

FILE NO. 12

**Research
and
Discovery on:**

**The Sanctuary,
Health Reform
and
Prophecy**

METHOD 12

THE SANCTUARY, HEALTH REFORM AND PROPHECY

SUGGESTED METHOD:

A) LOYALTY REWARDED: BOOK OF DANIEL, CHAPTER 1

- This file starts with chapter 1 of the book of Daniel. The loyalty of Daniel and his young companions towards the health reform was rewarded by the Lord who made them 10 times wiser than all the wisemen of Babylon. [View Illustrations](#)

B) EXPLANATION OF THE PROPHECY: BOOK OF DANIEL, CHAPTER 2

- The Bible is full of prophecies concerning the first and the second Advent of our Savior. Among the many books of Bible prophecy, the books of Daniel and Revelation have been chosen for this study.
- The Bible and the Bible Companions help us to understand the past and present events and guide us to face the future. The [illustrations](#) are visual aid given to complete the study.

METHOD NO. 12

8 Laws of Health

TEST TO WARN
THE PEOPLE

Trust in God



Exercise



Sunshine



Temperance



Water



Air

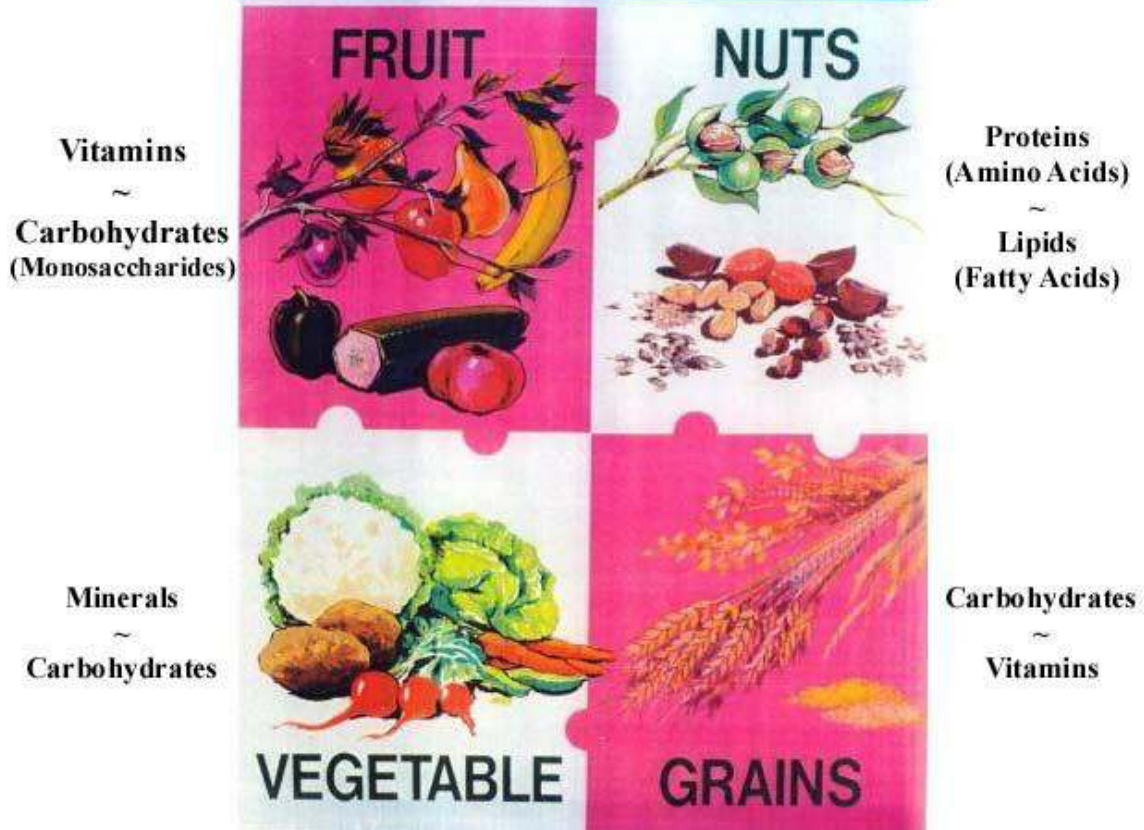


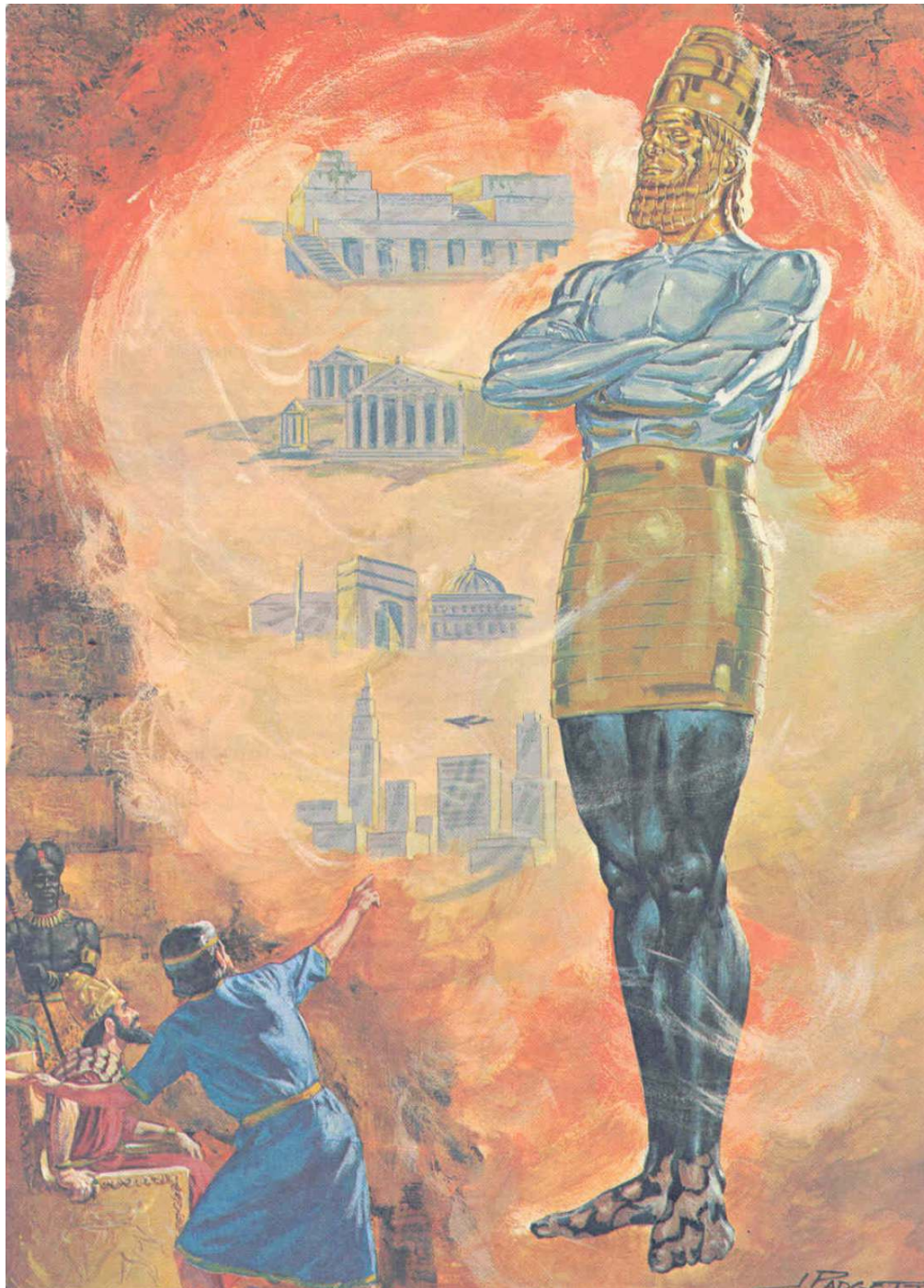
Rest



Nutrition FRUIT NUTS VEG GRAIN

4 Food Groups





The statue of King Nebuchadnezzar

FILE NO. 12

THE SANCTUARY, HEALTH REFORM AND PROPHECY

A) LOYALTY REWARDED: BOOK OF DANIEL, CHAPTER 1

IT IS WRITTEN:

"But Daniel (and his three friends) purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank: therefore he requested of the prince of the eunuchs that he might not defile himself. Now God brought Daniel into favour and tender love with the prince of the eunuchs...

As for these four children, God gave them knowledge and skill in all learning and wisdom and Daniel had understanding in all visions and dreams...

And in all matters of wisdom and understanding, that the king inquired of them, he found them ten times better than all the magicians and astrologers that were in all his realm."

Daniel 1:8, 17, 20.

BIBLE COMPANIONS:

"Among those who maintained their allegiance to God, were Daniel and his three companions - illustrious examples of what men may become who unite with the God of wisdom and power...

"At the very outset of their career (Daniel and his three friends), there came to them a decisive test of character. It was provided that they should eat of the food and drink of the wine that came from the king's table...

But a portion having been offered to idols, the food from the king's table was consecrated to idolatry; and one partaking of it would be regarded as offering homage to the gods of Babylon. In such homage, loyalty to Jehovah forbade Daniel and his companions to join. Even a mere pretense of eating the food or drinking the wine would be a denial of their faith. To do this would be to array themselves with heathenism and to dishonor the principles of the law of God.

FILE NO. 12

Nor dared they risk the enervating effect of luxury and dissipation on physical, mental and spiritual development... they knew that their own physical and mental power would be injuriously affected by the use of wine. Daniel and his associates had been trained by their parents to habits of strict temperance.

The Lord regarded with approval the firmness and self-denial of the Hebrew youth, and their purity of motive; and His blessing attended them... As Daniel cling to God with unwavering trust, the spirit of prophetic power came upon him. While receiving instruction from man in the duties of court life, he was being taught by God to read the mysteries of the future and to record for coming generations, through figures and symbols, events covering history of this world till the close of time." Prophets and Kings, p. 480-485.

"The Lord regarded with approval the firmness and self-denial of these Hebrew youth, and His blessing attended them. He "gave them knowledge and skill in all learning and wisdom; and Daniel had understanding in all visions and dreams...

Here is a lesson for all, but especially for the young. A strict compliance with the requirements of God is beneficial to the health of the body and mind. In order to reach the highest standard of moral and intellectual attainments, it is necessary to seek wisdom and strength from God, and to observe strict temperance in all the habits of life. In the experience of Daniel and his companions we have an instance of the triumph of principles over temptation to indulge the appetite. It shows us that through religious principle young men may triumph over the lusts of the flesh, and remain true to God's requirements, even though it cost them a great sacrifice." Counsels on Diet and Foods, p. 31, 32.

REFERENCES:

It is written, The Bible, Daniel, Chapter 1.

The Bible Companions: E. G. White, Author
Prophets and Kings, Chapter 39
Counsels on Diet and Foods, p. 31, 32.

FILE NO. 12

B) EXPLANATION OF THE PROPHECY: DANIEL, CHAPTER 2

IT IS WRITTEN:

"In the second year of the reign of Nebuchadnezzar, Nebuchadnezzar dreamed dreams... Then the king commanded to call the magicians, and the astrologers, and the sorcerers, and the Chaldeans, for to shew the king his dreams... And the king said unto them, I have dreamed a dream and my spirit was troubled to know the dream...

The thing is gone from me: if ye will not make known unto me the dream, with the interpretation thereof, ye shall be cut in pieces, and your houses shall be made a dunghill...

The Chaldeans answered before the king, and said, There is no man upon the earth that can shew the king's matter; and it is a rare thing that the king requireth, and there is none other that can shew it before the king, except the gods, whose dwelling is not with flesh...

Then was the secret revealed unto Daniel in a night vision. Then Daniel blessed the God of heaven." Daniel 2:1-19.

DETAILS OF THE DREAM OF NEBUCHADNEZZAR AND EXPLANATION GIVEN IN DANIEL, CHAPTER 2.

BIBLE COMPANIONS:

"Hundred of years before certain nations came upon the stage of action, the Omniscient One looked down the ages and predicted the rise and fall of the universal kingdoms. God declared to Nebuchadnezzar that the kingdom of Babylon shall fall, and a second kingdom would arise, which also would have its period of trial. Failing to exalt the true God, its glory would fade, and a third kingdom would occupy its place. This also would pass away: and a fourth, strong as iron, would subdue the nations of the world...

FILE NO. 12

In the history of the nations the student of God's word may behold the literal fulfillment of divine prophecy. Babylon, shattered and broken at last, passed away because in prosperity its rulers had regarded themselves as independent of God, and had ascribed the glory of their kingdom to human achievement. The Medo-Persian realm was visited with the wrath of Heaven because in it God's law was trampled underfoot. The fear of the Lord had found no place in the hearts of the vast majority of the people. Wickedness, blasphemy, and corruption prevailed. The kingdoms that followed were even more base and corrupt; and these sank lower and still lower in the scale of moral worth...

To understand these things, - to understand that "righteousness exalted a nation;" that "the throne is established by righteousness," and "upholden by mercy;" to recognize the outworking of these principles in the manifestation of His power who "removeth kings and setteth up kings," - this is to understand the philosophy of history. (Proverbs 14:34; 16:12; 20:28; Daniel 2:21). In the word of God only is this clearly set forth." Prophets and Kings, p. 501, 502.

REFERENCES:

It is written, The Bible, Daniel, Chapter 2.

The Bible Companions: E. G. White, Author
Prophets and Kings, Chapter 40.

FILE NO. 12

