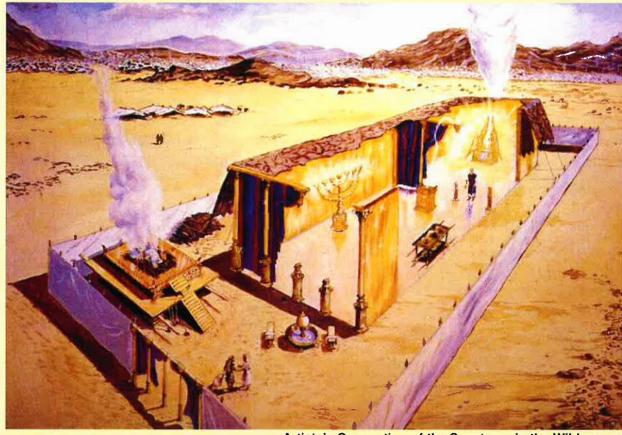
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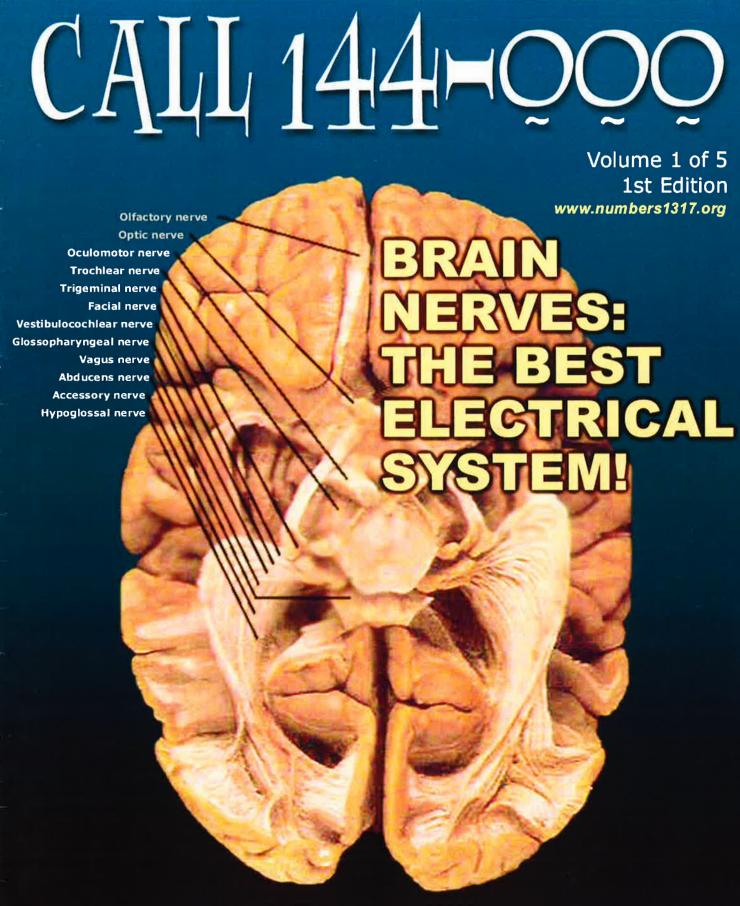
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"Go...and teach..." Matthew 28:19



"The brain nerves that connect with the whole system are the only medium through which heaven communicates with man and affects his inmost life." Education p. 209

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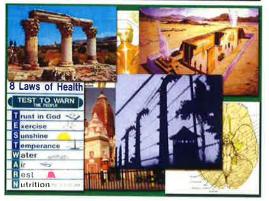
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MAKING THE CONNECTION

66T n the cleansing of the temple, Jesus was announcing His mission as the Messiah, and entering upon His work. That temple, erected for the abode of the divine Presence, was designed to be an object lesson for Israel and for the world. From eternal ages it was God's purpose that every created being, from the bright and holy seraph to man, should be a temple for the indwelling of the



Creator. Because of sin, humanity ceased to be a temple for God. Darkened and defiled by evil, the heart of man no longer revealed the glory of the Divine One. But by the incarnation of the Son of God, the purpose of Heaven is fulfilled.

God dwells in humanity, and through saving grace the heart of man becomes again His temple. God designed that the temple at Jerusalem should be a continual witness to the high destiny open to every soul. But the Jews had not understood the significance of the building they regarded with so much pride. They did not yield themselves as holy temples for the Divine Spirit. The courts of the temple at Jerusalem, filled with the tumult of unholy traffic, represented all too truly the temple of the heart, defiled by the presence of sensual passion and unholy thoughts. In cleansing the temple from the world's buyers and sellers, Jesus announced His mission to cleanse the heart from the defilement of sin,--from the earthly desires, the selfish lusts, the evil habits, that corrupt the soul."

"The Lord, whom ye seek, shall suddenly come to His temple, even the Messenger of the covenant, whom ye delight in: behold, He shall come, saith the Lord of hosts. But who may abide the day of His coming? and who shall stand when He appeareth? for He is like a refiner's fire, and like fullers' soap: and He shall sit as a refiner and purifier of silver: and He shall purify the sons of Levi, and purge them as gold and silver." The Desire of Ages, p. 161

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School Preparing Intelligent Educated Survivors

"As the preaching of Noah warned, tested, and proved the inhabitants of the world before the flood of waters destroyed them from off the face of the earth, so the truth of God for these last days is doing a similar work of warning, testing, and proving the world. The publications which go forth... bear the signet of the Eternal. They are being scattered through the land, and are deciding the destiny of souls." Life Sketches 205, 206

INCENSE OF TOBACCO BURNT refuse this expensive, filthy, and will suffer without them. But by ON SATAN'S ALTAR:

bodies upon Satan's altar and burn claims the honor. the incense of tobacco to his satanic severe? Certainly, the offering is DLE NOT: presented to some deity. As God is "Those who attempt to leave off work nobly and well." pure and holy, and will accept noth- these stimulants (tea, coffee, tobac- Excerpts from the books Ministry

ing defiling in its character, He must co) will for a time feel a loss and of Healing and Sanctified Life.

unholy sacrifice; therefore we conpersistence they will overcome the Men professing godliness offer their clude that Satan is the one who craving and cease to feel the lack. Nature may require a little time to recover from the abuse she has sufmajesty. Does this statement seem TOUCH NOT, TASTE NOT, HAN- fered; but give her a chance, and she will again rally and perform her

HOW COCAINE GETS ITS VICTIM!

(Adaptation from article; Loma Linda University, Ca. 2001)

When the powder is inhaled, the moist membranes lining the nasal passages quickly dissolves it. Swarms of cocaine molecules slip across the membranes like sand through a sieve and, within 15 minutes, flood the circulatory system. At the brain they encounter a barrier designed to block harmful compounds. But a number of 'psychoactive" drugs can pierce this shield by floating through the molecules of fat that make up the barrier. Alcohol, nicotine and cocaine are among the ones that can.

Deep within the brain lays the limbic system, the primitive "animal brain" that regulates the emotions and such raw instincts essential for survival as eating and avoiding danger. The limbic system also is intimately related to brain areas that generate feelings of pleasure. Cocaine short-circuits these biologically significant activities by providing immediate gratification. The drug so ignites the brains reward centers that laboratory animals, given unlimited access to cocaine, will totally ignore food and sex to gorge on the drug until their overloaded brain circuits go haywire, triggering death. But most users know none of this.

Inside the brain, some ten billion cells, called neurons, maintain the life-support systems and regulate the thoughts and emotions. When a neuron picks up signals from one of the five senses, it fires, sending a tiny electrical signal down its branches toward other receiving neurons. A microscopic opening called a synapse separates neurons, like the gap of a spark plug. The electrical signal cannot leap the gap. Instead, it jolts chemicals, or neurotransmitters, loose so they can carry the message across.

One of the hundreds of neurotransmitters in the brain is dopamine. Disturbances in the dopamine supply are involved in serious mental illness such as schizophrenia and in movement disorders such as Parkinson's disease, which results from abnormally low levels of the neurotransmitter. In a normal brain a molecular 'pump" channels excess dopamine safely back into the sending neurons for future use. Some experts believe cocaine jams the pump, preventing dopamine from returning home. Others think cocaine accelerates the pump, making more dopamine available. Either way, the neuro-chemical stays in the synapses, repeatedly stimulating the neurons. It is actually an overabundance of the brain's own chemicals that make users feel so good.

Cocaine users may snort a gram a day about \$140 worth. They may develop delusions of invincibility, along with bouts of hyperactivity and severe insomnia. Cocaine shrinks blood vessels on contact, drastically impending circulation. Lacking nourishment, the mucous membranes in the users' nose wither. As the tissue dies it sloughes off and causes nosebleed. For some cocaine users, so much tissues die that it creates holes in the cartilage dividing the nostrils. Abscesses may burrow into the bone of the sinuses. While using cocaine, however, the addict may feel little pain because the drug is a strong local anesthetic as well.

To solve their nosebleeds, users resort to freebase. This removes impurities-sugar, kerosene, acidic salts-that dealers add to street cocaine to swell their profits. By extracting cocaine "base" with volatile solvents, users can produce a drug almost 100 percent pure and five times more potent than "cut" cocaine. Freebase makes cocaine smokable, so users can give their damaged nose a rest.

After putting the rocklike extract in a pipe, users take a deep pull. Within seconds the reward circuits in the brain go wild. They may however encounter difficulty in breathing. The chest feels as though an elephant is standing on it. Freebase does more than take users to new heights Cocaine acts directly on heart muscle, causing the heart to beat inefficient ly and its vessels to narrow, restricting the oxygen needed for peak perform ance. Meanwhile, the heart works harder to keep up with restricted blood flow in the rest of the body. It's a vicious circle: soon blood entering the oxygen-starved heart is not pumped out fast enough and backs up into the lungs. Breathing grows labored and painful as the addict starts to drown in his own fluids.

There is a strong risk of sudden heart attack or stroke. Each time the effects of cocaine wear off, dopamine levels in the brain drop, sending users into a tailspin. Normally, the brain replenishes dopamine from proteins in food. But in cocaine addicts dopamine is quickly depleted, partly because of pool diet, partly because cocaine blocks the mechanism that recycles the neurotransmitter for future use. Because they depress the action of the central nervous system, the alcohol and Valium that addicts use help counter the effects of dopamine loss, but only temporarily. Paradoxically, the after effects of too much alcohol or Valium the 'shakes" of a hangover, for example only heightened users need for more cocaine.

Meanwhile, when the drug wears off, the dopamine levels dropped ever lower. The brain cells can no longer replace the dopamine being used by the drug. Eventually, there is so little of the neurotransmitter on reserve that not even cocaine can produce much pleasure. Instead, the chemical imbalance in the brain plummets the user into deep depression.

The tingling often felt in the jaw and neck is a side effect of a small seizure common in cocaine addicts. The drug is wreaking havoc with the vital organs. Neurons begin firing in synchronous bursts, setting off electrical storms in the brain. The oxygen-starved heart, struggling against soaring blood pressure, pound unevenly. The lungs, filling with fluids backed up from the heart, function poorly. They gasp for air, hacking and coughing to

The body temperature can soar to 105 degrees Fahrenheit. The brain waves are in mayhem, as millions of cells fire wildly. The user may lapse into unconsciousness, the limbs jerking spasmodically. But the drug has not finished with its victim yet. When the addict regains consciousness, a small artery in the right side of the brain, constricted by cocaine, may go into spasm. A clot dislodged by the spasm, jams in the narrowed vessel. All circulation stops to the right side of the brain. The user has suffered a stroke Within seconds, muscle-controlling neurons begin to die. The mouth sags, and the left arm and leg do not respond. Then the victim stops breathing. The exhausted heart begins beating so irregularly it is unable to pump blood through the body.

User is not conscious of any of this. Effectively, the victim of cocaine has

on their table wine or liquor of any kind will load their table with food which creates such a thirst for strong drink that to resist the temptation is almost impossible. Wrong habits of eating and drinking destroy the drunkenness.

VICTIMS OF INTEMPERANCE:

Among the victims of intemperance are men of all classes and all professions. Men of high station, of eminent talents, of great attainments, have yielded to the indulgence of appetite until they are helpless to resist temptation. Some of them who were once in the possession of wealth are without home, without friends, in suffering, misery, disease, and degradation. They have lost their self-control. Unless a helping hand is held out

NARCOTICS AND STIMU-LANTS IRRITATE, POISON. EXCITE:

lower. With these self-indulgence is

disease.

narcotics is classed a great variety of articles that, altogether used as food or drink, irritate the stomach, poison the blood, and excite the nerves. Their use is a positive evil. Men seek the excitement of stimulants because, for the time, the results are vivid. agreeable. But there is always a reaction. The use of unnatural stimulants always tends to excess, and it is an active agent in promoting physical degeneration and decay.

CONDIMENTS ARE INJURIOUS: In this fast age, the less exciting the

injurious in their nature. Mustard, pepper, spices, pickles, and other things of a like character, irritate the stomach and make the blood feverish and impure. The inflamed condition of the drunkard's stomach is health and prepare the way for often pictured as illustrating the effect of alcoholic liquors. A similarly inflamed condition is produced by the use of irritating condiments. Soon ordinary food does not satisfy the appetite. The system feels a want, a craving, for something more stimulating.

> "The great plan of redemption results in fully bringing back the world into God's favor. All that was lost by sin is restored. For six thousands years Satan has struggled to maintain possession of the earth. Now God's original purpose in its creation is accomplished. The sacred statutes which Satan has hated and sought to destroy, will be honored throughout a sinless universe." Patriarchs and Prophets, p. 342

FOOD VALUE:

not only a moral sin, but a physical Tea acts as a stimulant and, to a certain extent, produces intoxication. The action of coffee and many other popular drinks is similar. The first effect is exhilarating. The nerves of the stomach are excited; these con-Under the head of stimulants and vey irritation to the brain, and this in turn is aroused to impart increased action to the heart and short-lived energy to the entire system. Fatigue is forgotten; the strength seems to be increased. The intellect is aroused, the imagination becomes more

Because of these results, many suppose that their tea or coffee is doing them great good. But this is a mistake. Tea and coffee do not nourish the system. Their effect is produced before there has been time for digestion and assimilation, and what food, the better. Condiments are seems to be strength is only nervous

excitement. When the influence of the stimulant is gone, the unnatural force abates, and the result is a corresponding degree of languor and

The continued use of these nerve irritants is followed by headache, wakefulness, palpitation of the heart, indigestion, trembling, and many other evils; for they wear away the life forces. Tired nerves need rest and quiet instead of stimulation and overwork. Nature needs

time to recuperate her exhausted energies. When her forces are goaded on by the use of stimulants, more will be accomplished for a time; but, as the system becomes debilitated by their constant use, it gradually becomes more difficult to rouse the energies to the desired point. The

to them, they will sink lower and TEA AND COFFEE HAVE NO demand for stimulants becomes more difficult to control, until the will is overborne and there seems to be no power to deny the unnatural craving. Stronger and still stronger stimulants are called for, until exhausted nature can no longer respond.

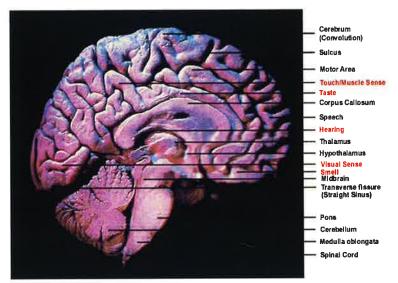
TOBACCO IS A POISON:

Tobacco is a slow, insidious, but most malignant poison. In whatever form it is used, it tells upon the constitution; it is all the more dangerous because its effects are slow and at first hardly perceptible. It excites and then paralyzes the nerves. It weakens and clouds the brain. Often it affects the nerves in a more powerful manner than does intoxicating drink. It is more subtle, and its effects are difficult to eradicate from the system. Its use excites a thirst for strong drink and in many cases lays the foundation for the liquor habit.

12 Pairs of Brain Nerves: The Best Electrical System

66 he brain nerves which communicate with the entire system are the only medium through which God was to communicate to man and affect his inmost life." Education p. 209

The Designer of the human brain and its twentyfour nerves (12 pairs) connected to the five senses had a special way of communicating with man at his creation but when man chose to serve another master, this communication system was sabotaged by the enemy. But the Chemist of the mind offers a plan to restore the communication through the brain nerves and still fulfill His glorious purpose in the education of the human race.



In order to establish this important plan, 3 major aspects must be considered:

- A. Why was man created and how was His Maker communicating with him?
- B. What were the consequences of his separation from His Maker?
- C. What is His plan of restoration?

7 REASONS WHY MAN WAS CREATED

- Man was to resemble God in character.
- Man was to be sovereign of the earth.
- Man's character was to be developed through the exercise of choice.
- Man's will was to govern his body through the brain nerves.
- Man's mind was designed with two distinct centers.
- Man was to communicate with God through the higher center of the mind.
- Man was to be a living temple.

"In order to understand what is comprehended in the work of education, we need to consider both the nature of man and the purpose of God in creating him. We need to consider also the change in man's condition through the coming in of a knowledge of evil, and God's plan for still fulfilling His glorious purpose in the education of the human race." Education, p. 14

1st REASON:

Man was to resemble God in character.

"And God said, Let us make man in our image, after our likeness." Genesis 1:26

COVERED WITH LIGHT AND GLORY

"Man was to bear God's image, both in outward resemblance and in character... man was formed in the likeness of God. His nature was in harmony with the will of God. His mind was capable of comprehending divine things. His affections were pure; his appetites and passions were under the control of reason. He was holy and happy in bearing the image of God and in perfect obedience to His will." Patriarchs and Prophets, p. 45.

ALMOST TO THE ANGEL'S SPHERE

"Man may be so elevated as to form the connecting link between heaven and earth. He came from the hand of his Creator with a symmetrical character, endowed with such capacities for improvement that, combining divine influence with human effort, he might elevate himself almost to an angel's sphere. Yet, when thus elevated, he will be unconscious of his goodness and greatness." Testimonies Vol. 4, p. 340

2nd REASON:

Man was to be sovereign of the earth.

"And God said unto them, Be fruitful and multiply and replenish the earth and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth." Genesis 1:28

GOD'S REPRESENTATIVE

"He was placed as God's representative, over the lower orders of being. They cannot understand or acknowledge the sovereignty of God, yet they were made capable of loving and serving man. The psalmist says, "Thou madest him to have dominion over the works of thy hands, thou hast put all things under his feet,... the beasts of the field, the fowl of the air,... and whatsoever passeth through the seas... Unlimited control was given them over every living thing." Patriarchs and Prophets, p. 45, 50

3rd REASON:

Man's character was to be developed through the exercise of choice.

"And the Lord God commanded the man saying, Of every tree of the garden you may freely eat. But of the tree of knowledge of good and evil, you shall not eat of it; for in the day that you shall eat thereof you shall surely die." Genesis 2:16, 17

NO GOVERNMENT WITHOUT LAW

"God placed man under law, as an indispensable condition of his very existence. He was a subject of the divine government and there can be no government without law." Patriarchs and Prophets, p. 49

NO BIAS TOWARDS EVIL

"God made man upright; He gave him noble traits of character, with no bias towards evil. He endowed him with high intellectual powers and presented before him the strongest possible inducements to be true to His allegiance. Obedience, perfect and perpetual, was the

condition of eternal happiness. On this condition he was to have access to the tree of life."

Patriarchs and Prophets, p. 49

4th REASON:

Man's will was to govern his body through the brain nerves.

"Know you not that they which run in a race run all, but one receives the price? So run that you may obtain. And every man that strives for the mastery is temperate in all things... I therefore so run, not as uncertainty; so fight I, not as one that beat the air: but I keep under my body and bring it into subjection..."

1 Corinthians 9: 24-27

ALL THE PHYSICAL ORGANS ARE THE SERVANTS OF THE **MIND**

"All the physical organs are the servants of the mind, and the nerves are the messengers that transmit its orders to every part of the body, guiding the motions of the living machinery."

Fundamentals of Christian Education, p. 426.

YIELD THE WILL TO GOD

"Everything depends on the right actions of the will. Desires for goodness and purity are right, as far as they go; but if we stop here, they avail nothing. Many will go down to ruin while hoping and desiring to overcome unknown disease.

Some animals that are brought to the slaughter seem to realize by instinct what is to take place, and they become furious, and literally mad. They are killed while in that state, and their flesh is prepared for market. Their meat is poison, and has produced, in those who have eaten it, cramps, convulsions, apoplexy, and sudden death. Yet the cause of all this suffering is not attributed to the meat.

Some animals are inhumanly treated while being brought to the slaughter. They are literally tortured, and after they have endured many hours of extreme suffering, are butchered.

NO EXCUSE FOR EATING FLESH OF DEAD ANIMALS

Those who use flesh meat disregard The tissues of the swine swarm with all the warnings that God has given concerning this question. They have no evidence that they are walking in safe paths. They have not the slightest excuse for eating the flesh of dead animals. God's curse is resting upon the animal creation. Many is the only use they were intended to times when meat is eaten, it decays in the stomach, and creates disease. Cancers, tumors, and pulmonary diseases (and all inflammatory diseases) are largely caused by meat eating. The liability to take disease is increased tenfold by meat eating.

FISH OFTEN CONTAMINATED

In many places fish become so contaminated by the filth on which they feed as to be a cause of disease. This is especially the case where the fish come in contact with the sewage of large cities. The fish that are fed on the contents of the drains may pass fresh. Thus when used as food they who do not suspect the danger.

SWINE'S FLESH MOST INJURI-

The use of swine's flesh is contrary to His express command, given not because He wished to especially show His authority, but because it would be injurious to those who should eat it. Its use would cause the blood to become impure, so that parasites and other diseases would corrupt the system, and the whole organism would suffer. Especially would the fine, sensitive nerves of Foods p. 380-394. (excerpts) the brain become enfeebled and so not be discerned, but be placed upon the low level with common things.

parasites. Of the swine, God said, "It is unclean unto you; ye shall not eat of their flesh, nor touch their dead carcass." This command was given because swine's flesh is unfit for food. Swine are scavengers, and this serve. Never, under any circumstances, was their flesh to be eaten by human beings.

to be eaten under any circumstances. The heathen used pork as an article of food, and American peoflesh would not be palatable to the taste in its natural state. It is made agreeable to the appetite by high seasoning, which makes a very bad thing worse. Swine's flesh above all One step in the wrong direction preother flesh meats, produces a bad into distant waters, and may be state of the blood. Those who eat who would not be guilty of placing

caught where the water is pure and freely of pork can but be diseased. Those who have much outdoor exerbring disease and death on those cise do not realize the bad effects of pork eating, as those do whose life is mostly indoors, and whose habits are sedentary, and whose labor is mental.

PREPARING FOR JESUS SEC-OND COMING

"Among those who are waiting for the coming of the Lord, meat eating will eventually be done away; flesh will cease to form a part of their diet. We should ever keep this end in view, and endeavor to work steadily toward it." Counsels on Diets and

beclouded that sacred things would 2. ABSTAINING FROM ALCO-**HOL AND STIMULANTS**

Leviticus 10:9, 10 "Do not drink wine nor strong drink... it shall be a statute for ever throughout your generations... And that ye may put a difference between the unclean and clean."

THE ROOT OF INTEMPER-

Often intemperance begins in the home. By the use of rich, unhealthful food the digestive organs are weakened, and a desire is created for food that is still more stimulating. But God never designed the swine Thus the appetite is educated to crave continually something stronger. The demand for stimulants becomes more frequent and more ple have used pork freely as an difficult to resist. The system important article of diet. Swine's becomes more or less filled with poison, and the more debilitated it becomes, the greater is the desire for these things.

pares the way for another. Many

Wise Counsels Confirm Biblical Advanced Knowledge

1. PURPOSES OF DIETARY LAWS: MEAT - BLOOD AND FAT

Leviticus 3:17; 17:14 "It shall be a perpetual statute for your generations throughout all your dwellings, that ye eat neither fat nor blood."

Leviticus 11: 1-47 Clean and unclean animals. "To make a difference between the unclean and the clean, and between the beast that may be eaten and the beast that may not be eaten."

ANIMAL FAT AND BLOOD

"The meat is served reeking with fat, because it suits the perverted taste. Both the blood and the fat of animals are consumed as a luxury. But the Lord gave special directions that these should not be eaten. Why? Because their use would make a diseased current of blood in the human system. The disregard for the Lord's special directions has brought a variety of difficulties and diseases upon human beings. . . . If they introduce into their systems that which cannot make good flesh and blood, they must endure the results of their disregard of God's word.

MORAL AND PHYSICAL EVILS OF A FLESH DIET

The moral evils of a flesh diet are not less marked than are the physical ills. Flesh food is injurious to health, and whatever affects the body has a corresponding effect on the mind and the soul. Think of the cruelty to animals that meat eating involves, and its effect on those who The testimony of examiners is that

inflict and those who behold it. How it destroys the tenderness with which we should regard these creatures of God!

STRENGTHENS THE LOWER PASSIONS OF CHILDREN

If ever there was a time when the diet should be of the most simple kind, it is now. Meat should not be placed before our children. Its influence is to excite and strengthen the lower passions, and has a tendency to deaden the moral powers.

THE SAFEST COURSE

The intellectual, the moral, and the physical powers are depreciated by the habitual use of flesh meats. Meat eating deranges the system, beclouds the intellect, and blunts the moral sensibilities. We say to you, dear brother and sister, your safest course is to let meat alone.

GOD'S CURSE UPON ANIMAL CREATION

Cancer, Tuberculosis, Tumors

The meat diet is a serious question. Shall human beings live on the flesh of dead animals? The answer, from the light that God has given is, No, decidedly No. Health reform institutions should educate on this question. Physicians who claim to understand the human organism ought not to encourage their patients to subsist on the flesh of dead animals. They should point out the increase of disease in the animal kingdom.

very few animals are free from disease, and that the practice of eating largely of meat is contracting diseases of all kinds, cancers, tumors, tuberculosis, and numbers of other like affections. Those who use flesh foods little know what they are eating. Often if they could see the animals when living and know the quality of the meat they eat, they would turn from it with loathing. People are continually eating flesh that is filled with tuberculosis and cancers. Tuberculosis, cancer, and other fatal diseases are thus commu-

ANIMAL SUFFERING AND ITS **EFFECTS**

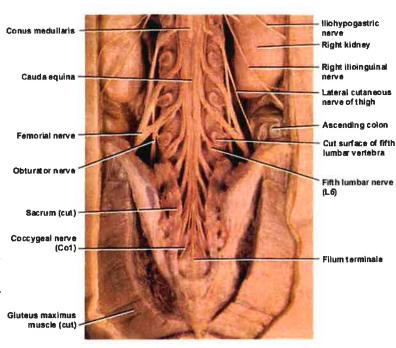
Often animals are taken to market and sold for food when they are so diseased that their owners fear to keep them longer. And some of the processes of fattening them for market produce disease. Shut away from the light and pure air, breathing the atmosphere of filthy stables, perhaps fattening on decaying food, the entire body soon becomes contaminated with foul matter.

Animals are often transported long distances and subjected to great suffering in reaching a market. Taken from the green pastures and traveling for weary miles over the hot, dusty roads, or crowded into filthy train cars, feverish and exhausted, often for many hours deprived of healthy exercise, food and water, the poor creatures are driven to their death, that human beings may feast on the carcasses... Their blood is highly inflamed, and those who eat of their meat, eat poison. Some are not immediately affected, while others are attacked with severe pain, and die from fever, cholera, or some

their evil propensities. They do not yield the will to God. They do not choose to serve Him... We cannot make ourselves pure, fit for God's service... but we can give Him our will." Ministry of Healing, p. 177

ELECTRIC POWER OF THE BRAIN: AID IN **RESISTING DISEASES**

"The influence of the mind on the body, as well as of the body on the mind, should be emphasized. The electric power of the brain, promoted by mental activity, vitalizes the whole system, and is thus an invaluable aid in resisting disease. This should be made plain. The power of the will and the importance of self-control, both in the preservation and in the recovery of health, the depressing and even ruinous effect Glutous maximus of anger, discontent, selfishness, or impurity, and, on the other hand, the marvelous life-giving power to be found in cheerfulness, unselfishness, gratitude, should also be shown." Education, p. 197.



31 Pairs of Body Nerves: "The will is the governing power in the nature of man bringing all other faculties under his sway. It is through the nerves that the orders of the will are to communicate with the various parts of the body and there are arbitrarily carried out" Education, p.209

TWENTY TIMES AS MUCH VITAL FORCE

"God endowed man with so great vital force that he has withstood the accumulation of disease brought upon the race in consequence of perverted habits, and has continued for six thousand years. This fact of itself is enough to evidence to us the strength and electrical energy that God gave to man at his creation. It took more than two thousand years of crime and indulgence of base passions to bring bodily disease upon the race to any great extent. If Adam, at his creation, had not been endowed with twenty times as much vital force as men now have, the race, with their present habits of living in violation of natural law, would have become extinct." Testimonies Vol. 3, p. 138, 139

5th REASON:

Man's mind was designed with two distinct cen-

"Come now and let us reason together, says the Lord." Isaiah 1:18

"Casting down imaginations, and every high thing that exalted itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ." 2 Corinthians 10:5

HIGHER CENTRE TO RULE OVER THE LOWER **CENTRE**

"The body is to be brought into subjection. The higher powers of the being are to rule. The passions are to be controlled by the will, which is itself to be under the control of God. The kingly power of reason, sanctified by divine grace, is to bear sway in our lives." Counsels on Diet and Foods, p. 73, 74

6th REASON:

Man was to communicate with God through the higher center of the mind.

"Be renewed in the spirit of your mind." Ephesians 4:23

THE MIND CONTROLS THE MAN

"We are God's workmanship, and His word declares that we are "fearfully and wonderfully made." He has prepared this living habitation for the mind; it is "curiously wrought," a temple which the Lord himself has fitted up for the indwelling of His Holy Spirit. The mind controls the whole man. All our actions, good or bad, have their source in the mind. It is the mind that worships God, and allies us to heavenly beings." Fundamentals of Christian Education, p. 425.

7th REASON:

Man was to be a living temple.

"Do you know that you are the temple of God, and that the Spirit of God dwells in you? If any man defiles the **CONCLUSION**: temple of God, him shall God destroy; for the temple of God is holy, which temple you are."

1 Corinthians 3: 16.17

GOD WANTS TO DWELL IN HUMANITY

"From eternal ages it was God's purpose that every created being, from the bright and holy seraph to man, should be a temple for the indwelling of the Creator. Because of sin, humanity ceased to be a temple for God. Darkened and defiled by evil, the heart of man no longer revealed the glory of the Divine One. But by the incarnation of the Son of God, the purpose of Heaven is ter of the forebrain was identified with the more sensifulfilled. God dwells in humanity, and through saving grace the heart of man becomes again His temple. God designed that the temple at Jerusalem should be a continual witness to the high destiny open to every soul.

But the Jews had not understood the significance of the center for man's entire being, but it was also to serve as building they regarded with so much pride. They did not yield themselves as holy temples for the Divine Spirit. This was accomplished through the 24 brain nerves: The courts of the temple at Jerusalem, filled with the tumult of unholy traffic, represented all too truly the temple of the heart, defiled by the presence of sensual passion and unholy thoughts. In cleansing the temple from the world's buyers and sellers, Jesus announced His mission to cleanse the heart from the defilement of



Before Adam sinned, his higher power controlled his lower power.

sin, - from the earthly desires, the selfish lusts, the evil habits, that corrupt the soul." Desire of Ages, p. 161

"If Adam, at his creation, had not been endowed with twenty times as much vital force as men now have, the race, with their present habits of living in violation of nature law, would have become extinct." Man was created with a perfect body, mind, and character.

Man's mind was created with a lower and a higher center, functionally interrelated. The lower center near the base of the skull, the cerebellum area, was to be the seat of passion, appetite and desire and was closely related to the glandular functions of the body. The higher centive mental activities such as reason, conscience and intellect. It is where the moral and spiritual qualities of the character are believed to originate.

The higher center of the mind was not only the control the center through which God communicated with man. "The brain nerves that connect with the whole system are the only medium through which heaven communicates with man and affects the inmost life." Education p. 209

Heaven's communication with man took place through the higher center of the mind and activated the will. The will then, transmitted the heavenly messages through the nerve channels to all parts of man's being and brought the physical organs and passions into harmony with God's will and to all the faculties.

God directed man in such way that the Holy Spirit's control of his being did not in any way detract from the freedom of his will. Man was created with a dependent nature and continual communication was essential to the integrated function of his being and the development of his character which was subject to infinite expansion. Although entirely free to choose whether or not he would continue to be a temple through which God could reveal Himself, when man chose to separate himself from God, he lost this freedom of self-direction.

Continued from Page 14...

quickly by simply adding protein to their feed through the use of chicken manure, dead cats and dogs and the cows and sheep own dead bodies and manure. Remember, God created cattle and sheep to be vegans! Man has made them cannibals and these fast food hamburgers are made from these cattle raised on meat and soy beans! Cannibals Cattle hamburgers!

It is like a Hollywood movie but it is happening in reality. Because it can take years before the person suffering from CJD become visibly ill, it is believed that by the year 2015, cases of Mad Cow disease (Bovine Spongiform Encephalopathy - BSE) and Human - Mad Cow disease (Creutzfeldt-Jakob disease - CJD), will be greater and more widespread than Aids.

CJD (human mad cow disease) deaths are occurring now in America, but they are being mislabeled as Alzheimer's. Private labs are afraid to let CJD tissue in the door to be examined after autopsy, because they would have to burn down the lab in order to be certain they had cleansed it of the prions.

Is not the Lord telling us something? A scientist by the name of Richard Lacey has published a book titled Mad Cow Disease: The History of BSE in Britain, Cypsela Publications, 1994, which describes these facts.

Note:

Is it not interesting that the word "prions" which is the name of these deadly cannibal proteins, in French means: "let's pray".

t is indeed difficult to explain abstract concepts such as blueness, Loudness or pain in a purely materialist world. Why are not electrical impulses from nerves traveling to the brain simply just electrical impulses from nerves traveling to the brain? Who or what is experiencing "pain"?

There are only ten billion neurons in the brain (ref: Grolier Encyclopedia - Multimedia Encyclopedia Version 1.5, Grolier Inc. 1992) many of which we apparently do not use. In computer terms, this is 10 GigaBits, the equivalent to the amount of information stored on three CD-ROM (Compact Disc - Read Only Memory) or that found on a modern personal computer.

This seems hardly enough to account for the volume of memories and complex behavior attributable to human beings. Furthermore, post-mortem on people who suffered hydrocephalus, have shown

that most of their brain had deteriorated (their skull was almost empty), yet intellectually they behaved normally until their death.

While it is true that there are only 10 billion neurons, there are up to 10,000 times that number of connections between neurons. It is these connections (possibly several trillion) that collect information that eventually triggers a neuron to "spike". Connectivity, rather than the number of neurons, is what matters most (ref: Mr Indvrkhya, Department of Computer Science, University of Sydney, Australia).

Neural networks have been simulated by computers in recent years. Rather than being simple memory locations which are manipulated by programmed processing units as is found in conventional computers, their foundation is the complex linkages. To date, simulations have been carried out on neural networks comprising 200,000 neurons. Though quite inferior to networks found in the brain (because all the attributes of cells cannot be programmed easily), they have been able to achieve significant results. Apart from being able to simulate low life forms, they have created networks that learn and improve their "intelligence" over time. Even slugs, which have just 200 neurons, show considerable intelligence and adaptiveness.

People involved in the field of neural networks have no hesitation in stating that the trillions of connections between billions of neurons found in the human brain would be more than adequate to explain human behavior (ref: Tom Osborn, Department of Science, University of Technology & Mr Indvrkhya, Department of Computer Science, University of Sydney, Australia).

Further evidence for the brain accounting for human behavior abounds. It is well known that the human forebrain is responsible for understanding, language, conceptualization and abstraction, judgment and contemplation. The Reticular Formation, a large group of cells deep within the brain, is responsible for maintaining a state of alertness. Operations to remove various parts of the brain have demonstrated that the functionality does indeed exist in the brain.

For instance, the removal of part of the brain may remove the ability to speak, see, remember, think logically, remember who we are, or even to stay conscious. If all the brain was removed, what would be left? What would we be like if we could not remember anything or stay conscious? Some would argue that indeed there would be nothing left. Others have pointed to operations where large parts of the brain have been removed through accident or operation and the individual's intellect has remained unaffected. Very recent findings have shown that the brain does not store absolutely everything in precisely defined areas of the brain. It seems that much of our memory and ability is fragmented, with some areas duplicated in other parts of the brain. When there is a relatively minor loss of brain tissue, the brain can begin to create new linkages between duplicated memory and fragments located elsewhere and reestablish much of what was lost. Evidence of this is seen in the ability of many stroke victims to recover over time. Of course, where major loss occurs, this may not be possible.

THE DETERMINABILITY OF GOD'S EXISTENCE **Richard Host**

Sydney, Australia, May 1994.

"If God does not exist, then why is He living in my heart?"

PRIONS

Some information is taken from the book written by Vance Ferrell, titled "International Meat Crisis", copyright 2001.

As E.G. White foretold in her book Counsels on Diet and Foods, the wickedness of men has caused so much diseases in the animal kingdom that it is totally unsafe to eat any meat, eggs, milk, butter, cream, free range and all.

"Let the people be taught how to prepare food without the use of milk or butter... The time will soon come when there will be no safety in using eggs, milk, cream or butter, because disease in animals is increasing in proportion to the increase of wickedness among men. The time is near when, because of the iniquity of the fallen race, the whole animal creation will groan under the diseases that curse our earth." Counsels on Diet and Foods, p. 349 (as written in Ministry of Healing, p. 302, in 1905).

People must understand that "the Brain Nerves (24 Brain Nerves), which connect with the whole system, are the only medium through which heaven communicates with man and influences his inmost life." Education, p. 209.

This is the reason why Satan wants to destroy these 24 brain nerves of ours through food that simply is unfit for the human body.

The story of mad cow disease first began in the Fore tribe, living in the jungle near Papua, southern New Guinea: the women in this particular tribe, were found dying of a mysterious brain disease which the nationals called "Kuru" because it made its victims act very strange before they died. The people there had a tribal ritual dating from the prehistoric past, in which they would eat their relatives, when they died, in order to acquire the mental and physical stamina they had while

sill alive. It was known that the women ate far more dead relatives than did the men, who primarily ate beans and sweet potatoes.

Once the symptoms showed themselves, it took about 16 months before the victim died. There was a progres-

sion of tremors and unsteady gait, followed by slurred speech, joyless laughter, and finally stupor and death. No one knew when the disease first started. Because it occurred within families and mostly among women, researchers initially thought that Kuru was inherited genetically. But it has since been established that Kuru is infectious and was transmitted by eating the meat of those dead people (cannibalism).

This practice, continued for centuries, eventually produced a horrible new disease. Not only horrible, but unique: the disease was not caused by bacteria, viruses, parasites, fungi, or any other regular means of infection. This disease is produced by a deadly protein which scientists have called "prions".

Proteins by themselves were never thought to be infectious. Organisms are infectious, proteins are not. Or at least, they never used to be. The strange proteins, "prions" enter cells and apparently change normal proteins within the cells into prions just like themselves. The normal cell proteins have all the same "parts" as the prions, specifically the same amino-acid building blocks.

There is just one difference: they fold differently. What does this mean? As soon as new protein is assembled by other proteins from amino acids within the cell, it folds into a certain pattern. But prions are proteins which fold into a different, incorrect pattern. That little difference renders them deadly. And it results in changes in the brain which produces holes - which looks just like holes in a sponge. Prions cannot be destroyed by cooking, radiation or any heat below 800F.

Scientists have tried to discover the cause of KURU since the 1950's. Now combining it with Kuru, they have discovered similar symptoms in cow and sheep brains. Their amazing research shows that since the 1970's, cows and sheep have been made cannibals by greedy feed producers who want animals to get fat

True or False:

All Religions Lead to Heaven

hy are there so many sanctuaries or temples?
The different world religions are an attempt or a way to be reconciled with God or gods, to worship. (Exodus 25:8)

What is the only way to approach the Creator? Or does He approve them all? Read on to find the answers to these questions.

CAIN'S SACRIFICE OF FRUITS AND VEGETABLES: THE ORIGIN OF FALSE RELIGION

Cain and Abel, the sons of Adam, differed widely in character. Abel had a spirit of loyalty to God; he saw justice and mercy in the Creator's dealings with the fallen race, and gratefully accepted the hope of redemption. But Cain cherished feelings of rebellion, and murmured against God because of the curse pronounced upon the earth and upon the human race for Adam's sin. He permitted his mind to run in the same channel that led to Satan's fall--indulging the desire for self-exaltation and questioning the divine justice and authority.

These brothers were tested, as Adam had been tested before them, to prove whether they would believe and obey the word of God. They were acquainted with the provision made for the salvation of man, and understood the system of offerings which God had ordained. They knew that in these offerings they were to express faith in the Saviour whom the offerings typified, and at the same time to acknowledge their total dependence on Him for pardon; and they knew that by thus conforming to the divine plan for their redemption, they were giving proof of their obedience to the will of God. Without the shedding of blood there could be no remission of sin; and they were to show their faith in the blood of Christ as the promised atonement by offering the firstlings of the flock in sacrifice. Besides this, the first fruits of the earth were to be presented before the Lord as a thank offering.

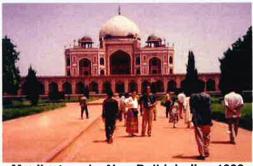
ABEL'S BLOOD OFFERING POINTED TO CHRIST: THE ONLY TRUE RELIGION

The two brothers erected their altars alike, and each brought an offering. Abel presented a sacrifice from the flock, in accordance with the Lord's directions. "And the Lord had respect unto Abel and to his

offering." Fire flashed from heaven and consumed the sacrifice. But Cain, disregarding the Lord's direct and explicit command, presented only an offering of fruit. There was no token from heaven to show that it was "God requires the body to be rendered a living sacrifice to Him, not a dead or dying sacrifice. The offering of the ancient Hebrews were to be without blemish, and will it be pleasing to God to accept human offering that is filled with disease and corruption? He tells us that our body is the temple of the Holy Ghost; and He requires us to take care of this temple, that it may be a fit habitation for His Spirit." Counsels on Diet and Foods, p. 20, 21.



Hindu temple, New Delhi, India - 1993



Muslim temple, New Delhi, India - 1993



Buddhist temple, Sri Lanka - 1993



Orthodox Church, Russia - 1992



Ruin of Heathen temple, Greece - 1996



Christian Church, Singapore - 1993

accepted. Abel pleaded with his brother to approach God in the divinely prescribed way, but his entreaties only made Cain the more determined to follow his own will. As the eldest, he felt above being admonished by his brother, and despised his counsel.

Cain came before God with murmuring and infidelity in his heart in regard to the promised sacrifice and the necessity of the sacrificial offerings. His gift expressed no penitence for sin. He felt, as many now feel, that it would be an acknowledgment of weakness to follow the exact plan marked out by God, of trusting his salvation wholly to the atonement of the promised Saviour. He chose the course of self-dependence. He would come in his own merits. He would not bring the lamb, and mingle its blood with his offering, but would present his fruits, the products of his labor. He presented his offering as a favor done to God, through which he expected to secure the divine approval. Cain obeyed in building an altar, obeyed in bringing a sacrifice; but he rendered only a partial obedience. The essential part, the recognition of the need of a Redeemer, was left out.

So far as birth and religious instruction were concerned, these brothers were equal. Both were sinners, and both acknowledged the claims of God to reverence and worship. To outward appearance their religion was the same up to a certain point, but beyond this the difference between the two was great.

"By faith Abel offered unto God a more excellent sacrifice than Cain." Hebrews 11:4. Abel grasped the great principles of redemption. He saw himself a sinner, and he saw sin and its penalty, death, standing between his soul and communion with God. He brought the slain victim, the sacrificed life, thus acknowledging the claims of the law that had been transgressed. Through the shed blood he looked to the future sacrifice, Christ dying on the cross of Calvary; and trusting in the atonement that was there to be made, he had the witness that he was righteous, and his offering accepted.

Cain had the same opportunity of learning and accepting these truths as had Abel. He was not the victim of an arbitrary purpose. One brother was not elected to be accepted of God, and the other to be rejected. Abel chose faith and obedience; Cain, unbelief and rebellion. Here the whole matter rested.

CAIN AND ABEL: THE FALSE AND TRUE RELIGION REPRESENTED TILL THE END

Cain and Abel represent two classes that will exist in the world till the close of time. One class avail themselves of the appointed sacrifice for sin; the other venture to depend upon their own merits; theirs is a sacrifice without the virtue of divine mediation, and thus it is not able to bring man into favor with God. It is only through the merits of Jesus

and vegetables at the same meal. Cooked cereals and bread can be eaten during the 10 days if desired. Use only unrefined flour and whole grains.

Once a day: prepare 10 ounces of carrot juice (organic carrots are sweeter) and add juice of 1 small onion or half of a large one and juice of 2 small garlic cloves or 1 large one.

Drink half an hour before main meal.

Do not drink anything with your meal.

D. EXERCISE - FRESH AIR - SUNSHINE: Daily exercise is very important. Walk, bike or work in the garden at least 1 hour a day. Breathe deeply and drink plenty of water.

E. TEMPERANCE: Special attention should be given to practice all of these principles faithfully and in balanced measure. Overeating, excessive exercising or taking more charcoal than needed is not recommended.

F. REST: 2 to 3 hours of rest before midnight are always more beneficial than many hours after midnight. Sleep at least 7 to 8 hours a day. Abstain from food 3 to 4 hours before sleep. If you suffer from insomnia, drink a hot cup of herbal tea 1- hour before retiring to bed (chamomile, vervain or valerian).

G. TRUST IN GOD: This 10 Day Program has been set up as a holistic program: body, mind and soul. It is based on the Twelve Steps of Alcoholics Anonymous and has been adapted with their permission. The whole basis of the Way of Life Program is to care not only for the body but also for the mind. A 1-hour daily reading program is recommended, preferably in the morning, as you would want to start the day with a good spiritual breakfast.

The book "Serenity" is highly recommended as it offers a planned daily reading schedule and combines the Twelve Steps with the Bible.

CONCLUSION:

This program is usually finished with a Russian bath and complete body massage.

For more information, evaluation, treatment or seminar, please contact: numbers1317@hotmail.com

"I wish above all things that you may prosper and be in health even as your soul prospers." 3 John 2

For the best quality Charcoal, call Orion Inc., Quebec, Canada, 1-819-848-2888.

HEALTH EVALUATION

TILALITI LVALUATION	
1. Do you find that you do not have enough time to enjoy regular physical activity?	Yes ☐ No ☐
2. Do you ever feel chilly or have cold skin on any body part?	Yes □ No □
3. Do you snack between meals? Do you think you eat too much?	Yes ☐ No ☐
4. Do you frequently have colds?	Yes □ No □
5. Do you use tobacco, alcohol, caffeine, or medication regularly?	Yes ☐ No ☐
6. Do you fall asleep when sitting still? Do you stay up later than you should?	Yes □ No □
7. Do you experience pain or discomfort in your head, trunk or extremities?	Yes ☐ No ☐
8. Do you have an average of less than one bowel evacuation daily?	Yes □ No □
9. Do you have dark urine? Do you drink fewer than eight glasses of water each day?	Yes □ No □
10. Do you have allergies? Hay fever? Skin problems? Sinusitis?	Yes ☐ No ☐
11. Do you have frequent infections or accidents?	Yes ☐ No ☐
12. Do you ever feel depressed or gloomy?	Yes □ No □
13. Do you frequently have gas or indigestion?	Yes □ No □
14. Do you neglect to develop your mental and spiritual capabilities through daily study, meditation and prayer?	Yes □ No □

If you answered yes to even one of these questions, which of the eight laws of health are you failing to obey?

Would you like to be instructed in how to restore your health and prevent sicknesses and diseases naturally? Visit our website: http://www.numbers1317.org/

NO TO ADDICTION, ✓ YES TO CHARCOAL

INTRODUCTION:

THIS METHOD HAS BEEN SUCCESSFULLY USED TO HELP PEOPLE WITH PROBLEMS OF ALCOHOL, CIGARETTE, DRUG AND MEDICATION ABUSE.

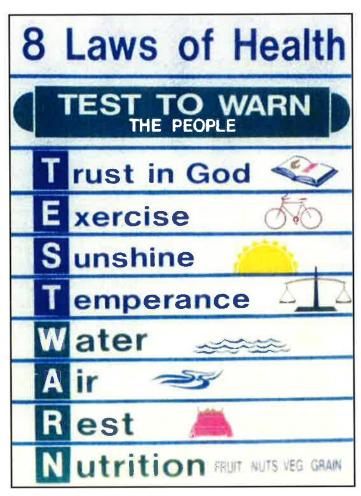
METHOD:

- 1. Based on the Twelve Steps program, this method has been adapted to include a Health program to cleanse the body from toxins assimilated at the level of the liver, kidneys, lungs, and other organs and systems of the body. It involves a physical, mental and spiritual approach and is geared to the whole person.
- 2. To start, take the Health-Evaluation and as you answer the questions, find out which of the 8 Laws of Health you may have failed to follow by choosing one that may correspond to the question. There could be 2 or more laws involved.
- 3. The program is based on a 10 days cleansing which takes all of the 8 laws of Health into consideration and the 12 Steps program. You should be willing to follow this program as closely as possible for ultimate results.

DAY 1 TO 10 BASIC SCHEDULE:

A. WATER: Every morning, start the day early by drinking 8 ounces of water with 1 teaspoon of lemon juice and a pinch of cayenne pepper in it. Water can be prepared in a larger quantity. Drink at room temperature. Drink a minimum of ten 8 ounce glasses a day of this preparation. It helps eliminate mucus and adjust the pH.

shower, starting first with hot water, as warm as you can bear (do not burn yourself) for about 3 minutes than switch to as cold water as you can take for about 30 seconds. Repeat processes 2-3 times, hot and cold and finish with cold. Always direct the shower head towards the base of the skull at the rear of the head, by the occiput - the lower area of the neck - when using cold water.



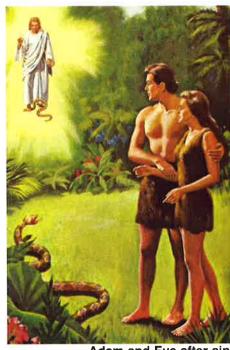
Every evening, prepare warm bath with essential oils that calm the nerves and add 1 cup of Epsom salt. Do not end with cold water.

B. CHARCOAL: Every morning and evening, take 1 soupspoon of Activated Charcoal mixed in a glass of spring water. If on medication, drink charcoal 4 hours apart. The powdered activated charcoal is the most effective as it adsorbs through the blood stream rather than through the digestive system. Continue to drink 1 soupspoon of charcoal in water for the next 3 weeks after cleansing.

C. NUTRITION: Raw food is the best nutrition during these 10 days of cleansing. Abstain from all condiments: ketchup, mustard, relish, vinegar, pickle, salad dressing with vinegar and mayonnaise. Avoid all deep fried food (during and following cleansing). Eat plenty of green vegetables and fresh fruits. Do not mix fruits



Adam and Eve in Eden Genesis 1 & 2



Adam and Eve after sin Genesis 3



Hindu lady offering fruits and flowers to Hindu god: Vishnu

that our transgressions can be pardoned. Those who feel no need of the blood of Christ, who feel that without divine grace they can by their own works secure the approval of God, are making the same mistake as did Cain. If they do not accept the cleansing blood, they are under condemnation. There is no other provision made whereby they can be released from the thralldom of sin.

CAIN'S FOLLOWERS: BY FAR THE GREATER PORTION OF THE WORLD TODAY

The class of worshippers who follow the example of Cain includes by far the greater portion of the world; for nearly every false religion has been based on the same principle-that man can depend upon his own efforts for salvation. It is claimed by some that the human race is in need, not of redemption, but of development--that it can refine, elevate, and regenerate itself. As Cain thought to secure the divine favor by an offering that lacked the blood of a sacrifice, so do these expect to exalt humanity to the divine standard, independent of the atonement. The history of Cain shows what must be the results. It shows what man will become apart from Christ. Humanity has no power to regenerate itself. It does not tend upward, toward the divine, but downward, toward the satanic. Christ is our only hope. "There is none other name under heaven given among men, whereby we must be saved." "Neither is there salvation in any other." Acts 4:12. Patriarchs and Prophets, chapter 5, p. 71-73.

Blood Offering - Hebrews 9:22



IT'S ALL A MATTER OF FREEDOM

Current Events in Liberty of Conscience and Religious Liberty

HIDDEN FROM HISTORY:The Canadian Holocaust

the Christian churches along with state authorities, the judiciary, doctors and the police implemented a policy of genocide against the native population.

Extracted from Nexus Magazine, Volume 9, Number 2 (February-March 2002) PO Box 30, Mapleton Qld 4560 Australia. editor@nexusmagazine.com Telephone: +61 (0)7 5442 9280; Fax: +61 (0)7 5442 9381 From our web page at: www.nexusmagazine.com

FOREWORD

The following is an edited extract from the report, "Hidden From History: The Canadian Holocaust - The Untold Story of the Genocide of Aboriginal Peoples by Church and State in Canada - A Summary of an Ongoing, Independent Inquiry into Canadian Native 'Residential Schools' and their Legacy", by Rev. Kevin D. Annett, MA, MDiv. The report is published by The Truth Commission into Genocide in Canada, a public investigative body continuing the work of previous Tribunals into native residential schools: The Justice in the Valley Coalition's Inquiry into Crimes Against Aboriginal People, convened in Port Alberni, British Columbia, on December 9, 1994, and The International Human Rights Association of American Minorities Tribunal into Canadian Residential Schools, held in Vancouver, BC, from June 12-14, 1998. Editor.

Port Hardy, British Columbia. His eyes still fill with tears when he remembers his cousins who were killed with lethal injections by staff at the Nanaimo Indian Hospital in 1944.

Anglican residential school in Alert Bay to the Nanaimo

hrough the Canadian residential school system, Indian Hospital, the one run by the United Church. They kept me isolated in a tiny room there for more than three years, like I was a lab rat, feeding me these pills, giving me shots that made me sick. Two of my cousins made a big fuss, screaming and fighting back all the time, so the nurses gave them shots, and they both died right away. It was done to silence them." (November 10, 2000)

> Unlike post-war Germans, Canadians have yet to acknowledge, let alone repent from, the genocide that we inflicted on millions of conquered people: the aboriginal men, women and children who were deliberately exterminated by our racially supremacist churches

As early as November 1907, the Canadian press was acknowledging that the death rate within Indian residential schools exceeded 50%. And yet the reality of such a massacre has been wiped clean from the public record and consciousness in Canada over the past decades. Small wonder; for that hidden history reveals a system whose aim was to destroy most native people by disease, relocation and outright murder, while "assimilating" a minority of collaborators who were trained to serve the genocidal system.

This history of purposeful genocide implicates every level of government in Canada, the Royal Canadian Mounted Police (RCMP), every mainstream church, Jasper Joseph is a sixty-four-year-old native man from large corporations and local police, doctors and judges. The web of complicity in this killing machine was, and remains, so vast that its concealment has required an equally elaborate campaign of cover-up that has been engineered at the highest levels of power in our country; a coverup that is continuing, especially now that eyewit-"I was just eight, and they'd shipped us down from the nesses to murders and atrocities at the church-run native residential "schools" have come forward for the first time.

For it was the residential "schools" that constituted the death camps of the Canadian Holocaust, and within their walls nearly one-half of all aboriginal children sent there by law died, or disappeared, according to the government's own statistics.

These 50,000 victims have vanished, as have their corpses - "like they never existed", according to one survivor. But they did exist. They were innocent children, and they were killed by beatings and torture and after being deliberately exposed to tuberculosis and other diseases by paid employees of the churches and government, according to a "Final Solution" master plan devised by the Department of Indian Affairs and the Catholic and Protestant churches.

With such official consent for manslaughter emanating from Ottawa, the churches responsible for annihilating natives on the ground felt emboldened and protected enough to declare full-scale war on non-Christian native peoples through the 20th century. The casualties of that war were not only the 50,000 dead children of the residential schools, but the survivors, whose social condition today has been described by United Nations human rights groups as that of "a colonized people barely on the edge of survival, with all the trappings of a thirdworld society". (November 12, 1999)

The Holocaust is continuing.

This report is the child of a six-year independent investigation into the hidden history of genocide against aboriginal peoples in Canada. It summarizes the testimonies, documents and other evidence proving that Canadian churches, corporations and the government are guilty of intentional genocide, in violation of the United Nations Convention on Genocide, which Canada ratified in 1952 and under which it is bound by international law.

The report is a collaborative effort of nearly 30 people. For further information on the inquiry, please see the And yet some of its authors must remain anonymous, Current Events section on the website: particularly its aboriginal contributors, whose lives http://www.fourwindspublications.org/

have been threatened and who have been assaulted. denied jobs and evicted from their homes on Indian reserves because of their involvement in this investiga-

As a former minister in one of the guilty institutions named in our inquiry - the United Church of Canada - I have been fired, blacklisted, threatened and publicly maligned by its officers for my attempts to uncover the story of the deaths of children at that church's Alberni residential school.

Many people have made sacrifices to produce this report, so that the world can learn of the Canadian Holocaust, and to ensure that those responsible for it are brought to justice before the International Criminal Court.

Beginning among native and low-income activists in Port Alberni, British Columbia, in the fall of 1994, this inquiry into crimes against humanity has continued in the face of death threats, assaults and the resources of church and state in Canada.

It is within the power of the reader to honor our sacrifice by sharing this story with others and refusing to participate in the institutions which deliberately killed many thousands of children. This history of official endorsement of, and collusion in, a century or more of crimes against Canada's first peoples must not discourage us from uncovering the truth and bringing the perpetrators to justice. It is for this reason that we invite you to remember not only the 50,000 children who died in the residential school death camps, but the silent victims today who suffer in our midst for bread and justice.

Kevin D. Annett Secretary The Truth Commission into Genocide in Canada Vancouver, British Columbia, February 1, 2001