Himself with our thoughts and aims, so blend our hearts and minds into conformity to His will, that

when obeying Him we shall be but carrying out our own impulses. The will, refined and sanctified, will find its highest delight in doing His service. When we know God as it is our privilege to know Him, our life will be a life of continual obedience. Through an appreciation of the character of Christ, through communion with God, sin will become hateful to us." Desire of Ages, p. 668.

#### CHRIST CAME TO EXPEL THE DEMONS THAT HAD CONTROLLED THE WILL

"Satan was exulting that he had succeeded in debasing the image of God in humanity. Then Jesus came to restore in man the image of his Maker. None but Christ can fashion anew the character that has been ruined by sin. He came to expel the demons that had controlled the will. He came to lift us up from the dust, to reshape the marred character after the pattern of His divine character, and to make it beautiful with His own glory." Desire of Ages, p. 37.

#### WILL OF MAN TOGETHER WITH THE WILL OF GOD BECOMES OMNIPOTENT

"As the will of man cooperates with the will of God, it becomes omnipotent. Whatever is to be done at His command may be accomplished in His strength. All His biddings are enablings."

Christ Object Lessons, p. 333.

#### SUBJECTION TO THE WILL OF CHRIST MEANS RESTORATION TO PERFECT MANHOOD

"When one surrenders to Christ, the mind is brought under the control of the law; but it is the royal law, which proclaims liberty to every captive. By becoming one with Christ, man

is made free. Subjection to the will of Christ means restoration to perfect manhood."

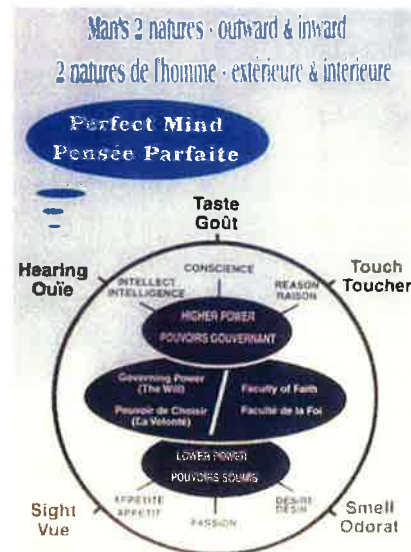
Ministry of Healing, p. 131.

#### **CONCLUSION**

Our Great Designer, through the Savior, provided a way to re-establish the original communication system between Himself and man: "The brain nerves that connect with the whole system are the only medium through which heaven communicates with man and affects the inmost life." Education p. 209.

Upon the consent of man, the Holy Spirit, working through man's will, revitalizes his whole being and through the 24 brain nerves initiates a process which gradually brings about the restoration of all man's faculties to functional harmony: "the mighty energies of the Holy Spirit, with all their quickening, recuperative, and transforming power, may fall like an electric shock on the palsy-stricken soul, causing every nerve to thrill with new life, restoring the whole man from his dead, earthly, sensual state to spiritual soundness."

Testimonies, Vol.5, p. 267.



Call 144-000 Magazine - Volume 3

# The 8 Laws of Health: The Best Doctors



"Pure air, sunlight, temperance, rest, exercise, proper diet, the use of water, trust in divine power - these are the true remedies."

~ Ministry of Healing

#### **1st Law: Trust In God**

##### BENEFITS:

1. Peace of mind in whatever state we are in
2. Strengthens the immune system

##### QUANTITY:

Unlimited

##### CONCERN:

Not enough

##### SPIRITUAL ANALOGUE:

God's dependability

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." Isa. 40:31.

#### **2nd Law: Exercise**

##### BENEFITS:

1. Tones muscles and blood vessels, changing them from weak and flabby tissue to strong and firm tissues, often reducing blood pressure
2. Strengthens heart
3. Improves digestion
4. Increases efficiency of lungs and number of blood cells
5. Imparts added protection against sickness
6. Better sleep

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7. Think more clearly; strengthen the will
8. Build endurance
9. Helps control body weight

##### QUANTITY:

1. Balanced amount each day
2. Walking is the best form

##### CONCERN:

1. Immediately after eating, hinders digestion
2. May be harmful in excess

##### SPIRITUAL ANALOGUE:

Exercise living faith

"The just shall live by faith" Hab. 2:4

#### **3rd Law: Sunshine**

##### BENEFITS:

1. Lowers heart rate and blood pressure
2. Strengthens the heart
3. Increases oxygen content of the blood
4. Decreases blood cholesterol
5. Increases white blood cells
6. Vitamin D is produced by sunlight

##### QUANTITY:

Six inch square of face or hands for about one hour each day

##### CONCERN:

Too much especially when on a high fat diet may lead to skin poisoning or cancer

##### SPIRITUAL ANALOGUE:

The Savior is the Sun of righteousness

"But unto you that fear my name shall the Sun of righteousness arise with healing in his wings." Malachi 4:2.

#### **4th Law: Temperance**

##### BENEFITS:

Keep everything at a safe, balanced level

##### QUANTITY:

Unlimited but not to extremes

##### CONCERN:

Not enough

##### SPIRITUAL ANALOGUE:

Spiritual discernment

## Let's Talk About Health

God has endowed us with a certain amount of vital force. He has also formed us with organs suited to maintain the various functions of life, and He designs that these organs shall work together in harmony. Too little attention is generally given to the preservation of health. It is far better to prevent disease than to know how to treat it when contracted.

We cannot be too often reminded that health does not depend on chance. It is a result of obedience to law. Pure air, sunlight, temperance, rest, exercise, proper diet, the use of water, trust in divine power - these are the true remedies. Every person should have a knowledge of nature's remedial agencies and how to apply them. It is essential both to understand the principles involved in the treatment of the sick and to have a practical training that will enable one rightly to use this knowledge.

Excerpts from Ministry of Healing, p. 127, 234.

It is not only the privilege but the sacred duty of all to understand the laws God has established in their beings... And as they more fully understand the human body..., they will seek to bring their bodies into subjec-

tion to the noble powers of the mind. The body will be regarded by them as a wonderful structure, formed by the Infinite Designer, and given in their charge to keep this harp of a thousand strings in harmonious action. Mind, Character and Personality, p. 374.

The mind controls the whole man. All our actions, good or bad, have their source in the mind that worships God and allies us to heavenly beings... All the physical organs are the servants of the mind, and the nerves are the messengers that transmit its orders to every part of the body, guiding the motions of the living machinery...

The harmonious action of all the parts - brain, bone, and muscle - is necessary to the full and healthful development of the entire human organism. The electric power of the brain, promoted by mental activity, vitalizes the whole system, and is thus an invaluable aid in resisting disease. Mind, Character and Personality, p. 396.

A continual transgression of nature's law is a continual transgression of the law of God. Mind, Character and Personality, p. 416.

**The harmonious action of all the parts - brain, bone, and muscle - is necessary to the full and healthful development of the entire human organism.**

# Do You Know Your Spiritual Birthright and Priesthood?

“Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not. Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is.” 1 John 3:1, 2.

## INTRODUCTION

“No man receives holiness as a birthright, or as a gift from any other human being. Holiness is the gift of God through Christ. Those who receive the Saviour become sons of God. They are His spiritual children, born again, renewed in righteousness and true holiness. Their minds are changed. With clearer vision they behold eternal realities. They are adopted into God's family, and they become conformed to His likeness, changed by His Spirit from glory to glory. From cherishing supreme love for self, they come to cherish supreme love for God and for Christ... Accepting Christ as a personal Savior and following His example of self-denial - this is the secret of holiness.” Sign of the Times, Dec. 17, 1902.

## THE BIRTHRIGHT: THE EXCELLENCY OF DIGNITY, OF POWER

### REUBEN WAS THE FIRSTBORN OF JACOB:

“Reuben, thou art my firstborn, my might, and the beginning of my strength, the excellency of dignity, and the excellency of power: Unstable as water, thou shalt not excel; because thou went up to thy father's bed; then defiled thou it: he went up to my couch.” Genesis 49: 3, 4.

“The promises made to Abraham and confirmed to his son were held by Isaac and Rebekah as the great object of their desires and hopes. With these promises Esau and Jacob were familiar. They were taught to regard the birthright as a matter of great importance, for it included not only an inheritance of worldly wealth but spiritual pre-eminence. He who received it was to be the priest of his family, and in the line of his posterity the Redeemer of the world would come. On the other hand, there were obligations resting upon the possessor of the birthright. He who should inherit its blessings must devote his life to the service of God. Like Abraham, he must be obedient to the divine requirements. In marriage, in his family relations, in public life, he must consult the will of God.” Patriarchs and Prophets, p. 177, 178.

## THE BIRTHRIGHT INCLUDED:

1. AN INHERITANCE OF WORDLY WEALTH: A DOUBLE PORTION OF THE FATHER'S WEALTH
2. TO BE THE PROGENITOR OF THE REDEEMER TO COME
3. TO BE THE PRIEST OF THE FAMILY

## LOSS OF BIRTHRIGHT IN THE OLD TESTAMENT:

1. Cain lost his birthright after he killed Abel - anger and rebellion. Genesis 4: 3-11.
2. Esau lost his birthright for a bowl of lentils - appetite

and lack of self-control. Genesis 27: 1-46.

- 3. Reuben lost his birthright because he slept with his father's concubine - passion and lack of self-control. Genesis 49: 3, 4.

### JACOB'S THREE SONS INHERITED THE BIRTHRIGHT INSTEAD OF THE FIRSTBORN REUBEN:

- 1. Joseph received the DOUBLE PORTION through Ephraim and Manasseh.
- 2. Judah became the PROGENITOR of the Redeemer.
- 3. Levi received the PRIESTHOOD.

### THE SPIRITUAL MEANING OF THE BIRTHRIGHT:

#### 1. THE DOUBLE PORTION:

- The Early and the Latter Rain of the Precious Truth and the Present Truth as received from the Holy Spirit. Deuteronomy 32:2; Zechariah 10:1; Matthew 25: 1-13
- The 10 virgins: Both had the Holy Spirit (the oil) but the 5 foolish had the precious truth only - 5 wise had the precious truth and the present truth and were ready for the marriage supper of the Lamb.
- The outpouring of the Holy Spirit in the Early and Latter Rain. See study on the Latter Rain, file 17, titled: The Latter Rain, showers or storms.

#### 2. PROGENITOR OF THE REDEEMER:

To be progenitor of the Redeemer means to partake of His Character. Partaker means: participant, sharer, associate, fellow, partner, belong to, eat or drink, pertain,

take part, communicate, communion, fellowship. (Greek Concordance 3353).

### 3. THE PRIESTHOOD: WHO WAS MELCHISEDEC REFERRED TO IN HEBREWS 7:1-3 & GENESIS 14:18

"The high priest was designed in a especial manner to represent Christ who was to become a high priest forever after the order of Melchisedec. This order of priesthood was not to pass to another or be superseded by another."

Redemption. The First Advent of Christ, p. 14.

### CHRIST COULD NOT BE A PRIEST FROM AARON'S ORDER

"For the priesthood being changed, there is made of necessity a change also of the law. For he of whom these things are spoken pertaineth to another tribe, of which no man gave attendance at the altar. For it is evident that our Lord sprang out of Juda; of which tribe Moses spake nothing concerning priesthood." Hebrews 7: 12-14.

### CHRIST WAS THE FIRSTBORN OF AN UNCHANGEABLE PRIESTHOOD

"If therefore perfection were by the Levitical priesthood, (for under it the people received the law) what further need was there that another priest should rise after the order of Melchisedec, and not be called after the order of Aaron? For the priesthood being changed, there is made of necessity a change also of the law... By so much was Jesus made a surety of a better testament. And they truly were many priests, because they were

#### Levitical Priesthood

TRIBE OF LEVI  
AARONIC  
NO OATH  
OFFERED DAILY SACRIFICE  
BLOOD OF ANIMALS  
BECAUSE OF HIS SINS  
EARTHLY SANCTUARY  
PITCHED BY MAN  
CHANGEABLE  
BECAUSE OF DEATH  
TEMPORARY  
AARON IS DEAD  
OLD COVENANT  
LAW WRITTEN ON STONES

#### Versus

#### Melchisedec Priesthood

FIRSTBORN  
MELCHISEDEC  
WITH AN OATH  
CHRIST HIMSELF  
HIS OWN BLOOD  
HAD NO SIN  
HEAVENLY  
BY GOD  
UNCHANGEABLE  
KNEW NO DEATH  
ETERNAL  
CHRIST LIVES  
NEW COVENANT  
IN THE MIND

often tense and meticulous. Attacks are precipitated by numerous factors including allergies, overeating, gastrointestinal upset, emotional stress, fatigue, and food containing any of the following: cheese, monosodium glutamate, cured meats, pressed meats and others.

### PREVENTION AND TREATMENT

- a. Avoid all exposure to toxins (tobacco, licit or illicit drugs, caffeine or sweet drink, alcohol, etc.), odors, fumes, air pollution, rotting leaves, compost, cosmetics or perfume for some people are allergic ( sometimes without knowing it).
- b. Morning headaches often result from stale air. Air the bedroom and bed clothing daily. There must be circulating air each night in the bedroom.
- c. Keep the extremities warm at all times. Many people react to chilling of the extremities by getting an elevation of the blood pressure, which may contribute to headaches. Weather changes, especially cold air, can cause headaches in susceptible persons.
- d. Keep a strict regular schedule for meals, bedtime, and getting up time, elimination, study periods, etc. This is an essential point. Never eat even so much as a peanut between meals. Take only water or plain herb teas between meals.
- e. Take no heavy or rich food. Avoid too much protein which can give the protein "hangover" or a ketosis headache. Use a limited quantity and variety of food at meals. Do not mix fruits and vegetables at the same meal. Do not eat food late in the evening. If supper is taken, eat only plain bread and fruit several hours before bedtime.
- f. All dairy products tend to be associated with headaches in some people. Also suspect as causes of headaches are wheat, chocolate, eggs, citrus fruits and juices, corn, onion, garlic, nuts, tomatoes, fish and peanuts. For six weeks, avoid known allergenic, constipating, or gas-forming foods: all food products of animal origin, all refined foods, all beans, apples, strawberries, and the nightshades (tomatoes, potatoes, eggplant and bell pepper.)

g. Check the intestinal transit time. Take charcoal (powder in water) or one tablespoon of sesame seed swallowed whole as a marker. Time how long the marker takes to completely clear the colon. Keep the time under thirty hours by using whole grains and raw fruits and vegetables.

- h. Practice deep breathing. Learn to maintain good posture while standing, sitting, walking, lying. Exercise from one to two hours out-of-doors daily.
- i. Take a neutral bath for thirty to forty minutes.
- j. Drink a cup of red clover or catnip tea at the onset of headache.

### APPLICATION

At the first sign of a migraine try the following procedure:

- a. Seat the person in a chair with head hanging between the knees.
- b. Apply a gentle flow of very cold water to the base of the skull, allowing it to flow forward through the hair over the scalp for thirty seconds. Catch the run-off water in a basin placed between the feet.
- c. Allow the person to sit up promptly after the water pouring procedure. Elevate the feet on a stool. Direct a stream of cold water, under pressure if possible, to the plantar surfaces for 1 to 2 minutes. It may be poured over the feet if water under pressure is not available.
- d. Repeat procedure every 2 hours if needed.

Uchee Pines, "Health Topics"

"Manual of Hydrotherapy and Massage", Pacific Press Publ. Assoc., 1964

Thrash Agatha and Calvin, "Home Remedies", Thrash Publications, 1981



# Hydrotherapy: Water Treatments

## THEORY

Hydrotherapy may be defined as the use of water in any of its three forms, solid, liquid or vapor, internally or externally, in the treatment of disease or trauma.

## PROPERTIES

Water has certain unique properties which render it a valuable therapeutic agent. In the first, it is readily accessible and may be applied with relatively simple and inexpensive equipment. It possesses the ability to absorb and communicate large quantities of heat. Water is a good conductor of heat.

## USES AND PURPOSES

The fact that water exists in three states, solid, liquid and gas, within a relatively narrow range of temperature, greatly enhances its therapeutic versatility. As ice, it is effective as a cooling agent. With short application it is stimulating, but with long application it is depressing to physiological processes. In the liquid state, water may be applied by packs, immersion baths, sprays and douches at any desired temperature and pressure. As a vapor, it may be employed in vapor or steam baths and by inhalation. Applied in these different forms and by these various techniques, water lends itself to a wide range of therapeutic uses.

## PRACTICAL - HOW TO TREAT A COMMON COLD

- If you feel a cold coming on, do not delay but start treatment within 10 or 20 minutes of the first symptom. Immediately put your feet (or hands) in hot water, kept continually as hot as you can bear it for three minutes. Then put your feet (or hands) in cold water for 30 seconds, repeat the process three times (3 minutes hot -- 30 seconds cold x 3 times), dry your feet, cover them well and if possible, go to bed for half an hour. This treatment is very effective even for small babies of 6 months and older.
- Eat sparingly and only on the usual mealtime schedule. Take no juice between meals. Use no sugar, honey or very sweet fruits. Viruses replicate by use of phosphosugars. Avoiding sugar starves them, eat whole grain breads and cereals. Get plenty of Vitamin A, C, and D (exposure to sunshine best). B Vitamins come from whole grains.

- Get plenty of exercise as long as it can be tolerated.
- Drink plenty of water, enough to keep the urine quite pale. Remember that sweating may be increased because of fever, exercise, or heating treatments. Extra water must be taken to replace this water lost.
- Keep a regular schedule for bedtime and arising time. Take mid-day naps if needed. Avoid exhaustion from long hours and loss of sleep.
- Take deep breathing exercises. Inhale deeply and hold breath for a slow count of 20. Exhale deeply and hold out for a slow count of 10. Repeat 40-50 times. Have good ventilation in your bedroom, but no drafts. Drafts chill body tissues and are unhealthful.
- Use hot water to gargle for 10 minutes four times daily if needed. Take a 15 minutes hot half bath, followed by ice water, and skin friction with a dry towel.
- Daily bath fortifies against colds, especially if it is a cool bath. Taking drugs promotes getting colds.

## APPLICATION

Apply a heating compress to the throat or chest as needed. Start with a cotton or flannel strip about 2" by 16 inches, wet in cold water. Wrap this cloth around the throat. Next, completely cover the wet piece with a plastic sheet cut to fit the size of the cotton strip. Finish off the compress by pinning a scarf or piece of wool in place snugly, so that there be no slipping of the plastic and no evaporation from the wet strip. Note: Do not add ointment on the skin before doing this treatment.

## HOW TO TREAT A HEADACHE

Headaches are not of themselves a disease, but always the reflection of disorders elsewhere in the body. Bad health habits are one large cause of headaches. It is sometimes hard to find the cause of headaches, but persistent effort is worthwhile. At first, all habits should be simultaneously scrutinized and corrected if necessary, with an all-out effort.

The allergic headache is usually a dull ache over the forehead and cheeks. The migraine headache patient is



not suffered to continue by reason of death: but this man, because he continueth ever, hath an unchangeable priesthood." Hebrews 7:11, 12, 22-24.

## CONDITIONS OF ETERNAL LIFE SAME IN OLD AND NEW COVENANT

"Under the new covenant, the conditions by which eternal life may be gained are the same as under the old. The conditions are, and ever have

been, based on perfect obedience. Under the old covenant, there were many offenses of a daring, presumptuous character, for which there was no atonement specified by law. In the new and better covenant, Christ has fulfilled the law for the transgressors of law, if they receive Him by faith as a personal Saviour. "As many as received Him, to them gave He power to become the sons of God" (John 1:12). Mercy and forgiveness are the reward of all who come to Christ trusting in His merits to take away their sins. We are cleansed from sin by the blood of Christ Jesus our Saviour." Letter 216, 1906, p. 2.

## PART OF THE BIRTHRIGHT: TO BE PRIEST AND KING

"And hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen." Revelation 1:6.

"And hast made us unto our God kings and priests: and we shall reign on the earth." Revelation 5:10

"Blessed and holy is he that hath part in the first resurrection: on such the second death hath no power, but they shall be priests of God and of Christ, and shall reign with him a thousand years." Revelation 20:6.

## WORK OF THE PRIESTHOOD

The Levites had different functions which are applicable for us today:

- Attended in the sanctuary service: church service functions
- In charge of music: choose elevating, worship hymns for service
- Preached the Word: give Bible

study during the week

- Visited the needy and sick: Medical Missionary Work
- Were given cities of refuge for those accused of murder: visit prisoners and pray with them, encourage them
- Offered intercessory prayers: intercede for salvation of others

## CONCLUSION

### BECAUSE OF OUR SAVIOR WE ARE ENTITLED TO OUR INHERITANCE

"For ye are all the children of God by faith in Christ Jesus. For as many of you as have been baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus. And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise. Now I say, That the heir, as long as he is a child, differ nothing from a servant, though he be lord of all; but is under tutors and governors until the time appointed of the father.

Even so we, when we were children, were in bondage under the elements of the world: but when the fullness of the time was come, God sent forth his Son, made of a woman, made under the law, to redeem them that were under the law, that we might receive the adoption of son. And because ye are sons, God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father. Wherefore thou art no more a servant, but a son; and if a son, then an heir of God through Christ." Galatians 3: 26-29; 4: 1-7.

# Liberty of Conscience Threatened Throughout History:

## Church and State Power

### FROM DANIEL (CHAPTER 3):

"The king commanded that the men be brought before him. "Is it true," he inquired, "do not ye serve my gods, nor worship the golden image which I have set up?" He endeavored by threats to induce them to unite with the multitude. Pointing to the fiery furnace, he reminded them of the punishment awaiting them if they should persist in their refusal to obey his will. But firmly the Hebrews testified to their allegiance to the God of heaven, and their faith in His power to deliver. The act of bowing to the image was understood by all to be an act of worship. Such homage they could render to God alone." Prophets and Kings, p. 507.

### **[BABYLON: CHURCH AND STATE POWER]**

### TO QUEEN ESTHER (CHAPTER 3):

"Through Haman the Agagite, an unscrupulous man high in authority in Medo-Persia, Satan worked at this time to counterwork the purposes of God. Haman cherished bitter malice against Mordecai, a Jew. Mordecai had done Haman no harm, but had simply refused to show him worshipful reverence. Scorning to "lay hands on Mordecai alone," Haman plotted "to destroy all the Jews that were throughout the whole kingdom of Ahasuerus, even the people of Mordecai." Esther 3:6." Prophets and Kings, p. 600.

### **[MEDO-PERSIA: CHURCH AND STATE POWER]**

### TO THE SAVIOR:

"Christ had said nothing that could give His accusers an advantage; yet He was bound, to signify that He was condemned. There must, however, be a pretense of justice. It was necessary that there should be the form of a legal trial. This the authorities were determined to has-

ten. They knew the regard in which Jesus was held by the people, and feared that if the arrest were noised abroad, a rescue would be attempted. Again, if the trial and execution were not brought about at once, there would be a week's delay on account of the celebration of the Passover. This might defeat their plans. In securing the condemnation of Jesus they depended largely upon the clamor of the mob, many of them the rabble of Jerusalem. Should there be a week's delay, the excitement would abate, and a reaction would be likely to set in. The better part of the people would be aroused in Christ's favor; many would come forward with testimony in His vindication, bringing to light the mighty works He had done. This would excite popular indignation against the Sanhedrin. Their proceedings would be condemned, and Jesus would be set free, to receive new homage from the multitudes. The priests and rulers therefore determined that before their purpose could become known, Jesus should be delivered into the hands of the Romans." Desire of Ages, p. 703

### **[PAGAN ROME & JEWISH PRIESTHOOD: CHURCH AND STATE POWER]**

### TO THE EARLY CHURCH:

"When the early church became corrupted by departing from the simplicity of the gospel, and accepting heathen rites and customs, she lost the Spirit and power of God; and in order to control the consciences of the people she sought the support of the secular power. The result was the papacy, a church that controlled the power of the State, and employed it to further her own ends, especially for the punishment of "heresy".

The Great Controversy, p. 443

### **[PAPAL ROME: CHURCH AND STATE POWER]**

### TO THE PROTESTANT CHURCH:

"Whenever the church has obtained secular power, she has employed it to punish dissent from her doctrines. Protestant churches that have followed in the steps of Rome by forming alliance with worldly powers, have manifested a similar desire to restrict liberty of conscience. An example of this is given in the long-continued persecution of dissenters by the Church of England. During the sixteenth and seventeenth centuries, thousands of non-conformist ministers were forced to leave their churches, and many, both of pastors and people, were subjected to fine, imprisonment, torture, and martyrdom." The Great Controversy, p. 443

### **[APOSTATE PROTESTANT: CHURCH AND STATE POWER]**

### TO TODAY:

"When the leading churches of the United States, uniting upon such points of doctrine as are held by them in common, shall influence the State to enforce their decrees and to sustain their institutions, then Protestant America will have formed an image of the Roman hierarchy, and the infliction of civil penalties upon dissenters will inevitably result.

The beast with two horns "causeth [commands] all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads; and that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name." Revelation 13:16, 17. The third angel's warning is, "If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God." "The beast" mentioned in this message, whose worship is enforced by the two-horned beast, is the first, or leopard-like beast of Revelation 13, --the papacy. The "image to the beast" represents that form of apostate Protestantism which will be developed when the Protestant churches shall seek the aid of the civil power for the enforcement of their dogmas. The "mark of the beast" still remains to be defined." The Great Controversy, p. 445.

### **[THE BEAST AND ITS IMAGE: CHURCH AND STATE POWER]**

### THE MARK OF THE BEAST: 666

"Roman Catholics acknowledge that the change of the Sabbath was made by their church, and declare that Protestants, by observing the Sunday, are recognizing her power. In the "Catholic Catechism of Christian Religion," in answer to a question as to the day to be observed in obedience to the fourth commandment, this statement is made: "During the old law, Saturday was the day sanctified; but the church, instructed by Jesus Christ, and directed by the Spirit of God, has substituted Sunday for Saturday; so now we sanctify the first, not the seventh day. Sunday means, and now is, the day of the Lord."

As the sign of the authority of the Catholic Church, papist writers cite, "the very act of changing the Sabbath into Sunday, which Protestants allow of . . . because by keeping Sunday strictly they acknowledge the church's power to ordain feasts, and to command them under sin." [Henry Tuberville, An Abridgment of Christian Doctrine, p. 58]. What then is the change of the Sabbath, but the sign or mark of the authority of the Romish Church -- "the mark of the beast"?...

Romanists declare that "the observance of Sunday by the Protestants is an homage they pay, in spite of themselves, to the authority of the [Catholic] Church." - [Mgr. Segur, Plain Talk About the Protestantism of Today, page 213]. The enforcement of Sunday-keeping on the part of Protestant churches is an enforcement of the worship of the papacy--of the beast. Those who, understanding the claims of the fourth commandment, choose to observe the false instead of the true Sabbath are thereby paying homage to that power by which alone it is commanded. But in the very act of enforcing a religious duty by secular power, the churches would themselves form an image to the beast; hence the enforcement of Sunday-keeping in the United States would be an enforcement of the worship of the beast and his image." The Great Controversy, p. 448, 449

### **[THE MARK OF THE BEAST: SUNDAY LEGISLA- TION THROUGH CHURCH AND STATE POWER]**